

# ACADEMIC REPORT

## PERMANENT UNIVERSITY

2014/2015 ACADEMIC YEAR

Universidad

p e r m a n e n t e

**upua**  
universidad de alicante

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## Permanent University

### 1. Introduction

The Permanent University of the University of Alicante is a scientific, cultural and social development programme aimed at promoting Science and Culture, as well as the relationships between generations, in order to improve seniors' quality of life and encourage their involvement in their context as social 'dynamisers' in accordance with Articles 2.d), 108.1.c), 120.1 and 164 of the University of Alicante Statute, with Article 35 of the *Generalitat Valenciana* (Valencian Regional Government) Statute, with Law 1/95 of the *Generalitat Valenciana* about Training of Older Adults, with the Preamble, the 2nd and 9th paragraphs of Organic Law 4/2007 of April 12<sup>th</sup> on Universities that modifies the Organic Law 6/2011 of December 21<sup>st</sup> on Universities, and with the agreement signed between the *Generalitat Valenciana* –*Conselleria de Educaci3n, Investigaci3n, Cultura y Deporte* [Regional Department of Education, Research, Culture and Sports]– and the University of Alicante to carry out Formative Actions addressed to the social segment of 50+ citizens.

The UPUA programme is placed within the specific framework of university education for seniors and responds to needs such as: the deepening in the democratisation of knowledge, compensation of inequalities, integration and social participation of seniors in society and the promotion of intra- and intergenerational relationships that can help them sustain their quality of life, as well as the opening and diversification of possibilities to keep an active life within an out-of-work context.

The Permanent University is aimed at each and every person above 50 years of age with aspirations of social and cultural self-improvement. No previous studies are required.

Those who are enrolled in any of the three cycles or levels of university studies at the University of Alicante are expressly excluded.

Designed by teaching staff belonging to the various areas of knowledge at the University of Alicante, collaborating centres and specialists, it is an open and optional programme that offers courses designed and structured around the five following areas: Humanities; Experimental Sciences; Health and Social Action; Social Sciences; Computer Science and Image and Sound.

Each student enrolls during the academic year, comprised between October and June, having to take at least 2 subjects –with a minimum duration of 40 teaching hours each– of a theoretical and practical nature and distributed along the general programme and timetables of the 2014/2015 academic year.

A total of 720 hours –taking 40-hour (4-credit) subjects– must be taken in order to obtain the Senior Diploma. An informative card about the academic (student's) file is delivered at the end of each academic year which accredits attendance and performance during the year in question. After having achieved 72 credits, students will receive the Senior Diploma corresponding to the successful completion of the Permanent University programme.

The Complementary Activities along with the programmes offered by the Deputy Vice-Chancellor's Office for Culture, are kept aside of the total amount of credits from the UPUA programme and neither are they taken into account to achieve the aforesaid accrediting diploma. Nevertheless, being enrolled in this programme is a *sine qua* condition to be able to develop and take part in these activities. The credits obtained this way will be incorporated into the student academic report, if requested, as Free-Choice Credits.

The usual class schedule during this 2014/2015 academic year was from 5 to 8pm, with the exception of 7 subjects which were offered in the morning (11am to 1pm). The teaching calendar and programming were developed from October to June, with 15 subjects on average between the San Vicente del Raspeig Campus, the Sede [Alicante Town University Venue].

The programme started with an offer of 160 subjects, of which were finally imparted 136 (after cancelling 24 of them). At the University Venues and municipalities, the academic programme was reduced to specific collaborations in activities developed with the Deputy Vice-Chancellor's Office for Culture and informative initiatives, by means of lectures, as well as workshops, seminars and recitals, poetry readings or theatre, since the collaboration agreements with the different town venues and town councils were not renewed for the academic programme, due to the budget cuts suffered by these entities

## 1 – ACADEMIC PROGRAMME OF THE 2014/2015 ACADEMIC YEAR

EXPERIMENTAL SCIENCES	
NAME (SUBJECT)	COORDINATOR
Basic Astronomy and geographical sciences (I)	Enrique Aparicio Arias
Astronomy. A vision of the universe	Enrique Aparicio Arias
Cartography applied: how to find one's way in the city and countryside	Enrique Aparicio Arias
Science, technique and society. History of the scientific-technological development and its influence	Vicente Viana Martínez
How to understand modern architecture	Ángel Allepuz Pedreño
Discovering the Alicante coastline from Physical Geography	Enrique Matarredona Coll
The origin of matter and its changes in nature. Part II	Rosa Torregrosa MaciáMiguel Molina Sabio
Graphic and artistic design: drawing (level 1)	Francisco Javier Esclapés Jover
Artistic graphic expression: painting with watercolour	Francisco Javier Esclapés Jover
Figurative graphic expression: the pleasure of drawing	Francisco Javier Esclapés Jover
Abstract graphic expression: the pleasure of painting	Francisco Javier Esclapés Jover
Physical and chemical foundations of the kitchen I	Rosa Torregrosa MaciáMiguel Molina Sabio
Geology for everybody	Concepción Bru RondaRafael Pedauyé González
Great natural disasters. Why do they occur?	Enrique Moltó Mantero
Interpretation of the Alicante landscape	Concepción Bru RondaRafael Pedauyé González
The great constructions of mankind	Juan Ignacio García Santos
Leonardo da Vinci. the man who encouraged art, thinking, science and technology	Juan Ignacio García Santos
Our plants, an ethno-botanical tour around the plants and vegetal communities in the Valencian Migjo	Daniel Climent Martínez
The natural parks of Alicante – Mountain areas	Manuel Vicedo Martínez
The natural parks of Alicante – Wetlands	Manuel Vicedo Martínez

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Recreational mathematics and geometry	Vicente Viana Martínez
Flora micro-reserves network in the Comarcas of Marina Alta, Marina Baixa and El Comtat	Manuel Vicedo Martínez

