

ACADEMIC REPORT

**PERMANENT
UNIVERSITY**

ACADEMIC YEAR 2011-2012

Universidad
p e r m a n e n t e



upua
universidad de alicante

INTRODUCTION

- 1. ACADEMIC PROGRAMME FOR THE 2011-2012 ACADEMIC YEAR**
- 2. PLANNING OF THE ACADEMIC YEAR. ADMINISTRATIVE AND ACADEMIC MANAGEMENT CARRIED OUT**
- 3. COMPLEMENTARY ACTIVITIES SPECIFIC TO THE PERMANENT UNIVERSITY**
 - a. PERMANENT ACTIVITIES THROUGHOUT THE ACADEMIC YEAR
 - b. ACTIVITY PLANNING
- 4. NATIONAL AND INTERNATIONAL INITIATIVES AND PROJECTS WHERE THE UPUA PARTICIPATES AND COLLABORATES**
 - a. THROUGHOUT THE ACADEMIC YEAR AND IN COOPERATION WITH AEPUM
 - b. UPUA PARTICIPATION IN NATIONAL ACTIVITIES
 - c. UPUA PARTICIPATION IN INTERNATIONAL ACTIVITIES
 - d. UPUA PARTICIPATION IN PROJECTS
- 5. EXTRACURRICULAR ACTIVITIES AND CULTURE**
 - a. COOPERATION WITH LA NUCÍA AND VILLENA UNIVERSITY VENUES
 - b. COMPLEMENTARY ACTIVITIES DEVELOPED BY THE UPUA IN COOPERATION WITH THE PERMANENT UNIVERSITY STUDENTS AND ALUMNI ASSOCIATION
- 6. APPENDICES**
 - APPENDIX I: FUNDING OF THE 2011-2012 ACADEMIC PROGRAMME
 - APPENDIX II: STUDENTS ENROLLED BY SUBJECTS IN THE 2011-2012 UPUA PROGRAMME
 - APPENDIX III: 2011-2012 CHARTS AND GENERAL STATISTICS

Permanent University

INTRODUCTION

The Permanent University of the University of Alicante is a scientific, cultural and social development programme of the UA aimed at promoting Science and Culture, as well as the relationships between generations, in order to improve seniors' quality of life and encourage their involvement in their context as social 'stimulants', in accordance with Articles 2.d), 106.c), 118.1 and 160 of the University of Alicante Statute, with Article 35 of the *Generalitat Valenciana* (Valencian Regional Government) Statute, with Act 1/95 of the *Generalitat Valenciana* on Training of Older Adults, the Preamble, the 2nd and 9th paragraphs of the Organic Law 4/2007 of April 12th on Universities, and the Agreement signed between the *Generalitat Valenciana* (*Conselleria de Educaci3n, Formaci3n y Trabajo*) and the University of Alicante for the implementation of Training Actions Addressed to the Population Group formed by Older Adults above 50 years of age.

The UPUA programme is placed within the specific framework of university education for seniors and responds to needs such as: the deepening in the democratization of knowledge, compensation of inequalities, integration and social participation of seniors into society and the promotion of intra- and intergenerational relationships that can help them sustain their quality of life, as well as the opening and diversification of possibilities of keeping an active life within an out-of-work context.

The Permanent University is aimed at each and every person above 50 years of age with aspirations of social and cultural self-improvement. No previous studies are required.

All students enrolled in any of the three cycles or study levels offered by the University of Alicante are expressly excluded.

Designed by teaching staff belonging to the various areas of knowledge at the University of Alicante, collaborating centres and specialists, it is an open programme that offers courses designed and structured around the five following areas: Humanities; Experimental Sciences; Health and Social Action; Social Sciences; Computer Science and Image and Sound.

Each student can enrol for a maximum of 6 subjects and a required minimum of 2 subjects during the academic year comprised between October and June. These subjects are theoretico-practical, have a minimum duration of 40 hours and are distributed along the general programme and timetables of the 2011/2012 academic year.

In order to obtain the Senior Diploma, 720 hours must be taken distributed through a minimum of three academic years, with a maximum of 24 credits (240 hours) per academic year, in subjects of 40 hours (4 credits). An information sheet about the student report will be delivered at the end of each academic year. This sheet will contain a record of attendance and performance during the corresponding academic year. Students will receive the Senior Diploma, which certifies the completion of the Permanent University programme, after passing the programme of 72 credits (720 hours).

The Complementary Activities along with the programmes offered by the Secretariat of Culture and Extracurricular Activities are kept aside of the total amount of credits from the UPUA programme and neither are they taken into account to achieve the aforesaid supporting diploma. Nevertheless, being enrolled in this programme is a sine qua condition to take part in these activities. The credits obtained this way will be incorporated into the student academic report (if requested) as Free-Choice Credits.

The schedule of subjects during this 2011-2012 academic year has been from 5 to 8pm and, between October and June, an average of 15 subjects have been taught at San Vicente del Raspeig Campus and the Alicante Town University Venue each day.

A programme of 133 subjects has been offered at San Vicente del Raspeig Campus (*Aularios* II and III). The academic programme at La Nucia and Villena University venues is smaller and more specific, adapted to the demand and the social and cultural environment, the spaces and infrastructures available and the teaching and pedagogical characteristics and requirements of the subjects.

1. ACADEMIC PROGRAMME FOR THE 2011-2012 ACADEMIC YEAR

| EXPERIMENTAL SCIENCES | |
|--|--|
| Basic astronomy and geographical sciences (I) | Enrique Aparicio Arias |
| Applied cartography: how to find your way in the city and in the countryside | Enrique Aparicio Arias |
| Science, technique and society. History of scientific and technological development. From Pythagoras to Einstein | Vicente Viana Martínez |
| Water: its perception and management through the ages | Concepción Bru Ronda Juan Ayanz López José Antonio Gómez |
| Artistic graphic expression. Drawing (level I) | Francisco Javier Esclapés Jover |
| Artistic graphic expression. Acrylic paint | Francisco Javier Esclapés Jover |
| Physical and chemical basics of cooking I | Rosa Torregrosa Maciá Miguel Molina Sabio |
| Geology for everyone | Concepción Bru Ronda Rafael Pedauyé González |
| Geology for everyone. Expansion | Concepción Bru Ronda Rafael Pedauyé González |
| The greatest constructions of mankind | Juan Ignacio García Santos |
| Leonardo Da Vinci. The man who cultivated art, thinking, science and technology. | Juan Ignacio García Santos |
| Landscapes in the mountain of Alicante | Enrique Moltó Mantero |
| Recreational maths and geometry | Vicente Viana Martínez |
| Network of flora micro-reserves in the comarcas of La Marina Alta, La Marina Baixa and El Comtat | Manuel Vicedo Martínez |
| Network of flora micro-reserves in the comarcas of L'Alacantí, L'Alcoià and L'Alt Vinalopó | Manuel Vicedo Martínez |
| Network of flora micro-reserves in the comarcas of El Vinalopó Mitjà, El Baix Vinalopó and La Vega Baja del Segura | Manuel Vicedo Martínez |

LEGAL AND SOCIAL SCIENCES

| | |
|---|---------------------------------|
| Conflicts in the Middle East II | Francisco J. Torres Alfosea |
| Geography and conflicts in the Middle East | Francisco J. Torres Alfosea |
| Introduction to the current human geography: challenges in a globalised world | Juan David Sempere Souvannavong |
| Interpretation of the Alicante landscape | Rafael Pedauy  Gonz lez |
| The media: information and manipulation I | Jorge S nchez Navas |
| Rome: politics, society and law | M  Ar nzazu Calzada Gonz lez |

HUMANITIES

| | |
|---|---|
| Creative writing (I): literary workshop for starters | Emilia G mez Garc a |
| Creative writing (II): intermediate literary workshop | Emilia G mez Garc a |
| 01. English for beginners I | Nereida Congost David Benjamin Bell |
| 02. English for beginners II | David Benjamin Bell |
| 03. English for beginners III | Clive Bellis |
| 04. Elementary English level I | Isabel Balteiro Miguel A. Campos Pardillos |
| 05. Elementary English level II | Isabel Balteiro Pablo P rez Contreras |
| 06. Elementary English level III | V ctor M. Pina Medina Pablo P rez Contreras |
| 07. Intermediate English level I | Catalina Iliescu Gheorghiu V ctor M. Pina Medina |
| 08. Intermediate English level II | Catalina Iliescu Gheorghiu V ctor M. Pina Medina |
| 09. Intermediate English level III | Catalina Iliescu Gheorghiu V ctor M. Pina Medina |
| 10. Advanced English level | Catalina Iliescu Gheorghiu V ctor M. Pina Medina |
| 12 – Basic conversational French (I) | Juan M. Gauch  Sendra |
| 13 – Basic conversational French (II) | Juan M. Gauch  Sendra |
| 14 – Conversational French (III) | Christine Verna Haize Mar a Isabel Corb  S ez |
| Art and Literature in the Age of Cathedrals I | Xavier Carro Rosende Rafael Navarro Mallebrera |

