

ACADEMIC REPORT

PERMANENT UNIVERSITY

2013/2014 ACADEMIC YEAR

Universidad

p e r m a n e n t e

upua
universidad de alicante

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Permanent University

Introduction

The Permanent University of the University of Alicante is a scientific, cultural and social development programme aimed at promoting Science and Culture, as well as the relationships between generations, in order to improve seniors' quality of life and encourage their involvement in their context as social 'dynamisers' in accordance with Articles 2.d), 108.1.c), 120.1 and 164 of the University of Alicante Statute, with Article 35 of the *Generalitat Valenciana* (Valencian Regional Government) Statute, with Law 1/95 of the *Generalitat Valenciana* about Training of Older Adults, with the Preamble, the 2nd and 9th paragraphs of Organic Law 4/2007 of April 12th on Universities that modifies the Organic Law 6/2011 of December 21st on Universities, and with the agreement signed between the *Generalitat Valenciana –Conselleria de Educaci3n, Investigaci3n, Cultura y Deporte* [Regional Department of Education, Research, Culture and Sports]– and the University of Alicante to carry out Formative Actions addressed to the social segment of 50+ citizens.

The UPUA programme is placed within the specific framework of university education for seniors and responds to needs such as: the deepening in the democratisation of knowledge, compensation of inequalities, integration and social participation of seniors in society and the promotion of intra- and intergenerational relationships that can help them sustain their quality of life, as well as the opening and diversification of possibilities to keep an active life within an out-of-work context.

The Permanent University is aimed at each and every person above 50 years of age with aspirations of social and cultural self-improvement. No previous studies are required. Designed by teaching staff belonging to the various areas of knowledge at the University of Alicante, collaborating centres and specialists, it is an open and optional programme that offers courses designed and structured around the five following areas: Humanities; Experimental Sciences; Health and Social Action; Social Sciences; Computer Science and Image and Sound.

Each student enrolls during the academic year, comprised between October and June, having to take at least 2 subjects –with a minimum duration of 40 teaching hours each– of a theoretical and practical nature and distributed along the general programme and timetables of the 2013/2014 academic year.

A total of 720 hours –taking 40-hour (4-credit) subjects– must be taken in order to obtain the Senior Diploma. An informative card about the academic (student's) file is delivered at the end of each academic year which accredits attendance and performance during the year in question. After having achieved 72 credits, students will receive the Senior Diploma corresponding to the successful completion of the Permanent University programme.

The Complementary Activities along with the programmes offered by the Deputy Vice-Chancellor's Office for Culture, Sport and Linguistic Political are kept aside of the total amount of credits from the UPUA programme and neither are they taken into account to achieve the aforesaid accrediting diploma. Nevertheless, being enrolled in this programme is a *sine qua* condition to be able to develop and take part in these activities. The credits obtained this way will be incorporated into the student academic report, if requested, as Free-Choice Credits.

The usual class schedule during this 2013/2014 academic year was from 5 to 8pm, with the exception of 9 subjects which were offered in the morning. The teaching calendar and programming were developed from October to June, with 15 subjects on average between the San Vicente del Raspeig Campus, the *Sede* [Alicante Town University Venue].

The programme started with an offer of 129 subjects at the Campus of Saint Vicente del Raspeig (Lecture Room Building II and III). At the University Venues and municipalities, the academic programme was reduced to specific collaborations in activities developed with the Deputy Vice-Chancellor's Office for Culture and informative initiatives, by means of lectures, as well as workshops, seminars and recitals, poetry readings or theatre, since the collaboration agreements with the different town venues and town councils were not renewed for the academic programme, due to the budget cuts suffered by these entities

1 – ACADEMIC PROGRAMME OF THE 2014/2015 ACADEMIC YEAR

EXPERIMENTAL SCIENCES	
NAME (SUBJECT)	COORDINATOR
Basic Astronomy and geographical sciences (I)	Enrique Aparicio Arias
Astronomy. A vision of the universe	Enrique Aparicio Arias
Cartography applied: how to find one's way in the city and countryside	Enrique Aparicio Arias
Science, technique and society. History of the scientific-technological development and its influence	Vicente Viana Martínez
How to understand modern architecture	Ángel Allepuz Pedreño
Discovering the Alicante coastline from Physical Geography	Enrique Matarredona
The origin of matter and its changes in nature. Part II	Rosa Torregrosa MaciáMiguel Molina Sabio
Graphic and artistic design: drawing (level 1)	Francisco Javier Esclapés Jover
Artistic graphic expression: painting with watercolour	Francisco Javier Esclapés Jover
Figurative graphic expression: the pleasure of drawing	Francisco Javier Esclapés Jover
Abstract graphic expression: the pleasure of painting	Francisco Javier Esclapés Jover
Physical and chemical foundations of the kitchen I	Rosa Torregrosa MaciáMiguel Molina Sabio
Geology for everybody	Concepción Bru RondaRafael Pedauyé González
Great natural disasters. Why do they occur?	Enrique Moltó Mantero
Interpretation of the Alicante landscape	Concepción Bru RondaRafael Pedauyé González
The great constructions of mankind	Juan Ignacio García Santos
Leonardo da Vinci. the man who encouraged art, thinking, science and technology	Juan Ignacio García Santos
Our plants, an ethno-botanical tour around the plants and vegetal communities in the Valencian Migjo	Daniel Climent
The natural parks of Alicante – Mountain areas	Manuel Vicedo Martínez
The natural parks of Alicante – Wetlands	Manuel Vicedo Martínez
Recreational mathematics and geometry	Vicente Viana Martínez
Flora micro-reserves network in the Comarcas of Marina Alta, Marina Baixa and El Comtat	Manuel Vicedo Martínez