SOCIAL AND LEGAL SCIENCES	
NAME (SUBJECT)	COORDINATOR
Analysis and management of interpersonal conflicts	Jasone Mondragó Lasagabaster
Film cities	José Ramón Valero Escandell
Criminal law through cinema and current news in the press	Esperanza Vaello Esquerdo
In search of the United States. Its history from Independence to World War I	Rafael Zurita Aldeguer
Geotourism	Concepción Bru Ronda Rafael Pedauyó González
Urban vegetable gardens: the city green	Juan López Jiménez
Mass media: information and manipulation I	Jorge Sánchez Navas
Presence of women in the modern history of Spain and Latin America (16 <sup>th</sup> to 18 <sup>th</sup> Century)	Inmaculada Fernández Arrillaga
Religions: fundamentalisms and economic rules	Josep-Antoni Ibarra Pérez
Roma: politics, society and law	M <sup>a</sup> Aránzazu Calzada y Walenka Arévalo Caballero

HUMANITIES	
NAME (SUBJECT)	COORDINATOR
01-English for beginners I	Nereida Congost
02-English for beginners II	David Benjamin Bell
03-English for beginners III	Clive Alexander Bellis
04-Elementary English I	María Amparo Alesón
05-Elementary English II	Pablo Pérez Contreras
06-Elementary English III	María Amparo Aleson y Pablo Pérez Contreras
07-Intermediate English I	Catalina Iliescu Gheorghiu Víctor M. Pina Medina
07-Intermediate English II	Catalina Iliescu Gheorghiu Víctor M. Pina Medina
08-Intermediate English III	Catalina Iliescu Gheorghiu Víctor M. Pina Medina
10-English advanced level	Catalina Iliescu Gheorghiu Víctor M. Pina Medina
12-Basic communicative French I	Juan M. Gauchí Sendra
13-Basic communicative French II	Juan M. Gauchí Sendra

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14-Basic communicative French III	Christine Verna Haize e Isabel Corbí Sáez
Understanding and enjoying classical music I	Óscar Santacreu Fernández
Understanding and enjoying classical music II	Óscar Santacreu Fernández
Commitment and escape: two attitudes in the ancient Greek world	José V. Beviá Pastor
From the "Tenebrae" to Modernity: Italian art in the Trecento	Rafael Navarro Mallebrera
Traditional and contemporary Japanese culture through literature and cinema	Benito Elías García Valero
The unknown source of the files: their history, their documents and their writing	Susana Llorens Ortuño
Creative writing: grammar and narrative techniques	Emilia Gómez García
History and evolution of Alicante and its districts	Tomás M. Mazón Martínez
Introduction to the Arabic language and to the Arab culture	Naima Benaicha Ziani
Italian advanced 1 <sup>st</sup> part	Brunella Patane
Antiquity reflected. Art, classicism and essentialism in Western history	Jaime Molina Vidal
Reading and literary analysis of three masterworks of universal literature	Emilia Gómez García
The Spanish Austrias: history and image of a dynasty (16th-17th centuries)	Carlos Martínez Tornero
The Spanish Bourbons : history and image of a dynasty	M <sup>a</sup> del Mar García Arenas
The Spanish Bourbons: history and image of a dynasty 2	M <sup>a</sup> del Mar García Arenas
The great Renaissance and Baroque Masters	Rafael Navarro Mallebrera
Palaces in the peninsular Middle Age. The architecture of power	José Luis Simón García
European myths and legends	José A. García López
Ways of seeing art: understanding painting	María Marco Such
UNESCO World Heritage. Trip through mankind shared in heritage	M <sup>a</sup> Pilar Espeso Molinero
Printed English: news and literature	María Amparo Alesón Carbonell
Ancient Mediterranean religions: from the Pyramids to Christianity	Jaime Molina Vidal
Workshop of communicative English I	José R. Belda Medina
Workshop of communicative English II	José R. Belda Medina
Workshop of communicative English III	José R. Belda Medina
An adventure with plenty of stories	Xavier Carro Rosende
A trip through the tale: a walk on the gloomy side. An adventure with plenty of stories II	Xavier Carro Rosende
Female poetic voices throughout history	José A. García López

HEALTH AND SOCIAL ACTION	
NAME (SUBJECT)	COORDINATOR
Action and basic cares before emergencies in different health-disease processes	Manuel Lillo Crespo
Health eating and responsible consumption	Carlos Puerta Sanz

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Biomedicine of ageing and rejuvenation. Current status and future prospects	Joaquín de Juan Herrero
Keys to a healthy diet: food elaboration, manipulation and conservation	Aurora Norte Navarro
Cognitive stimulation, attention and memory – BAPNE method	Javier Romero Naranjo
Gymnastics of the body for the health of the mind	Juan Tortosa Martínez y Lilyan Vega Ramírez
Social skills	Antonio Vallés Arándiga
Emotional intelligence	Antonio Vallés Arándiga
Emotional intelligence and personality	Antonio Vallés Arándiga
Introduction to cellular and development biology	Mª Magdalena García Irlés
Psychology in cinema	Alberto Plaza Salán
Basic medicine: changes in the human body	Antonia Angulo Jerez
Intelligent optimism	Antonio Vallés Arándiga
Plan your diet: from the market to the dish	ALINUA
Prevention and treatment of discouragement and depression	Antonio Vallés Arándiga
Psychology for everyday life	Antonio Vallés Arándiga
What diseases do we suffer when our defensive system fails?	Antonio Vallés Arándiga
Resilience and regulation of the emotions	Antonio Vallés Arándiga
Emotional health and psychological well-being	Antonio Vallés Arándiga
Health and quality of life: gymnastics for the mind	Alberto Plaza Salán
Health and quality of life: gymnastics for the mind II	Alberto Plaza Salán
Health and quality of life: workshop on the improvement of memory in older adults	Alberto Plaza Salán