HUMANITIES

| | |
|---|---|
| Art and Literature in the Age of Cathedrals II | Xavier Carro Rosende Rafael Navarro Mallebrera |
| Audiovisual English | Víctor M. Pina Medina |
| Art collectionism and art museums | María Marco Such |
| How to savour history through our historical heritage | Manuel Benítez Bolorinos |
| Understand and enjoy classical music I | Óscar A. Santacreu Fernández |
| Understand and enjoy classical music II | Óscar A. Santacreu Fernández |
| How to discover Spain | M ^a José Santos |
| From the "Tenebrae" to modernity: italian art in the Trecento | Rafael Navarro Mallebrera |
| Discover theatre learning how to read and watch the great plays in the National Theatre | Antoni Diez Mediavilla |
| The road to Santiago. Religiousness, Culture and Literature | Xavier Carro Rosende Rafael Navarro Mallebrera |
| Cinema: an introduction to the 7 th art. Analysing and understanding cinema I | Fernando Embid Fernández |
| Cinema: an introduction to the 7 th art. Analysing and understanding cinema II | Fernando Embid Fernández |
| Cinematourism: travelling with cinema and other cultural tours | Ramón Valero Escandell |
| The unknown origin of archives: their history, their documents and their writing | Susana Llorens |
| History of Spain and the Valencian Autonomous Region | José Miguel Santacreu Soler |
| Introduction to women's history | Leonor Maldonado Izquierdo |
| Introduction to contemporary art | Rafael Navarro Mallebrera |
| Antiquity reflected. Art, classicism and essentialism in Western history | Jaime Molina Vidal |
| The figure of the rebel in the classical myth: the meaning of rebelliousness in Prometheus and Oedipus | José Vicente Beviá Pastor |
| Photography. An art, its history | Javier Serrano |
| Children and young adults' literature. Recovering memory through tales. Remembering, creating and telling | Fco. Ramón Llorens |
| The Hapsburgs in Spain: history and image of a dynasty (16 th and 17 th centuries) | Carlos Martínez Tórner |
| The Bourbons in Spain: history and image of a dynasty | M ^a del Mar García Arenas |

HUMANITIES

| | |
|--|---------------------------|
| The great Renaissance and Baroque masters | Rafael Navarro Mallebrera |
| Palaces in the peninsular middle age. The architecture of power | José Luis Simón García |
| Nationalism and Romanticism in the Italian musical culture of the 19th century:Verdi's opera | Salvador Forner Muñoz |
| Napoleon Bonaparte: from mythology to history | Rafael V. Zurita Aldeguer |
| Printed English: news and literature | Amparo Alesón Carbonell |
| Ancient Mediterranean religions: from the pyramids to Christianity | Jaime Molina Vidal |
| Communicative English workshop I | José Ramón Belda Medina |
| Communicative English workshop II | José Ramón Belda Medina |
| Communicative English workshop III | José Ramón Belda Medina |
| Oral communication techniques I. Speaking | Antonio Mula Franco |
| Oral communication techniques II: from speaking to writing | Antonio Mula Franco |
| Tourism and cultural heritage II: heritage interpretation | Elisa Rico Cánovas |

HEALTH AND SOCIAL ACTION

| | |
|--|--|
| Physical activity for health and quality of life | Lilyan Vega Ramírez |
| Healthy eating and responsible consumption | Carlos Puerta Sanz |
| Culture, literature and education for coexistence | Antonio Mula Franco |
| Body gymnastics for mind health | Juan Tortosa Martínez Lilyan Vega Ramírez |
| Social skills | Antonio Vallés Arándiga |
| Emotional intelligence | Antonio Vallés Arándiga |
| Emotional intelligence and personality | Antonio Vallés Arándiga |
| Longevity with health and quality of life I: personal strategies | Alfonso Soler Gomis |
| Basic medicine: changes in the human body | Antonia Angulo Jerez |
| Basic medicine: fundamentals of human pathology | Antonia Angulo Jerez |

HEALTH AND SOCIAL ACTION

| | |
|---|-------------------------|
| Intelligent optimism | Antonio Vallés Arándiga |
| Psychology for everyday life | Antonio Vallés Arándiga |
| Resilience and regulation of emotions | Antonio Vallés Arándiga |
| Emotional health and psychological well-being | Antonio Vallés Arándiga |
| Health and quality of life: gymnastics for the mind | Alberto Plaza Salán |
| Health and quality of life: workshop on the improvement of memory in older adults I | Alberto Plaza Salán |

COMPUTER SCIENCE, IMAGE AND SOUND

| | |
|--|--|
| Good habits (I): introduction to operating systems | Serge J. Georges Ramón |
| Good habits (II): introduction to the operation and maintenance of your computer | Serge J. Georges Ramón |
| Communicating and chatting on the Internet | Estela Saquete Boro Irene Garrigós |
| Creating a personal web site (web log) | Juan A. Montoyo Guijarro |
| Designing with PowerPoint | Irene Sentana Gadea Eduardo Gras Moreno |
| Explore the world and create your routes through the Internet | José Manuel Mira Martínez |
| Digital album management | Rafael Muñoz Terol |
| Software management | María Paloma Moreda Pozo |
| Google tools | Cristina Pomares Puig Javier Montoyo Bojo |
| Recreational computing (digital image) | Juan Antonio Puchol García |
| Internet (I): An introduction to Internet surfing | Rafael Muñoz Guillena Juan Carlos Trujillo Mondéjar |
| Internet (II): Browsers, downloads and electronic mail | Juan Ramón Rico Juan |
| Internet, much more than surfing | Paloma Moreda Pozo |
| Introduction to computer science | Francisco José Mora Lizán Lorenzo Carbonell Soto Francisco Pujol López Mar Pujol López |
| Office I: Introduction to Word | Carlos José Villagrà Arnedo Francisco Martínez Pérez Mireia Sempere Tortosa Pilar Arques Corrales |

COMPUTER SCIENCE, IMAGE AND SOUND

| | |
|---|---|
| | Rosana Satorre Cuerda |
| Office I: Word (Advanced) | Francisco Martínez Pérez Francisco Mora Lizán Carlos J. Villagrà Arnedo |
| Office II: Excel | Rafael Molina Carmona Rosana Satorre Cuerda |
| Office III: Access | Javier Montoyo Bojo |
| Photoshop: digital retouching techniques | Maximiliano Saiz Noeda |
| Photoshop II: digital retouching and management | Maximiliano Saiz Noeda |
| Advanced PowerPoint | Irene Sentana Gadea |
| Free software: Linux | Fidel Aznar Gregori |
| On-line resources and services in the UPUA | Antonio López Blanes Jorge Miralles |

2. Planning of the academic year and summary of the academic and administrative management carried out

Throughout the academic year

- Maintenance of the Permanent University's website in:

- Spanish web.ua.es/es/upua/
- Valencian web.ua.es/va/upua/
- English web.ua.es/en/upua/

- Development of the Permanent University Programme Evaluation and Quality Plan

A continuous evaluation system of the general academic programme covering every discipline and every teacher that forms part of the programme has been applied since the 2003-2004 academic year, as part of the standardisation and formal recognition of University Programmes for Older Adults and within the framework of the Spanish National Association of University Programmes for Older Adults (AEPUM),.

These evaluations, implemented through a system of personal surveys and computer applications, help measure the levels of adequacy, quality and improvement of the objectives and contents of the training programme, and permit a more efficient preparation of the analyses and results of studies and reports on lifelong learning inside the European Higher Education Area which, after being drawn up, will be sent to the Spanish Ministry of Education.

September 2011

- Enrolment. A total of 1,420 students have enrolled through the UNIVERSITAS XXI software programme.

October 2011

- Solemn Opening Ceremony of the 2011-2012 academic year, held on October 7th under the title "Seniors and the mass media in 20th-century society" with the opening round table "UA seniors and the media observatory", in which researchers and partners of the UPUA Seniors and the Media Observatory showed the results of their work and research, as well as some proposals to eradicate the stereotyped image and the archetypal and wrong treatment that seniors receive in 20th-century society. This lecture was addressed by M^a Luisa Mataix Scasso, chairwoman of the UPUA Students and Alumni Association, Pere Miquel Campos, journalist and collaborator-teacher of the OMMS, Jordi Sánchez Navas, director of Club Información and collaborator- teacher of the UPUA and Víctor Pérez, Community Management, responsible for the community and social networks of the webpage www.información.es, a digital Spanish journal. He has also done the "MAC digital project- Seniors Connected". The event took place in the Rafael Altamira Lecture Room of the Alicante Town University Venue at 6pm
- Classes started on October 13th. Infrastructures: two computer rooms, one middle-sized classroom (for 35 people) and three large-sized classrooms at the *Aulario* III of San Vicente Campus, along with other campus spaces used occasionally. Moreover, the UPUA offers two computer rooms, five middle-sized classrooms, one classroom for 50 people and an Assembly Hall (which seats 90 people), as well as other spaces used occasionally at the Alicante Town University Venue.
- The programme offered students the chance to pre-select a total of 150 subjects. 133 subjects offered by the different departments and collaborating centres of the University of Alicante were finally taught, with a final amount of 1,317 students enrolled for the whole set of subjects. The 114 proposed themes came from different fields of knowledge: Experimental Sciences; Social Sciences; Humanities (the largest section); Computer Sciences (the most requested); Image and Sound; and Social Action.

January 2012

- Scholarships for the Permanent University students enrolled in the 2011-2012 academic year were suspended. At first, the application period was from January 9th to February 9th 2012, but due to the termination of the agreement with the Alicante Town Council, as well as the delay in the payment associated with the agreements with the Generalitat Valenciana, the call for applications has been

suspended until this state of affairs changes.