SOCIAL AND LEGAL SCIENCES	
NAME (SUBJECT)	COORDINATOR
Analysis and management of interpersonal conflicts	Jasone Mondragón
Film cities	José Ramón Valero Escandell
Criminal law through cinema and current news in the press	Esperanza Vaello
In search of the United States. Its history from Independence to World War I	Rafael Zurita Aldeguer
Geotourism	Concepción Bru RondaRafael Pedauyé González
Urban vegetable gardens: the city green	Juan López Jiménez
Mass media: information and manipulation I	Jorge Sánchez Navas
Presence of women in the modern history of Spain and Latin America (16 th to 18 th Century)	Inmaculada Fernández Arrillaga
Religions: fundamentalisms and economic rules	Josep-Antoni Ibarra Pérez
Roma: politics, society and law	M ^a Aránzazu CalzadaWalenka Arévalo Caballero

HUMANITIES	
NAME (SUBJECT)	COORDINATOR
01-English for beginners I	Nereida Congost
02-English for beginners II	David Benjamin Bell
03-English for beginners III	Clive Alexander Bellis
04-Elementary English I	María Amparo Alesón Carbonell
05-Elementary English II	Pablo Pérez Contreras
06-Elementary English III	María Amparo Aleson y Pablo Pérez Contreras
07-Intermediate English I	Catalina Iliescu Gheorghiu Víctor M. Pina Medina
07-Intermediate English II	Catalina Iliescu Gheorghiu Víctor M. Pina Medina
08-Intermediate English III	Catalina Iliescu Gheorghiu Víctor M. Pina Medina
10-English advanced level	Catalina Iliescu Gheorghiu Víctor M. Pina Medina
12-Basic communicative French I	Juan M. Gauchí Sendra
13-Basic communicative French II	Juan M. Gauchí Sendra
14-Basic communicative French III	Christine Verna Haize e Isabel Corbí Sáez
Understanding and enjoying classical music I	Óscar Santacreu Fernández
Understanding and enjoying classical music II	Óscar Santacreu Fernández
Commitment and escape: two attitudes in the ancient Greek world	José V. Beviá Pastor

From the "Tenebrae" to Modernity: Italian art in the Trecento	Rafael Navarro Mallebrera
Traditional and contemporary Japanese culture through literature and cinema	Benito Elías García Valero
The unknown source of the files: their history, their documents and their writing	Susana Llorens Ortuño
Creative writing: grammar and narrative techniques	Emilia Gómez García
History and evolution of Alicante and its districts	Tomás M. Mazón Martínez
Introduction to the Arabic language and to the Arab culture	Naima Benaicha Ziani
Italian advanced 1 st part	Brunella Patane
Antiquity reflected. Art, classicism and essentialism in Western history	Jaime Molina Vidal
Reading and literary analysis of three masterworks of universal literature	Emilia Gómez García
The Spanish Austrias: history and image of a dynasty (16th-17th centuries)	Carlos Martínez Tornero
The Spanish Bourbons : history and image of a dynasty	M ^a del Mar García Arenas
The Spanish Bourbons: history and image of a dynasty 2	M ^a del Mar García Arenas
The great Renaissance and Baroque Masters	Rafael Navarro Mallebrera
Palaces in the peninsular Middle Age. The architecture of power	José Luis Simón García
European myths and legends	José A. García López
Ways of seeing art: understanding painting	María Marco Such
UNESCO World Heritage. Trip through mankind shared in heritage	M ^a Pilar Espeso Molinero
Printed English: news and literature	Amparo Alesón
Ancient Mediterranean religions: from the Pyramids to Christianity	Jaime Molina Vidal
Workshop of communicative English I	José R. Belda Medina
Workshop of communicative English II	José R. Belda Medina
Workshop of communicative English III	José R. Belda Medina
An adventure with plenty of stories	Xavier Carro Rosende
A trip through the tale: a walk on the gloomy side. An adventure with plenty of stories II	Xavier Carro Rosende
Female poetic voices throughout history	José A. García López

HEALTH AND SOCIAL ACTION	
NAME (SUBJECT)	COORDINATOR
Action and basic cares before emergencies in different health-disease processes	Manuel Lillo Crespo
Health eating and responsible consumption	Carlos Puerta Sanz
Biomedicine of ageing and rejuvenation. Current status and future prospects	Joaquín de Juan Herrero
Keys to a healthy diet: food elaboration, manipulation and conservation	Aurora Norte Navarro
Cognitive stimulation, attention and memory – BAPNE method	Javier Romero Naranjo
Gymnastics of the body for the health of the mind	Juan Tortosa Martínez y Lilyan Vega Ramírez
Social skills	Antonio Vallés Arándiga

Emotional intelligence	Antonio Vallés Arándiga
Emotional intelligence and personality	Antonio Vallés Arándiga
Introduction to cellular and development biology	M ^a Magdalena García Irlés
Psychology in cinema	Alberto Plaza Salán
Basic medicine: changes in the human body	Antonia Angulo Jerez
Intelligent optimism	Antonio Vallés Arándiga
Plan your diet: from the market to the dish	ALINUA
Prevention and treatment of discouragement and depression	Antonio Vallés Arándiga
Psychology for everyday life	Antonio Vallés Arándiga
What diseases do we suffer when our defensive system fails?	Antonio Vallés Arándiga
Resilience and regulation of the emotions	Antonio Vallés Arándiga
Emotional health and psychological well-being	Antonio Vallés Arándiga
Health and quality of life: gymnastics for the mind	Alberto Plaza Salán
Health and quality of life: gymnastics for the mind II	Alberto Plaza Salán
Health and quality of life: workshop on the improvement of memory in older adults	Alberto Plaza Salán