COMPUTER SCIENCE, IMAGE AND SOUND

NAME (SUBJECT)	COORDINATOR
Make of your Smartphone, tablet and social networks	Estela Saquete Boro y Sonia Vázquez
Creating one's personal website (weblog)	Sonia Vázquez Pérez
Designing with PowerPoint	Irene Sentana Gadea y Eduardo Gras Moreno
Digital album management	Rafael Muñoz Terol
Software management	Mª Paloma Moreda Pozo
Photography with art	Francisco Javier Serrano Sánchez
Google tools	Cristina Pomares Puig y Javier Montoyo
Recreational computing (digital image)	Juan A. Puchol García
Internet I: introduction to the browsing and webmail	Rafael Muñoz Guillena y Juan Carlos Trujillo Mondéjar
Internet II: browser, downloads and electronic post	Juan Ramón Rico Juan
Internet, much more than browsing	José Luis Verdú Más

An introduction to computer science	Francisco Mora Lizán
Introduction to the GNU/Linux software system and free software	Jorge Calera Rubio
Office I: introduction to Word	Carlos Villagrà Arnedo y Francisco Martínez Pérez
Office I: Word (advanced)	Rosana Satorre Cuerday y Francisco Martínez Pérez
Office II: Excel	Rosana Satorre Cuerda
Office automation in the cloud: new zero-cost solutions, the improvement of administrative tasks	Juan Ramón Rico Juan
Photoshop I: digital retouching techniques	Maximiliano Saiz Noeda
Photoshop II: digital retouching techniques	Maximiliano Saiz Noeda
Advanced PowerPoint	Irene Sentana Gadea
Presentations and designs animated with Prezi	Irene Sentana Gadea
Photoshop workshop	Maximiliano Saiz Noeda

## 2 - PROGRAMME PLANNING, ACADEMIC AND ADMINISTRATIVE MANAGEMENT

### Throughout the academic year

- Maintenance of the Permanent University portal in:
  - Spanish <http://web.ua.es/es/upua/>
  - Valencian <http://web.ua.es/va/upua/>
  - English <http://web.ua.es/en/upua/>

- Development of the Permanent University Programme Assessment and Quality Plan

A continuous evaluation system for the academic program as a whole, for each one of the disciplines taught, and for the teachers who collaborate in the programme has been developed since the 2003/2004 academic year within the process of normalisation and formal recognition of University Programmes for Older Adults and in the context of the Spanish State (National) Association of University Programmes for Seniors.

These evaluations, carried out using a system of personal surveys and computer applications (*Lyme Survey*), help to detect the levels of adequacy, quality and improvement about the aims and contents of this training programme and make possible a more effective development of the analyses and results identified in the studies and reports which are being prepared for their annual assessment by the UA (University of Alicante) Deputy Vice-Chancellor's Office for Studies and Training and by AEPUM (Work and Research Committees) and for their submission to the Ministry of Education, on the lines of work and collaboration developed and with regard to permanent and ongoing training at universities and lifelong learning within the framework of the European Higher Education Area.



## September 2014

- Registration. A total of **1.376** students registered through the UNIVERSITAS XXI program.

## October 2014

Two events took place during the official **Opening of the 2014/2015 Academic Year**:

- Opening lecture **“Prevention and health for active ageing”**, in Rafael Altamira Room in the Alicante Town University Venue, from 18.00 to 19.30h by Manuel Lillo Crespo, Professor of the Nursing Department - Faculty of Health Sciences of the University of Alicante and Head of the Hospitalization Area and General Services at the Vistahermosa Clinique.

- Photographic Route **“The UA Campus in images. Help us to discover the University of Alicante with your camera”**. Starting place at 9.00 Lecture Building II. Under the guidance of Javier Serrano and in collaboration with the association *“Escritores de Luces”*, the University of Alicante and the AAUP.

For further information: <https://web.ua.es/en/upua/activities/2014-15/opening-day-course-2014-2015.html>

- Beginning of classes on October 13<sup>th</sup>. Basic infrastructures: two computer rooms (20 and 24 seats), a middle-sized classroom (for 35 people) and several large-sized classrooms at the *Aulario* [Classroom Building] III of the San Vicente Campus, along with other occasionally utilised spaces; plus two computer rooms (22 seats), five middle-sized classrooms, a room for 50 people and a conference room (with a ninety-person capacity), together with other occasionally used spaces, at the Alicante Town University

- The programme offered students the possibility to pre-select a total of **160** subjects offered by the different departments and collaborating centres of the University of Alicante, with an enrolment of **1.376** people in all the subjects available. The contents proposed were distributed in different thematic areas: Experimental Sciences, Social Sciences, Humanities (the largest proportion), Computer Science, (the most requested), Image and Sound and Social Action.

## June 2016

- The closing session of the 2014/15 academic year was held on June 12<sup>th</sup>. This event began at 17:30pm with the delivery of Senior Diplomas to the students graduated during the 2014/2015 academic year. The delivery of bands and diplomas gave way to the closing lecture by Mr. Federico Mayor Zaragoza – president of the "Culture of Peace" Foundation and director of UNESCO between 1987 and 1999 – entitled *“Longevity, social cohesion and world citizenship in the new era to come”* The end of the event as well as the official closing of the academic year were carried out by the Deputy Vice-Chancellor for Studies, Training and Quality of the University of Alicante, Mrs. María Cecilia Gómez Lucas. **(REVIEW)**.

- Pre-registration. Through the pre-registration, students specify the subjects of the syllabus that will finally be imparted during the 2014/2015 academic year. A total of **1.503** students were pre-registered.

July 2016

Scheduling of year contents and subjects and publication of timetables and groups for the subjects included in the 2014/2015 academic year based on the pre-registration carried out in June. Preparation and submission of the documentation for next year's registration.