- January 12th, Thursday – Commemoration of Santo Martino de Leon, patron saint of the students of University Programmes for Older Adults, and consequently of the Permanent University. Ascensión Padilla, soprano singer, and Amparo Pous, pianist, performed together in the University of Alicante Assembly Hall at 8.15pm.

April 2012

- Request for academic proposals to the UA Departments for the arrangement by thematic areas of the UPUA programme for the 2012-2013 academic year.

May 2012

- Preparation of the provisional offer for the 2012-2013 academic year depending on the courses proposed by the UA departments.
- Elaboration of information brochures for pre-registration.
- Information sent to the institutions and bodies concerned.

June 2012

- Solemn Closing Ceremony of the 2011-2012 academic year. The event began with the speech of the Distinguished Vice-Chancellor of the University of Alicante, Mr. Manuel Palomar, followed by Mrs. Concepción Bru Ronda, Director of the Permanent University, Mrs. Josefina Bueno Alonso, ex-Vice-Rector for Extracurricular Activities of the UA and Mrs. Luisa Mataix Scasso, Chairwoman of the UPUA Students and Alumni Association. The ceremony was closed with the handing over of the Senior Diplomas to 60 students of the 2011-2012 academic year.
- Pre-registration. Students specify the subjects from the final syllabus to be conducted. The final number of pre-enrolled students amounted to 1,740.

July 2012

- Preparation of the final subject offer for the 2012-2013 academic year based on the pre-enrolment carried out in June, and also elaboration and sending of documentation for next academic year's enrolment.

3. COMPLEMENTARY ACTIVITIES DEVELOPED BY THE PERMANENT UNIVERSITY THROUGHOUT THE YEAR

- **The *EUCONET CLUB*** was born in 2004 from the initiative known as EuCoNet (European Computer Network), a project supported by the European Community within the framework of the Sócrates-Grundtvig programme and created to facilitate Internet access to older adults. Its main goal was to help European older adults leave behind their reluctance to use the multiple computer applications available. Furthermore, persons with limited mobility could overcome the growing isolation existing in modern society.

EuCoNet sought to connect older citizens, virtually and physically, so that they could acquire the ability to communicate with one another using the new technologies. In a broader and international sense, the EuCoNet project acted as a bridge between different generations and as a link between members of the different cultures present in Europe. As a result of being part of that project, the University of Alicante forged implemented the EuCoNet Club in the 2003-2004 academic year thanks to a group of volunteer students of the Permanent University of the University of Alicante, who were also members of the EuCoNet international work and research group.

The specific aims of the aforesaid club are: a) Creation of a Tutors' Group: students with great knowledge of new technologies that guide and coach seniors interested in this field of knowledge. In this way, collaborating students help others start working with computers, overcome their fears towards them and solve particular issues; b) the consolidation of a learning project aimed at all those students interested in becoming familiar with computing and new technologies, as well as overcoming their fear of computing and the University; c) the development of specific work by the students themselves; d) the organisation of forums, discussions and encounters with other study and

self-learning groups; and e) participation and support to groups that do research into ICT and blended learning.

The timetable for the EuCoNet Club for the 2010-2011 academic year was: Tuesdays and Thursdays, between 10 and 12am, at the Alicante Town University Venue. The number of students who participated during the present academic year was 71.

For further information visit: <http://www.proyectosupua.es/clubEuconet/en/index.html>

- **PERMANENT SEMINAR: FRENCH CONVERSATIONS AT THE ALICANTE TOWN UNIVERSITY VENUE.** The seminar is coordinated by Professor Juan M. Gauchí. 20 students have participated. This initiative is addressed to students enrolled for the subjects Basic communicative French II, French III during the current 2011-2012 academic year, or to those who have already acquired the necessary mastery of the French language in previous years, at UPUA or throughout their lives, and are interested in developing and intensifying their knowledge of this language and/or in the processes of social and cultural integration of the citizens and territories that use this language as a means of communication and expression.

The timetable for this seminar was: Thursdays, between 11.30am and 1.30pm, in the Emilio Varela classroom of the Alicante Town University Venue.

- **PERMANENT SEMINAR: ENGLISH AND GERMAN CONVERSATIONS AT THE ALICANTE TOWN UNIVERSITY VENUE.** This initiative is directed to students enrolled in the intermediate and advanced levels of English and German language subjects in the current 2011-2012 academic year or to those who have already acquired the necessary level of English or German in previous years, at UPUA or throughout their life, and are interested in developing and intensifying their knowledge of these languages and/or in the processes of social and cultural integration of the citizens and territories that use these languages as a means of communication and expression.

This seminar was held on Mondays, Tuesdays, Wednesdays and Fridays for English and on Thursdays for German, always between 11 and 12am. Students are divided into several groups according to the number of participants and their different levels. The location is the Institutional classroom at the Alicante Town University Venue (on the first floor). 52 students attended this seminar in English and 3 students in German.

For further information visit: http://www.proyectosupua.es/en/index_en.html

- **PERMANENT SEMINAR: SENIORS AND THE MASS MEDIA.** This seminar is coordinated by the collaborating teachers of the Permanent University, Fernando Embid, M^a Dolores Berenguer and Irene Ramos, and it is placed within the framework of research activities, autonomous learning, personal development and voluntary organization of UPUA. The seminar is held with the support of the Alicante Town University Venue.

This initiative is addressed to students enrolled during the 2010-2011 academic year, or in previous years, in subjects related to the context and objectives of the Seminar, who are interested in developing and intensifying the knowledge that they have already acquired. The long-term purpose of this seminar is to become an Analysis and Research Observatory which can propose changes and solutions in the treatment and perception of seniors by some society segments in general and by the mass media in particular.

The seminar was held on Fridays, between 11am and 1pm, at San Vicente del Raspeig Campus, Classroom 1, *Aulario* (Classroom Building) III with 10 students.

Regarding the work methodology, this is an interactive project with a very participative approach, divided into classroom sessions with theoretical contents and conceptual development; and other sessions with autonomous work carried out by the students who have developed research and analysis skills, guided and coordinated by the professional experts, researchers and professors in charge of the seminar.

For further information visit: <http://www.proyectosupua.es/mayoresymedios/en/index.html>

- **FREE BOOKS AT THE ALICANTE TOWN UNIVERSITY VENUE.** Initiative carried out in collaboration with the UPUA Students and Alumni Association and the Alicante Town University Venue. Bookcrossing is a universal movement that promotes the selfless release of books in a public

place in the hope that somebody will pick them up, read them and keep them moving. This will lead to other releases of the same or other books within a generous and active exchange.

For further information visit: <http://www.proyectosupua.es/bookcrossing/en/index.html>

- **SOLIDARITY PRACTICES AND MONTHLY FOOD COLLECTION. INCUBATOR OF VALUES.** During the 2011-2012 academic year, volunteering UPUA students have launched in the UA Alicante Town University Venue and the San Vicente del Raspeig Campus an initiative called "Incubator of values". It is a charity project in the broadest sense of the term. It arises from a volunteer group formed by older adults ave 50 years of age with the aim of spending the time that society lacks and share their optimism with those who need it the most, in times of crisis and absence of moral values.

Some former initiatives were the launch of individualised cooperative lessons or the book release platforms in some points of the University and the city of Alicante in the area of new technologies and languages through the EuCoNet Club. Now, they have launched a "Solidarity Practices and Monthly Food Collection" campaign that will take place every month all through the academic year. The campaign, which began in November, has extended to June (in other words, the end of term) and took place the first day of each month. It is mainly aimed at the collection of a concrete type of food such as pasta, pulses, rice, milk, sugar and canned food stated in the monthly circular sent to the entire university community. The collection points are also stated. The destination of the collected products is decided by the Food Bank, which is in charge of the collection. More than 2,000 kilos of food were collected between November 2011 and June 2012.

ACTIVITY PLANNING

The year 2012 has been declared the European Year for Active Ageing and Solidarity between Generations. The Permanent University and the UPUA Students and Alumni Association have conducted a series of lectures. Under the title CONFERENCE ON ACTIVE AGEING, PROMOTION OF CULTURE AND PERSONAL DEVELOPMENT, they have shown the concerns and contributions that some students have developed during their experience in the Permanent University of the University of Alicante.

CONFERENCE ON ACTIVE AGEING, PROMOTION OF CULTURE AND PERSONAL DEVELOPMENT

February 2012

- **Discovering Alicante's artistic windowed balconies**

It took place on Wednesday February 22nd at 8.15pm in the Miguel Hernández Lecture Room at the Alicante Town University Venue. Francisco Pérez Fortes has taken photographs of the windowed balconies in specific buildings of Alicante which caught his attention because of different artistic or architectural values. In this way, he has created a photography collection of particular interest. A book that compiles this work has been published and now, the author shows us his motivations and the works which made his "fascinating" project true, while he encourages us to better understand the urban environment of our town.

March 2012

- **Egypt, a legendary country**

It took place on Tuesday March 13th at 8.15pm in the Miguel Hernández Lecture Room at the Alicante Town University Venue and was delivered by Vicente Ferrara Pascual. Egypt, a legendary but real country. Legendary because romanticism placed this country on every front page. However, in these less romantic days, it still continues to be relevant in spite of the many wrong or misused ideas about it. Some light will be shed on the matter from personal capacity and experience.