COMPUTER SCIENCE, IMAGE AND SOUND	
NAME (SUBJECT)	COORDINATOR
Make of your Smartphone, tablet and social networks	Estela Saquete Boro y Sonia Vázquez
Creating one's personal website (weblog)	Sonia Vázquez Pérez
Designing with PowerPoint	Irene Sentana Gadea y Eduardo Gras Moreno
Digital album management	Rafael Muñoz Terol
Software management	M ^a Paloma Moreda Pozo
Photography with art	Javier Serrano
Google tools	Cristina Pomares Puig y Javier Montoyo
Recreational computing (digital image)	Juan A. Puchol García
Internet I: introduction to the browsing and webmail	Rafael Muñoz Guillena y Juan Carlos Trujillo Mondéjar
Internet II: browser, downloads and electronic post	Juan Ramón Rico Juan
Internet, much more than browsing	José Luis Verdú Más
An introduction to computer science	Francisco Mora Lizán
Introduction to the GNU/Linux software system and free software	Jorge Calera Rubio
Office I: introduction to Word	Carlos Villagrà Arnedo y Francisco Martínez Pérez
Office I: Word (advanced)	Rosana Satorre Cuerday y Francisco Martínez Pérez
Office II: Excel	Rosana Satorre Cuerda
Office automation in the cloud: new zero-cost solutions, the improvement of administrative tasks	Juan Ramón Rico Juan

Photoshop I: digital retouching techniques	Maximiliano Saiz Noeda
Photoshop II: digital retouching techniques	Maximiliano Saiz Noeda
Advanced PowerPoint	Irene Sentana Gadea
Presentations and designs animated with Prezi	Irene Sentana Gadea
Photoshop workshop	Maximiliano Saiz Noeda

2 - PROGRAMME PLANNING, ACADEMIC AND ADMINISTRATIVE MANAGEMENT

Throughout the academic year

- Maintenance of the Permanent University portal in:
 - Spanish <http://web.ua.es/es/upua/>
 - Valencian <http://web.ua.es/va/upua/>
 - English <http://web.ua.es/en/upua/>
- Development of the Permanent University Programme Assessment and Quality Plan

A continuous evaluation system for the academic program as a whole, for each one of the disciplines taught, and for the teachers who collaborate in the programme has been developed since the 2003/2004 academic year within the process of normalisation and formal recognition of University Programmes for Older Adults and in the context of the Spanish State (National) Association of University Programmes for Seniors.

These evaluations, carried out using a system of personal surveys and computer applications (*Lyme Survey*), help to detect the levels of adequacy, quality and improvement about the aims and contents of this training programme and make possible a more effective development of the analyses and results identified in the studies and reports which are being prepared for their annual assessment by the UA (University of Alicante) Deputy Vice-Chancellor's Office for Studies and Training and by AEPUM (Work and Research Committees) and for their submission to the Ministry of Education, on the lines of work and collaboration developed and with regard to permanent and ongoing training at universities and lifelong learning within the framework of the European Higher Education Area.

September 2013

- Registration. A total of **1.343** students registered through the UNIVERSITAS XXI program.

October 2013

Three events took place during the official **Opening Ceremony of the 2013/2014 Academic Year**:

- Roundtable and presentation of the Observatory of Senior and Mass Media of the UPUA MAYMECO. It took place in Rafael Altamira Room in Alicante Town University Venue on October 17th at 18:00hours with the title ""Consecrated actors M^a Ángeles, Chelo, Roberto and Pascual talk about their personal challenge and participation in television series, movies, theatre, advertising and radio".
- Peripatetic Routes: "Discover the (in)visible treasures of the UA". It took place on October 18th at 10:00 hours. It was directed by the professors Carlos Martín Cantarino, Daniel Climent Giner and Manuel Vicedo Martínez. The Permanent University invited the students to a tour around the Campus and the "Healthy University" where they found environmental, architectural and cultural treasures. It was a good opportunity to discover the University of Alicante with specialized guides. At the end, you are in for a surprise! Meeting point: Permanent University, Lecture Building III, University Campus in San Vicente.

- And the conference “How to have a healthy longevity. Its assessment and control”. Conference by Dr Monica de la Fuente del Rey. Professor of Physiology in the Faculty of Biology of the Complutense University of Madrid. The conference was organized by *Obra Social Caja Mediterráneo* in cooperation with *Asociación Gerontológica del Mediterráneo* and the Permanent University of the University of Alicante. It took place on October 18th at 19:00 hours in the *Aula de Cultura Obra Social Caja Mediterráneo*, Gadea Doctor Av. 1.

- Beginning of classes on October 14th. Basic infrastructures: two computer rooms (20 and 24 seats), a middle-sized classroom (for 35 people) and several large-sized classrooms at the *Aulario* [Classroom Building] III of the San Vicente Campus, along with other occasionally utilised spaces; plus two computer rooms (22 seats), five middle-sized classrooms, a room for 50 people and a conference room (with a ninety-person capacity), together with other occasionally used spaces, at the Alicante Town University

- The programme offered students the possibility to pre-select a total of **128** subjects. Finally, 114 subjects were taught, offered by the different departments and collaborating centres of the University of Alicante, with an enrolment of **1.343** people in all the subjects available. The contents proposed were distributed in different thematic areas: Experimental Sciences, Social Sciences, Humanities (the largest proportion), Computer Science, (the most requested), Image and Sound and Social Action.