### 3 - COMPLEMENTARY ACTIVITIES SPECIFIC TO THE PERMANENT UNIVERSITY AND THE INCUBATOR OF VALUES

#### A) – ACTIVITIES THROUGHOUT THE ACADEMIC YEAR

**EUCONET CLUB:** It arose in 2004 as a result of the *EuCoNet* (*European Computer Network*) initiative, a project subsidised by the European Community within the framework of the Socrates-Grundtvig Programme and created to facilitate seniors' access to the Internet. Its main aim was to palliate the reserves that prevent the older segment of European population from taking advantage of the manifold computer applications. Likewise, persons with reduced mobility could avoid the growing isolation that exists in modern society.

EuCoNet sought to connect older adult citizens, both virtually and physically, so that they could develop their own capacity to communicate with one another making use of new technologies. And on a broader, more international scale, the achievement of those goals through the *EuCoNet* Project served not only as a bridge between the different generations but also as a connecting link between people from the highly diverse European cultures. As a direct outcome of the participation in this project, the University of Alicante set in motion the *Club EuCoNet* [Euconet Club] during the 2003-04 academic year thanks to the efforts of a group of voluntary students enrolled in the Permanent University of the University of Alicante who formed part of the EuCoNet international work and research group.

The specific aims of the aforesaid Club are: a) the creation of a Group of Tutors: students with an advanced knowledge in New Technologies who tutor and guide the learning of other seniors interested in such skills. The collaborating students thus help other partners to familiarise with computer science, to overcome their fear of computers and to solve specific problems; b) the consolidation of a learning project oriented to all students interested in becoming familiar with computing and new technologies, who want to leave behind the fear of computers and of university; c) the development of students' own tasks; d) the organisation of forums, debates and contacts with other study and self-learning groups; and e) the participation and support to research groups in ICTs and blended learning.

The timetable for the *EuCoNet* Club during the 2014/2015 academic year was: Tuesdays and Thursdays from 10am to 12pm in the computer rooms of the Alicante Town University Venue. **82** students participated in the Club during the present academic year.

For further information: <http://www.universidadpermanente.com/iniciativas/en/euconet>

**PERMANENT SEMINARS:****- CONVERSATIONS AT THE SEDE (ALICANTE TOWN UNIVERSITY VENUE) IN FRENCH.**

This seminar is coordinated by UPUA teachers and is developed by volunteer students who have linguistic skills in French. 21 people took part in it. This initiative is initially oriented to students enrolled in the subjects Basic Communicative French II and French III during the present 2014/2015 academic year or who own the necessary level in the French language, acquired in preceding years, at UPUA or throughout their life, and who have an interest in intensifying and deepening their knowledge of that language and/or the processes of social and cultural integration of citizens and territories that use the aforesaid language as a communication and expression vehicle.

The timetable for this seminar was: Wednesdays 11.30am to 1.30pm at Room 5 for the elementary level, and on Thursdays at the same time for the intermediate level at Room 7, both of them at the Alicante Town University Venue.

**- CONVERSATIONS AT THE SEDE (ALICANTE TOWN UNIVERSITY VENUE) IN ENGLISH AND GERMAN.**

This seminar is coordinated by UPUA teachers and is developed by volunteer students who have linguistic skills in English. This initiative is initially oriented to students enrolled in the intermediate and advanced levels of the English, Italian and German subject during the present 2014/2015 academic year or who own the necessary level in the English, Italian or German language, acquired in preceding years, at UPUA or throughout their life, and who have an interest in intensifying and deepening their knowledge of that language and/or the processes of social and cultural integration of citizens and territories that use the aforesaid language as a communication and expression vehicle.

These seminars had the following timetable: English, Tuesdays from 11:30am to 1:30 pm, Wednesdays from 12:00am to 1:30pm and Fridays from 10:30am to 1:30 pm in the morning at the Institutional Room, with a total of 22 participating students; and German, Fridays from 10:00am to 11:30am at the Room 7, with 2 people enrolled.

For further information: <http://www.universidadpermanente.com/iniciativas/en/conversations-sede>

**- SENIORS AND MASS MEDIA.** This seminar is coordinated by the Permanent University lecturers and teaching collaborators Irene Ramos Soler, M<sup>a</sup> Dolores Berenguer, José López and Pere Miquel Campos and is placed within the framework of UPUA's research, self-learning, personal development and volunteering activities performed in collaboration with the Alicante Town University Venue.

This initiative is initially oriented towards students enrolled, during the present 2014/2015 academic year or in preceding years, in subjects related to the content, and the aims sought with the Seminar are to achieve an intensification and deepening of the knowledge acquired in those subjects. The long-term purpose of this seminar consists in becoming an analysis and research observatory able to suggest changes and solutions in the treatment of seniors by society as a whole and, particularly, by the mass media.

The seminar usually took place on Fridays from 11am to 1pm at the San Vicente del Raspeig Campus, more precisely at Room CS/S008 of the *Aulario* [Classroom Building] II, with 11 people enrolled.

As for the working methodology, it deserves to be highlighted that this is an interactive project with a highly participatory methodology, distributed between classroom sessions along with theoretical as well as conceptual development contents, and other autonomous working sessions developed by students, who performed research and analysis tasks supervised and coordinated by expert professionals, researchers and the teachers in charge of the seminar.

For further information: <http://www.universidadpermanente.com/iniciativas/en/seniors-and-mass-media>

**FREE BOOKS AT THE SEDE (BOOKCROSSING):** In collaboration with the Incubator of Values and the UPUA Students and Alumni Association, the Alicante Town University Venue and the UA General Library. "[Bookcrossing](#)" is a universal movement that promotes the disinterested liberation of books at a place accessible to the public with the hope that someone will collect them, read them and keep the movement, liberating in turn the same or another book within a generous and active exchange. The main exchange points are the 3rd floor of the Alicante Town University Venue and the Hall of the UA General Library.

For further information: <http://www.universidadpermanente.com/iniciativas/en/bookcrossing>

**SOLIDARITY FOOD:** Students and volunteers of the Permanent University of the University of Alicante set in motion the initiative 'Incubator of Values,' both at the Alicante Town University Venue and the San Vicente del Raspeig Campus, in the 2011/12 academic year. It is a project based on solidarity in its broadest sense. The Incubator of Values was born from a group of 50+ volunteers with the aim of devoting that time which society lacks and sharing their optimism with those who need it the most in times of crisis and lack of values.