- **Children in wars. Collateral victims?**

It took place on Friday March 30th at 8.15pm in the Miguel Hernández Lecture Room at the Alicante Town University Venue and was delivered by Romualdo Pérez Sánchez. A process started at the beginning of the 20th century. It was the process of awareness concerning the need to protect children. This initiative would end with the Declaration of the Rights of the Child. The lecturer invites us to discover that process as well as the vicissitudes of children during the Spanish Civil War and the evacuations that would take thousands of them to different countries.

April 2012

- **A photography afternoon in Alicante's Old Town**

It took place Monday on April 16th at 5pm in the Lecture Hall of the building "El Claustro" and was delivered by Javier Serrano Sánchez. The lecturer suggests an activity structured into three parts: a) a 1-hour talk on how to make photographs of urban landscapes; b) a 2-hour practical itinerary along the most interesting and emblematic places; c) The photographic works of participants will be part of a virtual exhibition on the Permanent University website.

- **Ageing with dignity**

It took place on Wednesday, April 18th at 8.15pm in the Miguel Hernández Lecture Room of the Alicante Town University Venue and was delivered by Alejandro Hernández Blanco. Lecture on which a discussion will be held about that "boundless enthusiasm" that fills some older adults when they approach their last stages of life.

May 2012

- **Popular artistic expressions of our environment. The special case of Camp de Mirra and their "Tractat"**

It took place on Monday May 14th at 8.15pm in the Rafael Altamira Lecture Room of the Alicante Town University Venue and was delivered by Michèle Giacoma and Vicente Aguilera. The popular festivals comprise history and customs that are kept alive in our minds as part of our collective memory. We are told about the most emblematic festivities of our closest environment, with explanations of our lecturers, who are active collaborators in celebrations. This will persuade attendants to see these festivities and take part in them.

POETICAL AND LYRICAL RECITAL

- **Poetry recital by the Permanent University Poetry Group**

On March 21st at 8.15pm in the Rafael Altamira Lecture Hall of the Alicante Town University Venue, a poetical recital took place on the occasion of the International Poetry Day, offered by the Poetry Group of the Permanent University of the University of Alicante.

- On January 12th, and in order to commemorate Santo Martino's day, the UPUA held the **Lyrical Recital, from Paris to Madrid: The French romanticism and the Spanish popular song** delivered by Ascension Padilla, soprano, and Amparo Pous, pianist. This performance closed the first term of the UA Paranimf Performing Art programme, that was held at 20:15 in the UA Assembly Hall.

CONFERENCES ON ACTIVE AGEING. THREE INNOVATIVE INSIGHTS.

March 2012

On the occasion of the European Year for Active Ageing and Solidarity between Generations, March 28th, the Novaire Seniors Centre has organized three conferences along the day that took place in the Alfredo Orts Conference room of the Faculty of Science (Optics building), with the support of the Permanent University.

The first one, "Solidarity between Generations and Active Ageing. A reality in Spain from the University Programmes for Older Adults", took place at 10am and was delivered by the UPUA Director Mrs. Concepción Bru.

At 11am, the conference "A view into old age from comics" was delivered by Paco Roca, drawing artist and renowned comic cartoonist, designer and animator. Awarded with the National Comic Price of Spain thanks to his work "Wrinkles".

And at 12am, the lecture day came to an end with "Chess: mental training for older adults," delivered by the sports journalist and FIDE chess master Leontxo García, who told us unheard anecdotes of the great world champions and scientific arguments in favour of chess as a mental therapy for active older adults.

HEALTH CONFERENCE ON ACTIVE AGEING AND PROMOTION OF AUTONOMY WITHIN AN

INCLUSIVE AND INTERGENERATIONAL SOCIETY

The Permanent University and the UPUA Students and Alumni Association developed a series of conferences delivered by health professionals and specialised health institutions with the support of the Vice-Rector's Office for Extracurricular Activities and the Alicante Town University Venue that took place from June 4th to June 12th. The lecturers provided their knowledge, scientific evidence and the latest advances in various medical fields of particular interest to older adults; all of it to improve their quality of life and foster an Active Ageing.

June 2012

- **An active, healthy longevity is possible. Healthy habits that prevent cell ageing and the appearance of pathologies**

It took place on Monday June 4th at 10.30am in the Rafael Altamira Lecture Room at the Alicante Town University Venue and was delivered by Alfonso Soler Gomis, biochemist and associate teacher of the UA Faculty of Education.

- **Retina ageing: age-related macular degeneration. Current news in therapeutics**

It took place on Monday June 4th at 6.30pm in the Rafael Altamira Lecture Room at the Alicante Town University Venue and was delivered by Concha de la Vega, ophthalmologist and optometrist from the University of Alicante Prevention Service.

- **Food for a healthy and efficient ageing and responsible consumption for the nourishment of the elderly**

It took place on Tuesday June 5th at 10.30am in the Rafael Altamira Lecture Room at the Alicante Town University Venue and was delivered by Carlos Puerta Sanz, Senior Priority Treatment Doctor of the Provincial Home and collaborating teacher of the Permanent University of the University of Alicante.

- **Importance of lifestyles in the cardiac health of older adults**

It took place on Tuesday June 5th at 6.30pm in the Rafael Altamira Lecture Room at the Alicante Town University Venue and was delivered by Julian S. Eliz, cardiologist and associate professor of Cardiology in the Southwestern University of Dallas.

- **The importance of physical activity for older adults to keep their functional and emotional capacity, as well as to prevent and treat pathologies and help slow down the ageing process.**

It took place on Wednesday June 6th at 10.30am in the Rafael Altamira Lecture Room at the Alicante Town University Venue and was delivered by Lylían Mercedes Vega Ramírez, associate professor in the General and Specific Didactics Department of the University of Alicante.

- **Muscle and skeletal health: Age does not matter**

It took place on Wednesday June 6th at 6.30pm in the Rafael Altamira Lecture Room at the Alicante Town University Venue and was delivered by Paloma Vela, Specialist of the Rheumatology Department of the Alicante General University Hospital and associate professor in the Medicine Department of the Miguel Hernández University.

- **Medication and pharmacological therapy for older adults. Pharmacokinetics and Pharmacodynamics**

It took place on Thursday June 7th at 10.30 a.m. in the Rafael Altamira Lecture Room at the Alicante Town University Venue and was delivered by Encarnación Gómez García, Chairwoman of the Drug Information Centre of the Alicante Official Association of Pharmacists.

- **Hypoacusis in the old age and how to confront it**

It took place on Thursday June 7th at 6.30pm in the Rafael Altamira Lecture Room at the Alicante Town University Venue and was delivered by Alfonso Aracil Montesinos, Head of the Otorhinolaryngology Department of the Alicante General University Hospital.

- **Psychological well-being and quality of life for older adults: theoretical foundations of memory and its processes**

It took place on Monday on June 11th at 10.00am in the Rafael Altamira Lecture Room at the Alicante Town University Venue and was delivered by Alberto Plaza Salán, associate professor in the Permanent University of the University of Alicante and consultant of the Psychology Department.

- **Prevention, detection and treatment of Chronic Obstructive Pulmonary Disease (COPD)**

It took place on Monday June 11th at 5.30pm in the Rafael Altamira Lecture Room at the Alicante Town University Venue and was delivered by Inmaculada Lassaletta Goñi, from the Lung Service of the Alicante General University Hospital.

- **Sleep disorders**

It took place on Monday June 11th at 6.30pm in the Rafael Altamira Lecture Room at the Alicante Town University Venue and was delivered by Dr. Candela from the Alicante General University Hospital.

- **How to prevent heart attacks and vascular diseases and reduce the risks of heart attacks in older adults**

It took place on Tuesday June 12th at 10.30am in the Rafael Altamira Lecture Room at the Alicante Town University Venue and was delivered by Emilio Rodríguez Bernabeu, Cardiologist of the Alicante Official Association of Pharmacists

- **Progress in neurology. Keys for a healthy ageing.**

It took place on Tuesday June 12th at 6.30pm in the Rafael Altamira Lecture Room at the Alicante Town University Venue and was delivered by Ángel Pérez Sempere, Neurologist of the Alicante General University Hospital.

CONFERENCE - WORKSHOP

- **Demythologising social networks**

Between 10.00am and 1pm on May 17th in the Alicante Town University Venue, at the Rafael Altamira Lecture Room, we held the conference-workshop delivered by Sergio Luján Mora, Doctor in Computer Science of the Department of Computer Languages and Systems of the University of Alicante. Event organised with the support of the EAPNV Xarxa and the Alicante Town University Venue.

- **Style guide “Journalists and Seniors”**

Presentation on May 24th at 7pm in the Rafael Altamira Lecture Room at the Alicante Town University Venue of this style guide that aims to be a tool for information and media professionals, as well as for those who want to communicate the reality of seniors objectively, without stigmas or biases.

DRAWING AND PAINTING EXHIBITION OF UPUA STUDENTS

Directors: Javier Esclapés and Eduardo Berenguer

Site: AIFOS room of the San Vicente University Campus.

From June 13th to July 15th, 2012 in the Aifos room.

- **Painting exhibition: Kaleidoscope. Acrylic and Shapes.**

- Authors: Students of the subject Artistic Graphic Expression

Acrylic offers an infinite range of technical and expressive possibilities. This exhibition gathers different works of UPUA students, focusing on the acrylic technique. Ranging from traditional ones to more contemporary forms related to material art and collage. A real kaleidoscope of shapes and colours.