January 2014

- Suspension of the call for scholarships for the students of the Permanent University of the University of Alicante registered since the call 2011/2012. Due to the suspension of the agreement with the Alicante Town Council and the delay on the payment of the agreements with the Valencian Autonomous Government, it was proceeded to postpone the call.

June 2014

- On the 13 of June it took place the solemn act of closing of the academic course 2013/2014. The act started at 18h with the intervention of the Deputy Vice-Chancellor of Studies Training, Training Actions and Quality of the University of Alicante, Mrs María Cecilia Gómez Lucas, who was followed by the interventions of Mrs Concepción Bru Ronda, Director of the Permanent University and Mrs M^ª Luisa Mataix Scasso, President of the UPUA Students Alumni Association. The act continued with the delivery of the Senior degrees to the students graduated during the academic course 2013/2014. Once the degrees were delivered, it was developed the master class, under the responsibility of Mr Alfonso Ángel Ramos Esplá, Professor of the Department of Sciences of the sea and Applied Biology, with the title “The Antarctica and the University of Alicante”. The closing of the act and the official closing of the academic course was under the representation of the Deputy Vice-Chancellor of Studies Training, Training Actions and Quality, Mrs María Cecilia Gómez Lucas.

- Pre-registration. Through the pre-registration, students specify the subjects of the syllabus that will finally be imparted during the 2014/2015 academic year. A total of **1.452** students were pre-registered.

July 2016

Scheduling of year contents and subjects and publication of timetables and groups for the subjects included in the 2014/2015 academic year based on the pre-registration carried out in June. Preparation and submission of the documentation for next year’s registration.

3 - COMPLEMENTARY ACTIVITIES SPECIFIC TO THE PERMANENT UNIVERSITY AND THE INCUBATOR OF VALUES

A) – ACTIVITIES THROUGHOUT THE ACADEMIC YEAR

EUCONET CLUB: It arose in 2004 as a result of the *EuCoNet* (*European Computer Network*) initiative, a project subsidised by the European Community within the framework of the Socrates-Grundtvig Programme and created to facilitate seniors' access to the Internet. Its main aim was to palliate the reserves that prevent the older segment of European population from taking advantage of the manifold computer applications. Likewise, persons with reduced mobility could avoid the growing isolation that exists in modern society.

EuCoNet sought to connect older adult citizens, both virtually and physically, so that they could develop their own capacity to communicate with one another making use of new technologies. And on a broader, more international scale, the achievement of those goals through the *EuCoNet* Project served not only as a bridge between the different generations but also as a connecting link between people from the highly diverse European cultures. As a direct outcome of the participation in this project, the University of Alicante set in motion the *Club EuCoNet* [Euconet Club] during the 2003-04 academic year thanks to the efforts of a group of voluntary students enrolled in the Permanent University of the University of Alicante who formed part of the EuCoNet international work and research group.

The specific aims of the aforesaid Club are: a) the creation of a Group of Tutors: students with an advanced knowledge in New Technologies who tutor and guide the learning of other seniors interested in such skills. The collaborating students thus help other partners to familiarise with computer science, to overcome their fear of computers and to solve specific problems; b) the consolidation of a learning project oriented to all students interested in becoming familiar with computing and new technologies, who want to leave behind the fear of computers and of university; c) the development of students' own tasks; d) the organisation of forums, debates and contacts with other study and self-learning groups; and e) the participation and support to research groups in ICTs and blended learning.

The timetable for the *EuCoNet* Club during the 2013/2014 academic year was: Tuesdays and Thursdays from 10am to 12pm at the Alicante Town University Venue. 82 students participated in the Club during the present academic year.

- 17th of May, Internet Day: Workshop `` Communicative needs of senior population: technological answers and questions `` held on Thursday 15th of May at 10h on the Rafael Altamira Room of the Alicante Town University Venue, with the collaboration of the Club EUCONET, the enterprise DORO and the Alicante Town University Venue.

For further information: <http://www.universidadpermanente.com/iniciativas/en/euconet>

PERMANENT SEMINARS:

- **CONVERSATIONS AT THE SEDE (ALICANTE TOWN UNIVERSITY VENUE) IN FRENCH.** This seminar is coordinated by UPUA teachers and is developed by volunteer students who have linguistic skills in French. 30 people took part in it. This initiative is initially oriented to students enrolled in the subjects Basic Communicative French II and French III during the present 2013/2014 academic year or who own the necessary level in the French language, acquired in preceding years, at UPUA or throughout their life, and who have an interest in intensifying and deepening their knowledge of that language and/or the processes of social and cultural integration of citizens and territories that use the aforesaid language as a communication and expression vehicle.

The timetable for this seminar was: Wednesdays and Thursdays from 11.30am to 1.30pm at Room 5, at the Alicante Town University Venue.