Previous initiatives included the implementation of unipersonal collaborative learning schemes, or in the fields of new technologies and languages through EuCoNet Club , the book liberation platform at various points of the University and the city of Alicante and now, a campaign of Solidarity-oriented Practical Activities and the Monthly Collection of Food that will take place once a month throughout the academic year. The campaign, which began in October, went on until the end of the academic year in June, on the first day of each month. It is mainly aimed at collective specific types of food such as pasta, pulses, rice, milk, sugar and tinned food, which are listed in the monthly circular sent to the whole university community, where the collection places are also specified.

A total of **6.533,10 kg.** of food were collected between October 2014 and June 2015, with the help of the UA centres and faculties that participated during the academic year which now comes to its end, and which had the support of the Vice-Directorate for Cooperation to Development (Deputy Vice-Chancellor's Office for International Relations), CAE – Student Support Centre (Deputy Vice-Chancellor's Office for Students and Employment) and UPUA (Deputy Vice-Chancellor's Office for Studies, Training and Quality).

The food collected was sent to the Alicante Food Bank Foundation and to the University of Alicante Social Action Programme, through which the food arrived at its end addressees.

For further information: <http://www.universidadpermanente.com/iniciativas/en/practices-solidarity>

**POETRY CLASSROOM “‘VERSE BY VERSE’:** The activity is coordinated and developed by José Luis Rico. It took place at the Alicante Town University Venue, on Wednesdays from 11am to 1pm, in the Room 5.

- Poetry Reading “Images,” (photographic poetries from unknown authors, Friday 7<sup>th</sup> November at 8:30pm, in the Enric Valor Room of the Campello.

For further information: <http://www.universidadpermanente.com/iniciativas/en/poetry-class-verse-verse>

Poetry Reading “The new jongleurs” on March 11<sup>th</sup> in 2015 at 8pm in the Contemporary Culture Room of the *Cigarreras*.

For further information: <http://www.universidadpermanente.com/iniciativas/en/poetry-reading-new-minstrels-las-cigarreras>

- International Day of Poetry – Poetry Reading. 20<sup>th</sup> March at 8:00pm in the Rafael Altamira Room and in collaboration with the Permanent University and the Alicante Town University Venue.

For further information: <http://www.universidadpermanente.com/iniciativas/en/poetry-reading-international-day-poetry-2015>

**PERIPATETIC ROUTES:** The activity is coordinated and developed by UPUA volunteer students and teachers. It started at the end of the 2012/13 academic year, having active and healthy ageing as its main purpose, and materialises in the organisation of routes around the city of Alicante, where participants can carry out heart-healthy physical activity, socialise and learn.

For further information: <http://www.universidadpermanente.com/iniciativas/en/peripatetics-walking-and-reflecting>

**HEART HELP:** This new Incubator of Values initiative began on May 4<sup>th</sup> 2015 on a fortnightly basis. Activity performed by two UPUA volunteers. Its aim is to monitor our ‘blood pressure’ and other aspects associated with active ageing.

## B) OTHER ACTIVITIES

### October 2014

**Workshop “Action and basic care against urgencies and different health-sickness processes (I).** Carried out on the Lecture building 3 under the coordination of Professor Manuel Lillo Crespo, with the sponsorship of ASISA and with the collaboration of the nursing personnel of the Vistahermosa Clinique, it had the following timetable:

- October 17<sup>th</sup> “Basic Cardiopulmonary Resuscitation on adults, action against chokings by strange body on adults and recovering position.” Theoretical and practical instruction.
- October 27<sup>th</sup> “ Basic Cardiopulmonary Resuscitation on paediatrics, action against chokings on children. Syncope and stroke. “Theoretical and practical instruction.
- October 31<sup>st</sup> “ Action against wounds, bleeding, bites, hypoglycaemia and heat strokes.” Theoretical and practical instruction.
- November 5<sup>th</sup> “ Health Education for the anticoagulated patient (sintrom) and guidelines for healthy eating habits on the adulthood.”

**November 2014**

**English Poetry Recital: Memorial of the Great War 1914-2014.** Organized by the UPUA and under the direction of Marian Alesón, intervening students from the course Printed English. It took place on November 11<sup>th</sup> on the Rafael Altamira room of the Alicante Town University Venue at 11:30h.

More information at: <https://web.ua.es/en/upua/activities/2014-15/english-poetry-recital-from-1914-to-1918.html>

**Conference: ``The assisted therapy with animals. An alternative to improve quality of life on older adults``.** Organized by the UPUA and under the responsibility of Lucía Pérez. Humanymal. It took place on November 13<sup>th</sup> on the Emilio Valera room of the Alicante Town University Venue at 17:30h.

More information at: <https://web.ua.es/en/upua/activities/2014-15/conference-animals-as-allies-in-therapy-and-education-of-people.html>

**Cycle of conferences and practical workshop: `` The water is our territory``.**

- **Spanish South-east. The paths of the water.** Organized by the UPUA and under the responsibility of José Antonio Gómez Fernández-Cuesta, member of AEAS and educational collaborator of the UPUA. It took place the 25<sup>th</sup> and 26<sup>th</sup> of November on the Emilio Valera room of the Alicante Town University Venue and on the Room 3 of the Lecture Building III of the Campus, from 17:30h to 19:30h.
- **Practical Workshop. Visit to the remotely controlled waters of Alicante.** Organized by the UPUA. It took place on November 28<sup>th</sup> from 10:00h to 12:00h on Waters of Alicante, St Alona nº31.