- **Drawing exhibition: 18 variations on Cézanne**

- Authors: Students of the subject Artistic Graphic Expression

Having one of his famous 'still lifes' with the well-known apples (hence the title "Temptations") as a model, each participant has chosen a technique among the ones seen in the course and has created a personal version of the same painting, resulting in a great variety of shapes and colours, from charcoal drawings to collages, going through watercolour and marker.

4. NATIONAL AND INTERNATIONAL INITIATIVES AND PROJECTS WITH IN WHICH THE UPUA PARTICIPATES AND COLLABORATES

A. Throughout the year and in collaboration with AEPUM

- **Maintenance of the Spanish National Association of University Programmes for Older Adults Portal**

The Spanish National Association of University Programmes for Older Adults, AEPUM for its Spanish initials, is an association of university interest which has as its main aim to structure and boost educational university programmes contributing to educational and cultural development of the senior citizens. To reach these aims, the Association sets itself the following goal: promotion and development of dialogue and communication between Universities, Public Administrations and private entities. Therefore, the existence of an institutional webpage that contributes to the rapprochement between different groups concerned about lifelong education is considered to be essential. It must also allow transparent information and effective cooperation between AEPUM's members and honorary partners.

The availability and access to information in different formats about the different situations of social development and education policies is becoming increasingly visible and its reflection on the Internet is indisputable. Information and communication technologies (ICT) are becoming more and more important in the European Union. Therefore, this web is meant to encourage seniors' usage of the new information and communication technologies, removing barriers and inequalities, as well as incorporating seniors into this technological development.

For further information visit: <http://www.aepumayores.org/en>

- **Drafting of AEPUM statistical reports and databases**
- **Monthly internal communication newsletters**

B. UPUA PARTICIPATION IN NATIONAL ACTIVITIES

October 2011

- **10th National Seminar on associationism in University Programmes for Older Adults, from 26th to 29th October 2011. Organised by the University of Valladolid and CAUMAS (National Confederation of Associations and Federations of Students and Alumni of University Programmes for Older Adults) Site: Auditorium (*Parainfo*) of the University of Valladolid (Faculty of Law).**

Their objective: analysing and demonstrating the various problems which are present in the Students' Associations of the University Programmes for Older Adults in Spain to try and find joint solutions.

Participation of Concepción Bru Ronda in the Conference and Debate Table as the AEPUM Chairwoman and Director of the Permanent University with various representatives of educational institutions and University Associations for Elderly People on October 28th.

November 2011

- **First meeting of the Organizational Committee of the 2012 European Year for Active Ageing, in the IMSERSO headquarters in Madrid.**

Attendance on 18th November 2011 at the meeting convened by the IMSERSO Directorate General, as a member of the EAEA National Organisation Committee.

The following issues were discussed under the Chairmanship of the IMSERSO Director General:

Presentation of the European Year. Organisation and coordination from Spain and the European Commission. Functions of the Organising Committee. Proposal for a National Programme. Presentation of the European Year's web page in Spain. Proposals and suggestions for the mobilisation of the agents involved.

March 2012

- **7th Meeting of the National Association of University Programmes for Older Adults (AEPUM) and University and Society Forum “Education, active ageing and solidarity between generations”** held at La Laguna University (Tenerife) between March 1st and March 2nd 2012. Participation as speakers and co-organisers on behalf of AEPUM.

Presentation “The role of institutions in active ageing and solidarity between generations. AEPUM” by Concepción Bru Ronda.

April 2012

- **Meeting of the working group of Valencian Public Universities** that offer University Programmes for Older Adults (Jaume I University, University of Valencia, Polytechnic University of Valencia, University of Alicante and Miguel Hernández University of Elche). Meeting at the *Conselleria de Educació y Cultura* with the Director General of Universities in Valencia on April, 3rd. 2012.
- **Third Meeting “Participació i trobada intergeneracional”, organised by La Nau Gran of the University of Valencia**, with the support of the *Conselleria d'Educació i Cultura*. at the Psychology Faculty in Valencia on April 26th and 27th. 2012.

Encouraging active participation in the university environment, from living experiences and personal and associative involvement. From both official degree students and older adults who continue or resume their learning process. We promoted discussion, exchange of experiences as well as social and cultural integration.

April 26th, intervention of Dr. Concepción Bru Ronda, AEPUM Chairwoman with the lecture “European Year for Active Ageing: inputs from University Programmes for Older Adults”.

May 2012

- **Meeting on May 9th, 2012 of the SENDA Editorial Board (Information for Older Adults about food, health, Universities for Seniors, travel and leisure)**

Attendance to the invitation of the Senda group to be present at the SENDA Editorial Board meeting on May. On this occasion, with the participation of a special guest, the Director General of the IMSERSO, Mr. César Antón, who dealt with the main IMSERSO initiatives for older adults.

This meeting was attended by many entrepreneurs operating on the field of dependency, as well as many representatives of seniors and educational institutions, amongst which was AEPUM.

- **Jury of the Miguel Hernández Awards. 2011 Edition**

Participation on behalf of AEPUM, as a member of the jury member in the Miguel Hernández Awards in their 2011 edition, granted by the Ministry of Education, Culture and Sports, that acknowledge experiences and good practices in the field of lifelong learning and adult education. Also, participation on May 9th, 2012 in the awards ceremony at the State Council Seat in Madrid.

- **Second meeting of the Organisational Committee of the European Year for Active Ageing, 2012, at the IMSERSO Head Office in Madrid.**

On May 31st, 2012, attendance to the meeting convened by the IMSERSO Directorate General, as a member of the EAEA National Organising Committee. The following issues and initiatives were discussed: Monitoring of the implementation of activities included in the Official Programme of the European Year in Spain; proposal of new activities to include in the Official Programme; Results of the activities carried out through on-line tools (Web and Facebook); New impulse for the mobilisation of the agents involved.

July 2012

- **15th National Congress and 5th Ibero-American Congress of Pedagogy. “Between generations: education, heritage and promise”, organised by the Spanish Society of Pedagogy (SEP for its Spanish initials) in cooperation with the University of Burgos. In Burgos, from July 4th to July 8th 2012.**

Participation on behalf of AEPUM, in the SYMPOSIUM “SENIORS AT THE UNIVERSITY” held on July 5th 2012.

C. UPUA PARTICIPATION IN INTERNATIONAL ACTIVITIES

- Second meeting of the **CODEPAM** project (Cooperation for the Development in Continuing Education for Older Adults)- ***Ibero-American workshops on university management in Peru***
- The meeting took place at the Pontificia Catholic University of Peru between September 26th and 29th 2011, with representatives of the following universities:
- Del Valle University - Guatemala
- Permanent University of the University of Alicante- Spain
- National University of Catamarca- Argentina
- University of Costa Rica
- Pontificia Catholic University of Peru

For further information visit: <http://www.proyectosupua.es/codepam/> (in Spanish)

- Meetings of the project ***LIFESTYLES REVISITED: EDUCATIONAL EXPERIMENTS IN INTERGENERATIONAL ENVIRONMENTS***

It is a learning association inside the European Grundtvig programmes of the European Commission. Its main aim is to encourage the European cooperation in the field of education for seniors. The project has held different meetings in which UPUA students have taken part too.

- The first meeting of this project was organised by the Permanent University of the University of Alicante between September 12th and 13th 2011.
- The second meeting was held in Luxembourg and took place between Jan 9th and 10th 2012.
- The third meeting was held in Bey pazari (Turkey) on May 28th and 29th 2012.

For further information visit: <http://www.proyectosupua.es/lifestyles/en>

- First meeting of the ***LICO project –Learning Coach in Adult Education***

It is a multilateral project within the Grundtvig European higher education programmes launched by the European Commission, which mainly focuses on adult education and other educational paths. LICO receives funding from the European Union. Project Number: 518427-LLP-1-2011-1-IT-GRUNDTVIG-GMP. The first meeting of this project was organised by the project coordinator in Florence between January 16th and 17th 2012, with the aim of carrying out standpoint discussions and project organisation tasks.