- **CONVERSATIONS AT THE SEDE (ALICANTE TOWN UNIVERSITY VENUE) IN ENGLISH, ITALIAN AND GERMAN.** This seminar is coordinated by UPUA teachers and is developed by volunteer students who have linguistic skills in English. This initiative is initially oriented to students enrolled in the intermediate and advanced levels of the English, Italian and German subject during the present 2013/2014 academic year or who own the necessary level in the English, Italian or German language, acquired in preceding years, at UPUA or throughout their life, and who have an interest in intensifying and deepening their knowledge of that language and/or the processes of social and cultural integration of citizens and territories that use the aforesaid language as a communication and expression vehicle.

Those seminars have had: English on the Campus on Mondays from 11 to 13h on the Lecture Building 2, classroom A2/OB02 and with a number of students of 11. English on the Alicante Town University Venue every morning at noon, except for Thursdays on the Institutional Classroom and Classroom 5, with a number of students of 22. German on Thursdays and Fridays at noon on the Institutional Classroom, with a number of students of 2. And Italian on Thursdays from 10 to 11:15h on the Institutional Classroom with a number of students of 5.

For further information: <http://www.universidadpermanente.com/iniciativas/en/conversations-sede>

- **SENIORS AND MASS MEDIA.** This seminar is coordinated by the Permanent University lecturers and teaching collaborators Irene Ramos Soler, Fernando Embid, M^a Dolores Berenguer, José López and Pere Miquel Campos and is placed within the framework of UPUA's research, self-learning, personal development and volunteering activities performed in collaboration with the Alicante Town University Venue.

This initiative is initially oriented towards students enrolled, during the present 2013/2014 academic year or in preceding years, in subjects related to the content, and the aims sought with the Seminar are to achieve intensification and deepening of the knowledge acquired in those subjects. The long-term purpose of this seminar consists in becoming an analysis and research observatory able to suggest changes and solutions in the treatment of seniors by society as a whole and, particularly, by the mass media.

The seminar usually took place on Fridays from 11am to 1pm at the San Vicente del Raspeig Campus, more precisely at Room OB02 of the *Aulario* [Classroom Building] II, with 11 people enrolled.

As for the working methodology, it deserves to be highlighted that this is an interactive project with a highly participatory methodology, distributed between classroom sessions along with theoretical as well as conceptual development contents, and other autonomous working sessions developed by students, who performed research and analysis tasks supervised and coordinated by expert professionals, researchers and the teachers in charge of the seminar.

For further information: <http://www.universidadpermanente.com/iniciativas/en/seniors-and-mass-media>

FREE BOOKS AT THE SEDE (BOOKCROSSING): In collaboration with the Incubator of Values and the UPUA Students and Alumni Association, the Alicante Town University Venue and the UA General Library. "[Bookcrossing](#)" is a universal movement that promotes the disinterested liberation of books at a place accessible to the public with the hope that someone will collect them, read them and keep the movement, liberating in turn the same or another book within a generous and active exchange. The main exchange points are the 3rd floor of the Alicante Town University Venue and the Hall of the UA General Library.

For further information: <http://www.universidadpermanente.com/iniciativas/en/bookcrossing>

SOLIDARITY FOOD: Students and volunteers of the Permanent University of the University of Alicante set in motion the initiative 'Incubator of Values,' both at the Alicante Town University Venue and the San Vicente del Raspeig Campus, in the 2011/12 academic year. It is a project based on solidarity in its broadest sense. The Incubator of Values was born from a group of 50+ volunteers with the aim of devoting that time which society lacks and sharing their optimism with those who need it the most in times of crisis and lack of values.

Previous initiatives included the implementation of unipersonal collaborative learning schemes, or in the fields of new technologies and languages through EuCoNet Club, the book liberation platform at various points of the University and the city of Alicante and now, a campaign of Solidarity-oriented Practical Activities and the Monthly Collection of Food that will take place once a month throughout the academic year. The campaign, which began in October, went on until the end of the academic year in June, on the first day of each month. It is mainly aimed at collective specific types of food such as pasta, pulses, rice, milk, sugar and tinned food, which are listed in the monthly circular sent to the whole university community, where the collection places are also specified.

A total of **10.270,29** kg. of food were collected between October 2013 and June 2014, with the help of the UA centres and faculties that participated during the academic year which now comes to its end, and which had the support of the Vice-Directorate for Cooperation to Development (Deputy Vice-Chancellor's Office for International Relations), CAE – Student Support Centre (Deputy Vice-Chancellor's Office for Students) and UPUA (Deputy Vice-Chancellor's Office for Studies, Training and Quality).

The food collected was sent to the Alicante Food Bank Foundation and to the University of Alicante Social Action Programme, through which the food arrived at its end addressees.

For further information: <http://www.universidadpermanente.com/iniciativas/en/practices-solidarity>

POETRY CLASSROOM “‘*VERSO A VERSO*”: The activity is coordinated and developed by Emilia Gómez García. It took place at the Alicante Town University Venue, on Wednesdays from 11 to 13h, on the Institutional classroom.

- Poetry Reading “‘*Los nuevos juglares*” Tuesday 20th of May at 20h, at the *Club Información*.
- Workshop. Poetry Group “‘*Verso a Verso*” of the Permanent University of the University of Alicante. BASIC COMPETENCES ON THE PERMANENT FORMATION OF ADULTS. III International Seminar FPA- CEFIRE of Castellón UJI, Castellón, 26th of June of 2014.
- Poetry Reading “‘*Los nuevos juglares*” Friday 20th of June at 17:30h on “‘*Espai La Saeta*” Moraira (Teulada).