More information at: <https://web.ua.es/en/upua/activities/2014-15/conference-cycle-and-practical-workshop-el-agua-en-nuestro-territorio.html>

**European Week of waste prevention.** Organized by the University of Alicante through the office Ecocampus, which carried out free workshops destined to the Permanent University from the 26 to the 28 of November from 11:00h to 13:00h on the San Vicente Campus.

- **Workshop/debate. Responsible consumption**
- **Workshop/practical. The environmental robotics.**
- **Workshop/laugh-therapy. Excuses not to recycle.**

More information at: <https://web.ua.es/en/upua/activities/2014-15/workshops-at-the-ua.html>

**December 2014**

**Tribute to Fernando Embid.** Tribute and cineforum moderated by the cinema director Jorge Torregrossa and with the projection of the film ``*La vida inesperada*``. It took place on December 5<sup>th</sup> of 2014 on the assembly hall of the Lecture building 2 from 11:00h to 13:00h, and organized in collaboration with the Observatory for older adults and mass media of the UPUA.

More information at: <https://web.ua.es/en/upua/activities/2014-15/tribute-to-fernando-embid-fernandez.html>

**March 2015**

**Lecture: “The art of meditation and communication on the tradition of the Master Thich Nhat Hanh”.** Organized by the UPUA and the Alicante Town University Venue and under the representation of Miguel-Chan Phap Son. It took place the 31<sup>st</sup> of March from 20:00h to 22:00h on the multipurpose room of the building of San Fernando St.

More information at: <https://web.ua.es/es/upua/actividades/2014-15/el-arte-de-la-meditacion-y-la-comunicacion-en-la-tradicion-del-maestro-thich-nhat-hanh.html>

**April 2015**

**Lecture: “Territories of the Amazon: landscapes and societies”.** Organized by UPUA and under the representation of Samuel Ortiz Pérez and Juan López Jiménez, associated teachers of the department of Human Geography of the University of Alicante. It took place the days 21<sup>st</sup> and 23<sup>rd</sup> of April from 17:00h to 20:00 on the room A2.2 of the Alicante Town University Venue.

More information at: <https://web.ua.es/en/upua/activities/2014-15/the-amazon-territories-conference-landscapes-and-societies.html>

**Presentation of the book: “Wetted of Blue”.** The author, Javier Carro presented his book of 14 tales the 23<sup>rd</sup> of April at 20:15h in the Rafael Altamira room of the Alicante Town University venue, on a presided act by the president of the Permanent University, Concepción Bru, and with the intervention of Remedios Mataix, teacher of Hispanic- American literature, and the editor Luís Bonmatí.

**May 2015**

**Intergenerational and multicultural activity for the practice of English**, that took place on the practical field of the subject “Workshop of Communicative English III” of the professor José Ramón Belda with exchange students of the international programme of studies of the University of Alicante.

**June 2015**

**Exhibition of Painting: “¡Todos al cine! Un homenaje al séptimo arte”**, that took place from the 16th of June to the 10th of July on the Transit room of the Lecture building II and carried out by the students of the Permanent University of the subject: “Expresión gráfica artística”.

#### **4 - NATIONAL AND INTERNATIONAL INITIATIVES AND PROJECTS IN WHICH UPUA PARTICIPATES AND COLLABORATES**

##### **A) THROUGHOUT THE ACADEMIC YEAR AND IN COLLABORATION WITH AEPUM**

- Maintenance of the State (National) Association of University Programmes for Seniors portal

Since 2010, the University of Alicante has occupied the presidency of the National Association of University Programmes for Seniors (AEPUM, for its initials in Spanish).

AEPUM was created in 2004 as an association of university interest which has as its aim to structure and promote educational university programmes, contributing to the formative and cultural development of the older adult social segment. Seeking to achieve those aims, the Association set itself as its goals to encourage and develop dialogue and communication between Universities, Public Administrations and private entities, and has therefore considered essential to make available an institutional web page which can contribute not only to bring closer the different groups interested in lifelong learning but also to channel transparent information and effective collaboration between AEPUM members and honorary partners.

The availability and access to the information that the various states have about the social developments and the educational policies are increasingly evident and their reflection through the Internet is unquestionable. The new information and communication technologies (ICTs) are acquiring more and more importance in the European Union and, therefore, this web seeks to promote the use of information and communication technologies amongst seniors, removing barriers and inequalities and incorporating older adults into this technological development.

For further information: <http://www.aepumayores.org/en>

- Preparation of AEPUM statistical reports and databases

- Monthly internal communication bulletins

## B) UPUA'S PARTICIPATION IN NATIONAL ACTIVITIES

- Attendance to the IMSERSO Central Venue, on October 1<sup>st</sup> 2014, as member of the AEPUM Governing Board, to the "International Day of Older Adults", taking part in an innovative round table about services for seniors. The title was: "ICT use in the university programmes for seniors".
- Attendance to AEPUM Ordinary General Assembly, held in Granada on October 10<sup>th</sup> 2014.
- Attendance to the Conference "ICT's use in the university programmes for seniors", which took place in Sevilla on November 6<sup>th</sup> 2014, and where the ICT Research was presented.
- Conference about "Research on ICT's in university programmes for seniors", which took place in the Polytechnics University of Valencia, on December 2<sup>nd</sup> 2014.
- Attendance to the Panel of Experts of the Deusto University "Formative Competences in the OAUPs for the new socio-educational claims to old persons", held in the framework of the 15<sup>th</sup> AEPUM Working Seminar, on December 11<sup>th</sup> and 12<sup>th</sup> 2014.
- Attendance to the 4<sup>th</sup> professional conferences on psychological intervention in the aging: "New Proposals of Intervention in the Different Ways of Aging", which took place in the Rafael Altamira Room at the Alicante Town University Venue, on January 30<sup>th</sup> 2015, from 9:00 to 20:00 hours.
- Attendance to the Conference "The use of ICT's in university programmes for seniors" held in the Balearic Islands, on April 29<sup>th</sup> 2015.