For further information visit: <http://www.lico-project.eu/en>

D. UPUA PARTICIPATION IN PROJECTS

PARTICIPATION IN INTERNATIONAL CALLS 2011/2012. PROJECTS REQUESTED

- **SOCIAL EXPERIMENTATION FOR POLICIES ON ACTIVE AND HEALTHY AGEING: A FALL PREVENTION PROGRAM FOR OLDER ADULTS**

Project reference: VP/2011/009/0163

Coordinating institution: *AZIENDA UNITÀ LOCALE SOCIO SANITARIA N. 9 DI TREVISO* - ITALY

Call for grant proposals: CALL FOR PROPOSALS FOR SOCIAL EXPERIMENTATIONS – PROGRESS 2011

Length: June 1st 2012-31st May 2014

- **PATH - PATRIMONY, ART, TEACHING, HERITAGE, SKILLS – THINK ABOUT AGE**

Project reference: ID 364555

Coordinating institution: *STOWARZYSZENIE EDUKACYJNE CENTRUM INTEGRACJI MIĘDZYPOKOLENIOWEJ "HIPOKAMP ŁÓDŹ* (POLAND)

Call for grant proposals: EU GRUNDTVIG LEARNING PARTNERSHIP LIFELONG LEARNING PROGRAMME 2012

Length: July 2012- June 2014

- **COMPLEXUS – LANGUAGES IN NET**

Project reference: 527794-LLP-1-2012-1-IT-GRUNDTVIG-GMP

Coordinating institution: *ASSOCIAZIONE FORMAZIONE PROFESSIONALE PATRONATO - SAN VINCENZO* (ITALY)

Call for grant proposals: EU GRUNDTVIG MULTILATERAL PROJECT LIFELONG LEARNING PROGRAMME 2012

Length: 1st November 2012 - 31st October 2015

- **PLAN – PEER LEARNING FOR ADVOCACY FOR THE NEEDS OF DISADVANTAGED GROUPS**

Project reference: 527321-LLP-1-2012-1-FI-GRUNDTVIG-GMP

Coordinating institution: *OPINTOTOIMINNAN KESKUSLIITTO RY* – HELSINKI (FINLAND)

Call for grant proposals: EU GRUNDTVIG MULTILATERAL PROJECT *LIFELONG LEARNING PROGRAMME 2012*

Length: 1st October 2012-30th September 2014

- **SENIOR KNOWLEDGE TRANSFER**

Project reference: 527453-LLP-1-2012-1-HU-GRUNDTVIG-GMP

Coordinating institution: *KONETT HUNGÁRIA NONPROFIT KFT.* – BUDAPEST (HUNGARY)

Call for grant proposals: EU GRUNDTVIG MULTILATERAL PROJECT LIFELONG LEARNING PROGRAMME 2012

Length: 1st October 2012-30th September 2014

- **AVEC – AKTIVES ALTERN UND WERTE IN EUROPÄISCHEM KONTEXT**

Project reference: ID 340779

Coordinating institution: *STICHTING SENIOREN ACADEMIE GRONINGEN-FRIESLAND-DRENTHE* – GRONINGEN (THE NETHERLANDS)

Call for grant proposals: EU GRUNDTVIG LEARNING PARTNERSHIP LIFELONG LEARNING PROGRAMME 2012

Length: 1st August 2012-31st July 2014

- **FINTTT - TRAIN-THE-TRAINER-PROJECT FOR INTEGRATING FINANCIAL LITERACY TRAINING INTO BASIC SKILLS TRAINING**

Project reference: I527363-LLP-1-2012-1-DE-GRUNDTVIG-GMP

Coordinating institution: *UNIVERSITÄT KOBLENZ – LANDAU* (GERMANY)

Call for grant proposals: EU GRUNDTVIG MULTILATERAL PROJECT LIFELONG LEARNING PROGRAMME 2012

- **PROFUSE – PROMOTION OF THE WELL AGEING OF THE FUTURE SENIOR GENERATIONS**

Project reference: 527893-LLP-1-2012-1-IT-GRUNDTVIG-GNW

Coordinating institution: *ALMA MATER STUDIORUM* – UNIVERSITY OF BOLOGNA

Call for grant proposals: EU GRUNDTVIG MULTILATERAL PROJECT LIFELONG LEARNING

PROGRAMME 2012

Length: 1st November 2012-31st October 2015

- **DEEP – DEVELOPING ENTERPRISE ECOLOGIES**

Project reference: 526712-LLP-1-2012-1-UK-GRUNDTVIG-GMP

Coordinating institution: APRICOT TRAINING MANAGEMENT LTD – UNITED KINGDOM

Call for grant proposals: EU GRUNDTVIG MULTILATERAL PROJECT PROGRAMME LIFELONG LEARNING 2012

Length: October 2012 - September 2014

- **INGREDIENTS PROJECT – DEVELOPMENT OF ICT TOOLS FOR DIETICIANS' EDUCATION**

Project reference: 526672-LLP-1-2012-1-BG-LEONARDO-LMP

Coordinating institution: INTERNATIONAL HEALTHCARE AND HEALTH INSURANCE INSTITUTE-BG – SOFIA (BULGARIA)

Call for grant proposals: EU LEONARDO MULTILATERAL PROJECT FOR DEVELOPMENT OF INNOVATION LIFELONG LEARNING PROGRAMME 2012

Length: 1st October 2012- 1st October 2014

- **DE SENECTUDE**

Project reference: 527285-LLP-1-2012-1-IT-GRUNDTVIG-GMP

Coordinating institution: UNIVERSITY OF FOGGIA (ITALY)

Call for grant proposals: EU GRUNDTVIG MULTILATERAL PROJECT LIFELONG LEARNING PROGRAMME 2012

- **LEARN HOW TO MANAGE YOUR FINANCES**

Project reference: 527929-LLP-1-2012-1-PL-GRUNDTVIG-GMP

Coordinating institution: *GLOBALNET SPÓŁKA Z OGRANICZONĄ ODPOWIEDZIALNOŚCIĄ – POZNAŃ* (POLAND)

Call for grant proposals: EU GRUNDTVIG MULTILATERAL PROJECT LIFELONG LEARNING PROGRAMME 2012

- **EMPOWERING SENIORS AND YOUNGSTERS TO DEBATE ON EUROPEAN ISSUES THROUGH INTER-GENERATIONAL LEARNING**

Project reference: 528537-EFC-1-2012-1-RO-EFC-CSP

Coordinating institution: *SOCIETATEA ROMANA PENTRU EDUCATIE PERMANENTA – BUCHAREST* (ROMANIA)

Call for grant proposals: Action 2 - Active Civil Society in Europe Support for projects initiated by civil society organizations EUROPE FOR CITIZENS PROGRAMME (2007-2013)

Length: 1st August 2012 - 31st January 2014

- **INTERACTIVE WAYS TO UNDERSTAND THE SCIENTIFIC PHENOMENON**

Coordinating institution: SPIRU HARET UNIVERSITY - BUCHAREST

Call for grant proposals: FP7 SCIENCE IN SOCIETY ACTIVITY 5.2.2 YOUNG PEOPLE AND SCIENCE TOPIC SIS 2012.2.2.1-1

- **CREATING A RUSSIAN EDUCATION NETWORK FOR LIFELONG LEARNING CRENEEL**

Project reference: 530539-TEMPUS-1-2012-1-CZ-TEMPUS-SMHES

Coordinating institution: CZECH TECHNICAL UNIVERSITY IN PRAGUE – PRAGUE (CZECH REPUBLIC)

Call for grant proposals: V TEMPUS PROGRAMME Higher Education and Society

Length: 15th October 2012-14th October 2015

- **SMOOTH**

Coordinating institution: HOLBAEK MUNICIPALITY – COPENHAGEN (DENMARK)

Call for grant proposals: EU LIFELONG LEARNING PROGRAMME 2012 KEY ACTIVITY 1 NETWORKS

5. EXTRACURRICULAR ACTIVITIES AND CULTURE

In cooperation with the Secretariat for Culture of the Vice-Rector's Office for Extracurricular Activities, the Permanent University offers a wide range of Complementary Activities aimed at the whole university community, including UPUA students. These Complementary Activities are an extension of the academic programme and boost students' personal development as well as the relationships between generations.

It is a compilation of conferences, seminars, exhibitions, theatre plays, films, readings, concerts, workshops and a wide range of cultural activities offered, inside the annual programme, to students enrolled in university studies during both terms. The programme, enrolment conditions and deadlines are available at: <http://web.ua.es/en/upua/permanent-university-of-the-university-of-alicante.html>

There is a complementary, extracurricular activities programme which is develop within the framework of the Permanent University programme in collaboration with:

- UA Secretariat for Culture,
- Cocentaina, La Nucía and Villena University Venues
- Novelda and L'Alfàs del Pi municipalities,
- UPUA Students and Alumni Association,
- *Teatro Principal* of Alicante
- and *Club Información*.

ACTIVITIES PERFORMED UNDER THE COORDINATION OF THE SECRETARIAT FOR CULTURE.

- Dance workshop: "Art in Motion". Teacher: Cruz Vicedo. Delivered at the Alicante Town University Venue, Mondays and Tuesdays from 10 to 11.30am, with a total amount of 60 hours, carried out from November 2nd 2011 to May 16th 2012.
- Outdoor painting, taught by the teacher M^a Dolores Mulá, at the Alicante Town University Venue. Thursdays from 10am to 1pm, with a total amount of 60 hours and carried out from November 17th 2011 to May 19th 2012.
- Theatre play "Autocares Amorós" (Amorós Buses), performed by the UPUA students theatre group under the direction and adaptation of Pascual Carbonell. Last performance on May 28th, 2012 in the First National Theatre Contest "Rector Sabater" for senior theatre groups, being awarded with the Mention of the Best Collective Performance.
- Theatre play "The Chairs" by Eugene Ionesco. Performed by the UPUA students theatre group under the direction and adaptation of Pascual Carbonell. Premiered in the Paraninfo Auditorium of the University of Alicante on May 25th 2012 at 8pm.

A) COLLABORATION IN COCENTAINA, LA NUCÍA AND VILLENA UNIVERSITY VENUES AND IN NOVELDA AND L'ALFÀS DEL PI MUNICIPALITIES

Thanks to the social situation of the last ten years, the teaching aimed at seniors is already working satisfactorily in 47 Spanish universities. The Organic Law of Universities in its Preliminary Title and in Title VI states the existence and development of this teaching in universities within the framework of their competences. Accordingly, universities have focused on boosting and encouraging this teaching under the State of Autonomous Regions. This has meant a boost of these programmes through Town Councils and Regional Departments of Education, Culture and Social Welfare interested in encouraging those programmes and expanding them to those geographical where no universities are available.