For further information: <http://www.universidadpermanente.com/iniciativas/en/poetry-class-verse-verse>

PERIPATETIC ROUTES: The activity is coordinated and developed by students and volunteer teaching staff of the UPUA. Started at the end of the academic course 2012-2013 it had its presentation on the course 2013-2014 with the route “‘Discover the (in)visible treasures of the UA” on Friday 18th of October. Its main purpose is the active and healthy ageing, and it is materialized on the realization of routes through the city of Alicante in which a cardiovascular physical activity, socialization and learning are carried out.

Other routes carried out in collaboration with the UPUA:

17th of January. Visit to the Research Centre Marina (CIMAR) of Santa Pola.

28th of March. Visit to the Biological Station “‘*Torretes*” – Botanic Garden CIBIO on Ibi.

For further information: <http://www.universidadpermanente.com/iniciativas/en/peripatetics-walking-and-reflecting>

HEART HELP: This new Incubator of Values initiative began on May 4th 2015 on a fortnightly basis. Activity performed by two UPUA volunteers. Its aim is to monitor our 'blood pressure' and other aspects associated with active ageing.

B) - OTHER ACTIVITIES

November 2013

Organized visit. November 4th, on the multimedia room of the building of the Vice-chancellor's Office at 10:30h it took place a presentation under the responsibility of the Direction of the UPUA of the Permanent University Programme to members of the association "Women and Health" of Villena, organized by the Secretariat for Healthy Campus.

Basic Vital Support Workshop. The days 5, 7 and 12 of November on the Lounge of Degrees of the Faculty of Health Sciences. The Workshop, organized by the UPUA and given by collaborator professorship of the same, pretended to bring close the sanitarium field and the biomedical and nursing areas to every citizen and UPUA students to promote basic knowledge of proceedings against emergencies and situations related to health and sickness.

For further information: <https://web.ua.es/en/upua/activities/2013-14/workshop-basic-life-support.html>

March 2014

Seminar: The social changes: analysis of the recent transformations on the Spanish society. The days 3rd and 4th of March, on the room A2/0B01 of the classroom building 2, from 17:00 to 20:00h. Seminar given by the professor Raúl Ruiz Callado, from the Department of Sociology 1. The aspects of social change were analyzed by reason of which Spain has become a very different country in a relatively brief period of time.

Tribute to the Word. World day of poetry. On Friday 21st of March at 20:00h on the assembly hall Rafael Altamira of the Alicante Town University Venue it took place in collaboration with the UPUA and the Venue the celebration of the World day of poetry with a recital offered by the Poetry Classroom "Verso a Verso". Tribute was also paid to two important events: the 75th anniversary of Antonio Machado's death and the 100 years of the work "Platero y yo" of Juan Ramón Jiménez.

4 - NATIONAL AND INTERNATIONAL INITIATIVES AND PROJECTS IN WHICH UPUA PARTICIPATES AND COLLABORATES

A) THROUGHOUT THE ACADEMIC YEAR AND IN COLLABORATION WITH AEPUM

- Maintenance of the State (National) Association of University Programmes for Seniors portal

Since 2010, the University of Alicante has occupied the presidency of the National Association of University Programmes for Seniors (AEPUM, for its initials in Spanish).

AEPUM was created in 2004 as an association of university interest which has as its aim to structure and promote educational university programmes, contributing to the formative and cultural development of the older adult social segment. Seeking to achieve those aims, the Association set itself as its goals to encourage and develop dialogue and communication between Universities, Public Administrations and private entities, and has therefore considered essential to make available an institutional web page which can contribute not only to bring closer the different groups interested in lifelong learning but also to channel transparent information and effective collaboration between AEPUM members and honorary partners.

The availability and access to the information that the various states have about the social developments and the educational policies are increasingly evident and their reflection through the Internet is unquestionable. The new information and communication technologies (ICTs) are acquiring more and more importance in the European Union and, therefore, this web seeks to promote the use of information and communication technologies amongst seniors, removing barriers and inequalities and incorporating older adults into this technological development.

For further information: <http://www.aepumayores.org/en>

- Preparation of AEPUM statistical reports and databases

- Monthly internal communication bulletins

B) UPUA'S PARTICIPATION IN NATIONAL ACTIVITIES

Attendance to the Pontific University of Salamanca – 14th and 15th of 2013 to assist to ``20 years of the University Programmes for Older Adults (1993-2013): Nautical cards for the trip. Old challenges, new challenges. 5th Seminar of Work UPSA.``

Participation of the UPUA on the Opening Session of the ``3rd Meeting of the Valencian society of geriatrics and gerontology (VSGG)`` session: ``Ageing, fragility and interdisciplinarity`` the 28th of February 2014.

Meeting on the IMSERSO's Madrid central venue the 5th of March 2014, as a member of the AEPUM Governing Board.

Participation on the programme: LOGIC Implementing the lifelong learning concept in SNA. Responding to the changing needs of dynamic economies. 543914-Tempus-1-2013-ES-Tempus-JPHES, on the faculty of Economic Sciences, the 11th of March 2014 with the speech and round table: Permanent Formation through lifetime on the PUMS. The Permanent University of the University of Alicante.

Attendance to the Rovira and Virgili University – 21st of March 2014 assistance to the II Seminar of the Classrooms of the Older Adults with the speech: Formation through lifetime. New reality and socioeconomic need of the 21st century. Active ageing at the OAUPs.