- Attendance to the international cooperation meeting with members of the Cienfuegos University (Cuba) on April 23<sup>rd</sup> 2015.
- Attendance to the 14th AEPUM National Meeting "New students' profiles in the Classrooms for Seniors. Reflections around their perceptions and expectations about the University Programmes for Seniors in Spain", held in Granada on May 27<sup>th</sup>, 28<sup>th</sup> and 29<sup>th</sup> 2015.
- Attendance to the international cooperation meeting with members of the Economic Studies Academy from Moldavia, on May 14th 2015.

### C) UPUA'S PARTICIPATION IN INTERNATIONAL ACTIVITIES

Attendance to the IAUTA International Conference organized by UPUA on June 11<sup>th</sup> and 12<sup>th</sup> 2015. **Conferencia Internacional AIUTA:** – Organizado por la UPUA va tener lugar los días 11 y 12 de junio.

For further information: <https://web.ua.es/en/upua/activities/2014-15/international-conference-iauta-u3a-s-citizenship-and-social-cohesion.html>

### D) UPUA'S PARTICIPATION IN PROJECTS

#### ***PROYECTO THINK TANK – CREATING CAPTIVATING TEACHING STRATEGIES FOR VULNERABLE LEARNERS***

It is a multilateral project in the framework of the Grundtvig Higher Education Programmes called by the European Commission, which have as their purpose adult education and other educational itineraries. It receives financing from the European Union. Project number: 2013-1-LU1-GRU06-01195

- The 4<sup>th</sup> multilateral meeting was held in Vibo Valentia (Italy) on November 13<sup>th</sup> and 14<sup>th</sup> 2014.
- The 5<sup>th</sup> multilateral meeting took place in Alicante on June 29<sup>th</sup> and 30<sup>th</sup> 2014.
- Working sessions: 17/10, 7/11 and 28/11 in 2014 and 20/2 in 2015.

#### ***PPS PROJECT – PEER TO PEER SUPPORT FOSTERING ACTIVE AGING***

This is a multilateral project placed within the Grundtvig Higher Education programmes called by the European Commission, which have as their purpose adult education and other educational itineraries. It receives financing from the European Union. Project number: 538403-LLP-1-2013-1-DK-GRUNDTVIG-GMP.

Coordinating institution: Public University of Ptuj – Educational Centre for Adults - Slovenia

Grant call: LIFELONG LEARNING PROGRAMME Centralized GRUNDTVIG Multilateral projects

Duration: 01/01/2014 – 30/06/2016

- The 2<sup>nd</sup> multilateral meeting was held in Alicante on October 2<sup>nd</sup> and 3<sup>rd</sup> 2014.
- The 3<sup>rd</sup> multilateral meeting took place in Poznan (Poland) on January 14<sup>th</sup> and 15<sup>th</sup> 2015.
- The 4<sup>th</sup> multilateral meeting was held in Vienna (Austria) on July 7<sup>th</sup> and 8<sup>th</sup> 2015.

More information available at: <https://web.ua.es/en/upua/projects/tabs/pps-peer-to-peer-support-fostering-active-ageing.html>

### ***PROYECTO LICO – LEARNING COACH IN ADULT EDUCATION***

This is a multilateral project placed within the Grundtvig Higher Education programmes called by the European Commission, which have as their purpose adult education and other educational itineraries. It receives financing from the European Union. Project number: 518427-LLP-1-2011-1-IT-GRUNDTVIG-GMP.

- Delivery of the final financial report October 2014.

More information available at: <https://web.ua.es/en/upua/projects/tabs/lico-learning-coach-in-adult-education.html>

### ***BALL PROJECT***

This is a KA2 project of the Erasmus+ programme called by the European Commission, which has cooperation and best practice exchange as its aims. It receives financing from the European Union. Project number: 2014-1-IS01-KA2014-000173

Coordinating institution: Evris Foundation ses. (Iceland)

Grant call: KA2 of the Erasmus+ programme

Duration: 01/06/2014 – 30/06/2016

- The 1<sup>st</sup> multilateral meeting was held in Reykjavik (Island) on September 22<sup>nd</sup> and 23<sup>rd</sup> 2014.
- The 2<sup>nd</sup> multilateral meeting took place in Alicante on January 21<sup>st</sup> and 22<sup>nd</sup> 2015.
- The 3<sup>rd</sup> multilateral meeting was held in Lublin (Poland) on May 21<sup>st</sup> and 22<sup>nd</sup> 2015.

More information available at: <https://web.ua.es/en/upua/projects/tabs/ball-be-active-through-life-long-learning.html>

### ***EDUSENNET PROJECT – EDUCATIONAL SENIOR NETWORK***

This is a multilateral project placed within the Grundtvig Higher Education programmes called by the European Commission, which have as their purpose adult education and other educational itineraries. It receives financing from the European Union. Project number: 2014-1-SK01-KA204-000437

Coordinating institution: Univerzita Komenskeho V Bratislave, Centrum d'Alsieho Vzdelavania, Slovak Republic

Duration: 01/12/2014 – 30/09/2017

- The 1<sup>st</sup> multilateral meeting was held in Brno (Czech Republic) on April 16<sup>th</sup> and 17<sup>th</sup> 2015.
- The 2<sup>nd</sup> multilateral meeting took place in Alicante on September 28<sup>th</sup> and 29<sup>th</sup> 2015.  
More information available at: <https://web.ua.es/en/upua/projects/tabs/edu-sen-net-educational-senior-network.html>

## 5 – EXTRACURRICULAR ACTIVITY AND CULTURE IN COLLABORATION WITH UPUA

In cooperation with the Deputy Vice-Chancellor's Office for Culture, Sports and Political Linguistic, the Permanent University offers a wide range of Complementary and Cultural Activities aimed at the university community as a whole, including UPUA students. These cultural complementary activities are an extension of the academic programme for registered students and boost their personal development as well as intergenerational relationships.