Along these lines, the courses of the Permanent University will be exported, to the maximum extent

possible, to some areas far away from the city of Alicante. The University of Alicante seeks to teach at the University Venues of Benissa, Cocentaina, Biar, Orihuela, La Nucía, Xixona and Villena. Furthermore, in cooperation with the city councils of the aforesaid municipalities, UPUA subjects will be taught to national and foreign residents in rural and tourist areas where a huge population belonging to other EU countries exists. These lessons will also be taught to non-EC population groups.

In these municipalities, some specific subjects focused on local inhabitants and communities will be added to the generic contents of the programme, following the agreements reached about those programmes with the collaborating bodies in each area or venue. The rapidly growing number of foreign students living in our Community serves as a great recognition for this initiative undertaken by the University of Alicante. Without any doubt, this project will help strengthen the cultural bonds between all the citizens in the European Union.

- **La Nucía University Venue**

Academic programme imparted during the 2011-12 academic year

| SUBJECT | TEACHER |
|----------------------------------|---------------------|
| Oral communication techniques II | Antonio Mula Franco |

- **Villena University Venue**

Academic programme imparted during the 2011-2012 academic year

| SUBJECT | TEACHER |
|----------------------------------|--|
| Introduction to Computer Science | Francisco Mora Lizán |
| Internet II | Jorge Calera Rubio Juan Ramón Rico Juan |

B) COMPLEMENTARY ACTIVITIES DEVELOPED BY THE UPUA IN COOPERATION WITH THE UPUA STUDENTS AND ALUMNI ASSOCIATION

- **“The Permanent” magazine**

Delivered quarterly and with a print run of 500 copies, this magazine gives information about activities and events of the association. It additionally includes interviews with people from University about culture and society are conducted. The magazine articles cover diverse topics, cultural and informative issues, and writings of the students themselves are made known.

- ***EuCoNet Club***

Active involvement in this Club, originated in the European project of the same name. Its aim is to bring seniors closer to new technologies, with a focus on how to use the Internet. It works through the interaction of advanced students who help voluntarily and others who wish to broaden their computer knowledge or get started in this field.

- **Incubator of values**

A solidarity food collection for the Alicante Bank Food has taken place, as a “good practice” from November in the Alicante Town University Venue, and from February in San Vicente del Raspeig Campus, in the first days of some months and at the initiative of the Euconet Club. Its main objective was to help those who need it the most.

- **Bookcrossing at the UA**

Another effort made by the Euconet Club members of the Permanent University in November led to the inauguration of another Bookcrossing and Release point in the UA General Library Hall, thanks

to the cooperation of the Library and Documentation Service of the University of Alicante.

- **Seminars**
 - **The “Carolingian Empire” Seminar.** Delivered by Mr. Rafael Pla Penalva, collaborator of the Permanent University, between April 2nd and April 4th in the Rafael Altamira Lecture Room of the Alicante Town University Venue, between 4.30 and 9.30pm. The seminar ended with a cultural trip to Brussels, Luxembourg, Trier, Aachen, Amsterdam, Volendam, Marken and Copenhagen. It took place from April 8th to April 16th. The academic objectives developed in class were fully covered
- **Photographic exhibition**
 - **3rd “Autumn” competition.** From February 2nd to February 28th in the Transit Room of the *Aulario II*. The objective was to allow students of University Programmes for Older Adults all over Spain to show their photography work. Photographs have a free theme with a black and white or colour technique.
- **OFUA Educational Concert**
 - **Educational Concert “Journey to the New World”.** Of A. Dvorak's 9th Symphony in E Minor op. 95 “New World”. Wednesday March 27th at 11am in the Paraninfo Auditorium of the University of Alicante.
- **Itineraries and cultural visits**
 - Trip “The citadels of Al-Andalus” with Mr. José Luis Simón, teacher at the Permanent University, between April 25th and April 30th 2012. Visit to the various citadels in the regions of Almería, Granada, Jaén and Córdoba.
 - Cultural trip to France, with professor Juan M. Gauchí, French Philology professor of the Faculty of Education and Permanent University teacher. A cultural trip is performed from April 5th to April 13th through north west France and the city of Paris.
 - Cultural trip to the Aliaga Geological Park. Organised by professor Rafael Pedauyé, as a field trip and academic complement of the subject “Geology for everyone”, on April 27th, 28th and 29th. The Aliaga Geological Park offers a great educational and scientific value by displaying the main stratigraphic units, geological structures, fossil remains as well as landscape and environmental units of the Iberian Mountain Range.
 - Trip “Tourism and health” to the Hotel-Spa Sicilia located in Jaraba (Zaragoza) from May 20th to May 25th, where health and physical well-being can be improved enjoying the treatments that the spa offers. Furthermore, we visited Tarazona, the monastery of Veruela, Calatayud and the *Monasterio de Piedra* (Stone Monastery)
- **Theatre**
 - **Theatre play “Agnes of God”.** The adaptation of this play by the UPUA teacher Fernando Embid took place on October 25th in the Paraninfo Auditorium, with the collaboration of the Vice-Rector's Office for Extracurricular Activities of University Extension, the UA General Foundation, the Women's Studies Centre, the Permanent University and the Students and Alumni Association of the Permanent University.

6. APPENDICES

APPENDIX I

FUNDING OF THE 2011-2012 ACADEMIC PROGRAMME

Economic data for the 2011-2012 academic year

| | |
|-------------------------------|--------------|
| University of Alicante | 50,000.00 € |
| Venues | 1,110.03 € |
| Projects | 27,054.80 € |
| Tuition fees | 224,847.00 € |

APPENDIX II

STUDENTS ENROLLED IN THE 2011-2012 UPUA PROGRAMME BY SUBJECTS

| CODE | SUBJECT | STUDENTS |
|-------|--|----------|
| 90548 | FLORA MICRO-RESERVES NETWORK IN THE COMARCAS OF VINALOPÓ MITJÀ, BAIX VINALOPÓ AND VEGA BAJA | 24 |
| 90568 | INTRODUCTION TO PRESENT-DAY HUMAN GEOGRAPHY: CHALLENGES IN A GLOBALISED WORLD | 27 |
| 90601 | EMOTIONAL HEALTH AND PSYCHOLOGICAL WELL-BEING | 63 |
| 90633 | GETTING TO KNOW SPAIN | 50 |
| 90641 | ADVANCED POWERPOINT | 21 |
| 90643 | COMMUNICATIVE ENGLISH WORKSHOP I | 22 |
| 90239 | HISTORY OF SPAIN AND THE VALENCIAN AUTONOMOUS REGION | 19 |
| 90275 | OFFICE II: EXCEL | 22 |
| 90353 | BASIC COMMUNICATIVE FRENCH (I) | 24 |
| 90356 | DESIGNING WITH POWERPOINT | 44 |
| 90398 | ANCIENT MEDITERRANEAN RELIGIONS: FROM THE PYRAMIDS TO CHRISTIANITY | 48 |
| 90414 | PHOTOSHOP: DIGITAL RETOUCHING TECHNIQUES | 67 |
| 90661 | GEOLOGY FOR EVERYONE: ENLARGEMENT | 22 |
| 90632 | SCIENCE, TECHNIQUE AND SOCIETY | 31 |
| 90663 | ARTISTIC COLLECTIONISM AND ART MUSEUMS | 50 |
| 90295 | UNDERSTAND AND ENJOY CLASSICAL MUSIC II | 37 |
| 90550 | PHOTOGRAPHY. AN ART, ITS HISTORY | 21 |
| 90654 | FROM THE "TENEBRAE" TO MODERNITY: ITALIAN ART IN THE TRECENTO | 49 |
| 90610 | HEALTH AND QUALITY OF LIFE: GIMNASTICS FOR THE MIND | 30 |
| 90636 | GEOLOGY FOR EVERYONE | 24 |
| 90638 | INTERNET, MUCH MORE THAN SURFING | 45 |
| 90639 | THE FIGURE OF THE REBEL IN THE CLASSICAL MYTH: THE MEANING OF REBELLIOUSNESS IN PROMETHEUS AND OEDIPUS | 36 |
| 90604 | DISCOVER THEATRE LEARNING HOW TO READ AND WATCH THE GREAT PLAYS IN NATIONAL THEATRE | 30 |
| 90247 | HEALTHY EATING AND RESPONSIBLE CONSUMPTION | 24 |
| 90676 | WATER: ITS PERCEPTION AND MANAGEMENT OVER TIME | 22 |
| 90266 | CREATIVE WRITING (I): LITERARY WORKSHOP FOR STARTERS | 30 |
| 90302 | ELEMENTARY ENGLISH III | 45 |
| 90306 | MASS MEDIA: INFORMATION AND MANIPULATION I | 22 |
| 90432 | THE GREAT RENAISSANCE AND BAROQUE MASTERS | 29 |
| 90438 | EXTENDED KNOWLEDGE ON HUMANITIES I | 3 |