Meeting in Castellón of the AEPUM General Ordinary Assembly, which took place the 2nd of July 2014. As well as the presentation of the results of the study carried out: ``The use of the ITCs on the University Programmes for Older Adults.``

C) UPUA'S PARTICIPATION IN INTERNATIONAL ACTIVITIES

Attendance to the IAUTA International Conference on "International Cooperation and U3A" organized in Toulouse (France) on June 2nd and 3rd 2014.

D) UPUA'S PARTICIPATION IN PROJECTS***PROYECT THINK TANK – CREATING CAPTIVATING TEACHING STRATEGIES FOR VULNERABLE LEARNERS***

It is a multilateral project in the framework of the Grundtvig Higher Education Programmes called by the European Commission, which have as their purpose adult education and other educational itineraries. It receives financing from the European Union. Project number: 518427-LLP-1-2011-1-IT-GRUNDTVIG-GMP.

- The 1st multilateral meeting was held in Luxemburg on September from 23rd to 26th 2013
- The 2nd multilateral meeting took place in Latvia on January 29th and 30th 2014.
- The 3rd multilateral meeting was held in Nicosia (Cyprus) on May 22nd and 23rd 2014.
- Working sessions: 22/11, 13/12, 17/01, 28/02, 4/04, 9/5

PPS PROJECT – PEER TO PEER SUPPORT FOSTERING ACTIVE AGING

This is a multilateral project placed within the Grundtvig Higher Education programmes called by the European Commission, which have as their purpose adult education and other educational itineraries. It receives financing from the European Union. Project number: 538403-LLP-1-2013-1-DK-GRUNDTVIG-GMP.

Coordinating institution: Public University of Ptuj – Educational Centre for Adults - Slovenia

Grant call: LIFELONG LEARNING PROGRAMME Centralized GRUNDTVIG Multilateral projects

Duration: 01/01/2014 – 30/06/2016

- The 1st multilateral meeting was held in Slovenia on September 22nd and 23rd

More information available at: <https://web.ua.es/en/upua/projects/tabs/pps-peer-to-peer-support-fostering-active-ageing.html>

PROYECTO LICO – LEARNING COACH IN ADULT EDUCATION

This is a multilateral project placed within the Grundtvig Higher Education programmes called by the European Commission, which have as their purpose adult education and other educational itineraries. It receives financing from the European Union. Project number: 518427-LLP-1-2011-1-IT-GRUNDTVIG-GMP.

- LICO Training course ``Training Seminar: introduction to the education, methodology and training in coaching for the education of adults`` carried out the 19th of December 2013 and orientated to know, use and optimize the results of this project.
- The first meeting of this academic course was organized by the project coordinator in Florence between the 13th and the 14th of March 2014.
- Final Conference LICO Project – Learning Counselor and assessor on education of adults. Learning Coach. It took place on the classroom building III, classroom 1, on Monday 16th

of July of 2014 from 12 to 14h.

More information available at: <https://web.ua.es/en/upua/projects/tabs/lico-learning-coach-in-adult-education.html>

5 – EXTRACURRICULAR ACTIVITY AND CULTURE IN COLLABORATION WITH UPUA

In cooperation with the Deputy Vice-Chancellor's Office for Culture, Sports and Political Linguistic, the Permanent University offers a wide range of Complementary and Cultural Activities aimed at the university community as a whole, including UPUA students. These cultural complementary activities are an extension of the academic programme for registered students and boost their personal development as well as intergenerational relationships.

It includes a collection of lectures, seminars, exhibitions, theatre, cinema, recitals and poetry readings, concerts, workshops and a great variety of cultural activities offered within the annual programme to students enrolled for university studies during both terms. Information about the schedule, enrolment conditions and deadlines is available at <http://web.ua.es/en/upua>.

There is an extensive complementary and extracurricular activity programme which develops within the Permanent University programme with the support of various local and national private and public institutions.

ACTIVITIES PERFORMED UNDER THE COORDINATION OF THE CULTURE SECRETARY'S OFFICE

UPUA Theatre Group: "A Midsummer night's dream" – The representation of the play took place on December 10th, in the University of Alicante Auditorium, at 20 hours and it was directed by Eloísa Azorín.

UPUA Theatre Group: "The memory of the objects" - The representation of the play took place on June 12th, in the University of Alicante Auditorium, at 20 hours and it was directed by Pascual Carbonell

For further information: <https://web.ua.es/en/upua/activities/2013-14/upua-theatre-group-a-midsummer-night-s-dream.html>

A – COLLABORATION WITH UNIVERSITY VENUES

Thanks to the evolution of social reality in the last ten years, the teaching aimed at seniors is already working successfully in forty-seven Spanish universities. The LOU in its Preliminary Title, and its Title VI, refer to their existence and development at universities within their competences. In accordance with this, universities have decided to bet on the encouragement and enhancement of these teaching types under the protection of the Spanish 'State of Autonomous Regions'. This has triggered a momentum of these programmes through town councils and the regional departments of Education, Culture and Social Welfare, which are interested in giving a boost to these programmes and are extending them to geographical areas where no universities are available.

Along these lines, Permanent University subjects will be extended, to the maximum extent possible, to rural areas and to those where foreign residents live in the Alicante province. The University of Alicante seeks to impart UPUA subjects addressed to Spanish and foreign residents in rural areas and tourist areas with a large population coming from other EU- and non-EU countries at the University Venues of La Marina(Benissa), Cocentaina, Biar, La Nucia y Villena.

In these municipalities, some specific subjects focused on foreigners and local residents will be included in addition to the generic programme contents, pursuant to the agreements reached about those programmes with the collaborating entities in each area or venue. The large-scale incorporation of foreign students who are residents in our Region means a great support to this initiative undertaken by the University of Alicante which will undoubtedly contribute to strengthen the cultural bonds between all European Union citizens (and those coming from non-EU countries too).