| CODE | SUBJECT | STUDENTS |
|-------|--|----------|
| 90656 | CINEMATOURISM: TRAVELLING WITH CINEMA AND OTHER CULTURAL TOURS | 31 |
| 90520 | INTELLIGENT OPTIMISM | 42 |
| 90521 | ART AND LITERATURE IN THE ERA OF CATHEDRALS I | 47 |
| 90540 | ENHANCEMENT OF YOUR ENGLISH LEVEL | 54 |
| 90608 | GOOD HABITS (I): INTRODUCTION TO OPERATING SYSTEMS | 22 |
| 90615 | NAPOLEON AND SPAIN. MYTHS AND HISTORY OF THE WAR OF INDEPENDENCE | 16 |
| 90304 | LONGEVITY WITH HEALTH AND QUALITY OF LIFE (I): PERSONAL STRATEGIES | 29 |
| 90375 | ENGLISH FOR BEGINNERS II | 65 |
| 90378 | INTERMEDIATE ENGLISH I | 32 |
| 90392 | ENGLISH FOR BEGINNERS III | 47 |
| 90404 | THE CINEMA: AN INTRODUCTION TO THE 7TH ART. ANALYSING AND UNDERSTANDING CINEMA II (FILM GENRES AND EUROPE) | 45 |
| 90647 | THE UNKNOWN ORIGIN OF ARCHIVES: THEIR HISTORY, THEIR DOCUMENTS AND THEIR WRITING | 27 |
| 90467 | EMOTIONAL INTELLIGENCE AND PERSONALITY | 27 |
| 90478 | PHOTOSHOP II: DIGITAL RETOUCHING AND MANAGEMENT | 70 |
| 90523 | DIGITAL ALBUM MANAGEMENT | 22 |
| 90541 | ENHANCEMENT OF YOUR FRENCH LEVEL | 20 |
| 90573 | ART AND LITERATURE IN THE ERA OF CATHEDRALS II | 47 |
| 90627 | CULTURE, LITERATURE AND EDUCATION FOR COEXISTENCE | 44 |
| 90621 | ARTISTIC GRAPHIC EXPRESSION: ACRYLIC PAINT | 25 |
| 90241 | INTERNET (II): BROWSERS, DOWNLOADS AND E-MAILS. | 59 |
| 90256 | BASIC ASTRONOMY AND GEOGRAPHICAL SCIENCES (I) | 29 |
| 90277 | INTERNET (I): AN INTRODUCTION TO INTERNET SURFING AND WEBMAIL | 67 |
| 90296 | RECREATIONAL COMPUTING (DIGITAL IMAGE) | 22 |
| 90297 | OFFICE I: INTRODUCTION TO WORD | 22 |
| 90653 | GOOGLE TOOLS | 22 |
| 90451 | HOW TO GET TO KNOW OUR HISTORY BY TRAVELLING THROUGH OUR HISTORICAL HERITAGE | 24 |
| 90454 | CREATING A PERSONAL WEBSITE (WEBLOG) | 22 |
| 90564 | PHYSICAL ACTIVITY FOR HEALTH AND QUALITY OF LIFE | 19 |
| 90565 | FLORA MICRO-RESERVES NETWORK IN THE COMARCAS OF ALACANTÍ, ALCOIÀ AND ALT VINALOPÓ | 22 |
| 90360 | EMOTIONAL INTELLIGENCE | 35 |
| 90655 | ANTIQUITY REFLECTED. ART, CLASSICISM AND ESSENTIALISM IN WESTERN HISTORY | 70 |

| CODE | SUBJECT | STUDENTS |
|-------|---|----------|
| 90612 | EXPLORE THE WORLD AND CREATE YOUR ROUTES THROUGH THE INTERNET | 17 |
| 90567 | INTERPRETATION OF THE ALICANTE LANDSCAPE | 30 |
| 90674 | THE GREAT CONSTRUCTIONS OF MANKIND | 69 |
| 90642 | RESILIENCE AND REGULATION OF EMOTIONS | 40 |
| 90237 | APPLIED CARTOGRAPHY: HOW TO FIND ONE'S WAY IN THE CITY AND IN THE COUNTRYSIDE | 22 |
| 90254 | THE CINEMA: AN INTRODUCTION TO THE 7TH ART.ANALYSING AND UNDERSTANDING CINEMA I | 55 |
| 90675 | LEONARDO DA VINCI. THE MAN WHO ENCOURAGED ART, THINKING, SCIENCE AND TECHNOLOGY | 68 |
| 90360 | EMOTIONAL INTELLIGENCE | 35 |
| 90439 | EXTENDED KNOWLEDGE ON HUMANITIES II | 3 |
| 90446 | COMMUNICATING AND CHATTING ON THE INTERNET | 22 |
| 90620 | BASIC MEDICINE: FUNDAMENTALS OF HUMAN PATHOLOGY | 22 |
| 90589 | ON-LINE RESOURCES AND SERVICES IN THE UPUA | 111 |
| 90575 | GOOD HABITS (II): INTRODUCTION TO THE OPERATION AND MAINTENANCE OF YOUR COMPUTER | 19 |
| 90662 | THE HABSBURGS IN SPAIN: HISTORY AND IMAGE OF A DYNASTY (16TH-17TH CENTURIES) | 66 |
| 90640 | NATIONALISM AND ROMANTICISM IN THE ITALIAN MUSICAL CULTURE OF THE 19TH CENTURY: VERDI'S OPERA | 58 |
| 90644 | COMMUNICATIVE ENGLISH WORKSHOP II | 22 |
| 90673 | LANDSCAPES IN THE "ALICANTE MOUNTAIN" | 32 |
| 90271 | ORAL COMMUNICATION TECHNIQUES I: ORAL EXPRESSION | 23 |
| 90294 | COMMUNICATIVE FRENCH (III) | 24 |
| 90374 | ENGLISH FOR BEGINNERS I | 68 |
| 90666 | PALACES IN THE PENINSULAR MIDDLE AGE. THE ARCHITECTURE OF POWER | 75 |
| 90384 | BASIC COMMUNICATIVE FRENCH (II) | 31 |
| 90399 | RECREATIONAL MATHEMATICS AND GEOMETRY I | 26 |
| 90440 | DEEPENING INTO LEGAL AND SOCIAL SCIENCES I | 10 |
| 90461 | GRAPHIC ARTISTIC DESIGN: DRAWING (LEVEL 1) | 23 |
| 90276 | OFFICE II: EXCEL | 15 |
| 90527 | SOFTWARE MANAGEMENT | 22 |
| 90528 | ROME: POLITICS, SOCIETY AND LAW | 27 |
| 90609 | CONFLICTS IN THE MIDDLE EAST II | 56 |
| 90555 | BASIC MEDICINE: CHANGES IN THE HUMAN BODY | 25 |
| 90664 | PRINTED ENGLISH: NEWS AND LITERATURE | 26 |
| 90635 | PHYSICAL AND CHEMICAL FOUNDATIONS OF COOKING | 23 |

| CODE | SUBJECT | STUDENTS |
|--------|---|----------|
| 90201 | INTRODUCTION TO CONTEMPORARY ART | 28 |
| 90234 | CREATIVE WRITING (II): LITERARY DEVELOPMENT WORKSHOP | 21 |
| 90263 | THE ROAD TO SANTIAGO: RELIGIOUSNESS, CULTURE AND LITERATURE | 52 |
| 90281 | AN INTRODUCTION TO COMPUTER SCIENCE | 87 |
| 90660 | PSYCHOLOGY FOR EVERYDAY LIFE | 67 |
| 90361 | SOCIAL SKILLS | 29 |
| 90377 | ELEMENTARY ENGLISH II | 53 |
| 90379 | INTERMEDIATE ENGLISH II | 30 |
| 90407 | OFFICE I: WORD (ADVANCED) | 19 |
| 90427 | CHILDREN AND YOUNG ADULTS' LITERATURE. RECOVERING MEMORY THROUGH TALES. REMEMBERING, CREATING AND TELLING | 17 |
| 90430 | THE SPANISH BOURBONS: HISTORY AND IMAGE OF A DINASTY | 30 |
| 90442 | EXTENDED KNOWLEDGE ON COMPUTER SCIENCE, IMAGE AND SOUND I | 71 |
| 90447 | ADVANCED ENGLISH | 32 |
| 90285 | HEALTH AND QUALITY OF LIFE: WORKSHOP ON THE IMPROVEMENT OF MEMORY IN OLDER ADULTS I | 30 |
| 90549 | FLORA MICRO-RESERVES NETWORK IN THE COMARCAS OF MARINA ALTA, MARINA BAIXA AND EL COMTAT | 24 |
| 90554 | MIDDLE EAST GEOGRAPHY AND CONFLICTS | 70 |
| 90671 | TOURISM AND CULTURAL HERITAGE II: THE INTERPRETATION OF HERITAGE | 31 |
| 906302 | ELEMENTARY ENGLISH III | 45 |
| 90637 | GIMNASTICS OF THE BODY FOR MIND HEALTH | 29 |
| 90645 | COMMUNICATIVE ENGLISH WORKSHOP III | 22 |
| 90252 | UNDERSTAND AND ENJOY CLASSICAL MUSIC I | 30 |
| 90290 | INTERPERSONAL CONFLICTS IN EVERYDAY LIFE | 26 |
| 90292 | ORAL COMMUNICATION TECHNIQUES II: FROM SPEAKING TO WRITING | 19 |
| 90376 | ELEMENTARY ENGLISH I | 51 |
| 90420 | INTERMEDIATE ENGLISH III | 29 |

APPENDIX III

**CHARTS AND GENERAL
STATISTICS
2011-2012**