April 2014

Panel of Experts; Consensus of the elderly diabetic patient. The day 7th of April at 18:30h on the Rafael Altamira room of the Alicante Town University Venue, it was carried out and in collaboration with the Permanent University such activity, directed to medical personnel, geriatrists, and graduates in nursing, organized by the Gerontologic Association of the Mediterranean and Novartis.

Seminar - VI Seminars on Multiple Esclerosis. Alicante – Murcia. The days 21st and 22nd of April on the Rafael Altamira room of the Alicante Town University Venue, they were carried out the seminars on Multiple Esclerosis, with the collaboration of the Permanent University.

May 2014

Conference: “Moral, eroticism and desires”. Under the responsibility of Javier Sabada, Philosopher and Ethics Professor at the Autonomous University of Madrid. On Thursday, 8th of May at 20:15h, on the Rafael Altamira room of the Alicante Town University Venue, it was carried out and in collaboration with the Alicante Town University Venue, the Provincial Historic Archive and the Permanent University.

B – ACTIVITIES WITH THE PERMANENT UNIVERSITY STUDENTS AND ALUMNI ASSOCIATION

“La Permanente” Magazine

With quarterly issues and a print run of five hundred copies, it informs about the Association's activities and events, offers interviews to relevant figures of university, of culture and of society, with articles that deal with a wide variety of topics, both cultural and informative ones, and make known works written by the students themselves.

Maintenance exercises at the UA

This activity is coordinated by the Association and developed on a voluntary basis by the UPUA student Isabel Ripalda. It was carried out at the Culture Room of the Alicante Town University Venue on Tuesdays and Thursdays from 11am to 12pm.

Literary Circle AAUP on the Venue

The activity is coordinated by the association and voluntarily developed by the UPUA student Alejandro Hernández Blanco. Its development place has been the Institutional classroom of the Alicante Town University Venue, on Thursdays from 12 to 13:30h.

Literary Classroom of UPUA´s Students on the Venue

The activity is coordinated by the UPUA students Pilar Modrego, Juan M. León and Pilar González. Its development place has been the classroom 5 of the Alicante Town University Venue, on Fridays from 9 to 11:50h.

AAUP Contests

VI Photographic Autumn on the Old Town of Alicante, from the 18/11 to the 02/12, organized by the Writers of Lights Association of the University of Alicante.

Seminars and others

History of the Roman Church and its Popes. From the 9th to the 15th of April 2014 from 17 to 20:00h. Seminar carried out on the first floor of the Alicante Town University Venue, given by the collaborator Rafael Plá. Seminar focused on the Ecumenical Councils and realization of Analysis of the Church and its Popes during the different stages of history: Old Age, Middle Ages, Modern Age and Contemporary Age, making a special reference to the History of the Church in Spain and with the realization of a trip to Ravenna, Florence and Venice.

Experiences and points of view of a teenager in China. Intergenerational lectures with Andrei Mataix Botella that took place on the month of July.

Detectives of time. In November 2013 witnessing workshops were carried out to learn to use the genealogic construction tools on the net.

Trips

- Castles of Castalla, Villena and Banyeres routes, on September. Only one day excursion with a visit to the castles and accompanied by the professor José Luis Simón.
- Madrid, from the 12th to the 14th of December 2013.
- Studies Trip. ``Exarchate of Ravenna, Florence and Venice`` from the 17th to the 26th of April 2014, complement of the April's seminar `` History of the Roman Church and its Popes``.
- 4th centenary of the Greco: trip to Toledo and surroundings, on the celebration of the 4th centenary of the Greco, accompanied by the professor José Luis Simón.
- End of term, trip to Russia from the 16th to the 23rd of June 2014.

Routes: walking and thinking.

- Route `` Discover the invisible treasures of the UA `` (October 2013)
- Route `` San Fernando´s Castle `` (November 2013)
- Route `` Park of Palmeral (Saint Gabriel) `` (November 2013)
- Route `` Walk to Rabasa´s Lagoons `` (November 2013)
- Route `` North Boulevards and Lo Morant Park `` (November 2013)
- Route `` Great Finals 2013: Serra Grossa `` (December 2013)
- Route `` From Luceros to the Harbour (Muelle de Levante) `` (February 2014)
- Route `` Campello, Muchavista and San Juan´s Beach at your own pace `` (February 2014)
- Route `` Lineal Park; the hidden pearl `` (February 2014)
- Route `` Wandering through la Sierra Colmenares `` (March 2014)
- Route `` (In)visible treasures of the UA `` (April 2014)
- Route `` Serra Grossa, cliff of Juncaret, Santa Faz `` (May 2014)
- Route `` Santa Bárbara Castle `` (May 2014)
- Route `` Tossal de Manises `` (May 2014)
- Route `` Looks from viewpoints `` (May 2014)

6 - ANNEXES

ANNEX I

FINANCING OF THE 2014/2015 ACADEMIC PROGRAMME

Accounting data
2014/2015 Academic Year

Contribution from Chapters 2 and 6 (UA)	48.759,85 €
Agreements with private entities	2.000 €
Agreements with the <i>Generalitat Valenciana</i>	58.566 €
International projects	18.370,90 €
Fees	259.240,15 €

ANNEX II: 2013/14 GENERAL GRAPHS AND STATISTICS