It includes a collection of lectures, seminars, exhibitions, theatre, cinema, recitals and poetry readings, concerts, workshops and a great variety of cultural activities offered within the annual programme to students enrolled for university studies during both terms. Information about the schedule, enrolment conditions and deadlines is available at <http://web.ua.es/en/upua>.

There is an extensive complementary and extracurricular activity programme which develops within the Permanent University programme with the support of various local and national private and public institutions.

### *ACTIVITIES PERFORMED UNDER THE COORDINATION OF THE CULTURE SECRETARY'S OFFICE*

#### **UPUA Theatre Group: Representation of the play "The memory of the objects"**

- 15<sup>th</sup> October, in University of Alicante Auditorium, at 20h, took place the play by the UPUA Theatre Group and directed by Pascual Carbonell
- 5<sup>th</sup> December in Isla de Cuba Social Centre
- 6<sup>th</sup> December in the Biar Auditorium
- 13<sup>th</sup> December in Felicidad Sánchez Social Centre in Florida
- 18<sup>th</sup> December in Gastón Castelló Social Centre
- 8<sup>th</sup> February 2015 in the Wagner Theater in Aspe

More information available at: <https://web.ua.es/en/upua/activities/2014-15/theater-group-aula-de-teatro-of-the-permanent-university.html>

**UPUA Theatre Group: Representation of the play “More than super days”**

- 10<sup>th</sup> June, in the University of Alicante Auditorium, at 20:00 hours, it took place the representation of this play by the UPUA Theatre Group and directed by Iván Jiménez.

Más información en: <https://web.ua.es/en/upua/activities/2014-15/upua-theater-more-than-super-days.html>

**A – COLLABORATION WITH UNIVERSITY VENUES AND OTHER INSTITUTIONS**

Thanks to the evolution of social reality in the last ten years, the teaching aimed at seniors is already working successfully in forty-seven Spanish universities. The LOU in its Preliminary Title, and its Title VI, refer to their existence and development at universities within their competences. In accordance with this, universities have decided to bet on the encouragement and enhancement of these teaching types under the protection of the Spanish ‘State of Autonomous Regions’. This has triggered a momentum of these programmes through town councils and the regional departments of Education, Culture and Social Welfare, which are interested in giving a boost to these programmes and are extending them to geographical areas where no universities are available.

Along these lines, Permanent University subjects will be extended, to the maximum extent possible, to rural areas and to those where foreign residents live in the Alicante province. The University of Alicante seeks to impart UPUA subjects addressed to Spanish and foreign residents in rural areas and tourist areas with a large population coming from other EU- and non-EU countries at the University Venues of La Marina (Benissa), Cocentaina, Biar, La Nucia y Villena.

In these municipalities, some specific subjects focused on foreigners and local residents will be included in addition to the generic programme contents, pursuant to the agreements reached about those programmes with the collaborating entities in each area or venue. The large-scale incorporation of foreign students who are residents in our Region means a great support to this initiative undertaken by the University of Alicante which will undoubtedly contribute to strengthen the cultural bonds between all European Union citizens (and those coming from non-EU countries too).

**A – COLLABORATIONS WITH VENUES AND OTHER INSTITUTIONS****September 2014**

“Introduction to meditation or mindfulness and its benefits on the daily life”. 18<sup>th</sup> of September from 19:00 to 21:00h on the Rafael Altamira room of the Alicante Town University Venue, it was carried out and in collaboration with the Permanent University, presented by the teacher Irene Ramos, and given by Ajahn Nyanarato, Doctor in Medicine by the University of Kyoto-Japan.

More information at: <https://web.ua.es/en/upua/activities/2014-15/introduction-to-meditation-or-mindfulness-and-its-benefits-in-everyday-life.html>

**Round Table: resources and welfare levels on the Alzheimer disease.** 23<sup>rd</sup> of September on the Miguel Hernández room of the Alicante Town University Venue, from 18:00 to 21:00 it was carried out under the organization of the Psychologists' official college of the Valencian community and with the collaboration of the Permanent University of the University of Alicante.

More information at: <https://web.ua.es/en/upua/activities/2014-15/round-table-resources-and-levels-of-care-in-alzheimer-s-disease.html>

**October 2014**

**Open doors day: `` Active aging: live it in a responsible way. Emotional aspects of ageing``.** The days 1<sup>st</sup> and 2<sup>nd</sup> of October on the Miguel Hernández room of the Alicante Town University Venue, from 17:00 to 20:30h carried out under the organization of the Psychologists' official college of the Valencian community and with the collaboration of the Permanent University of the University of Alicante.

More information at: <https://web.ua.es/en/upua/activities/2014-15/conference-active-aging-live-it-responsibly-emotional-aspects-of-aging.html>

**December 2014**

**Seminar ``Cultural heritage of Alicante: controversial or unsolved issues in our history``.** The days 15<sup>th</sup>, 16<sup>th</sup>, 17<sup>th</sup> and 18<sup>th</sup> of December on the Institutional room of the Alicante Town University Venue, from 17:00 to 19:30h it was carried out this seminar given by Pablo Rosser Limiñana along with the Alicante Town University Venue.

More information at: <https://web.ua.es/en/upua/activities/2014-15/seminar-cultural-heritage-of-alicante-controversial-or-unsolved-issues-in-our-history.html>

**Cineforum: The poetics of repression of the teachers on ``Butterfly's tongue``.** The day 15<sup>th</sup> of December on the Mario Benedetti room of the San Vicente Campus, coordinated by José Miguel Santacreu Soler, and organized by the UPUA and the Ibero- American studies Centre Mario Benedetti.

More information at: <https://web.ua.es/en/upua/activities/2014-15/cineforum-the-poetics-of-repression-of-teachers-in-the-language-of-butterflies.html>

**January 2015**

**Lecture: ``Los placeres de la edad``.** Organized by the Observatory for older adults and mass media of the UPUA (MAYMECO) and Alicante Town University Venue. It took place the 15<sup>th</sup> of January at 20:00h on the Rafael Altamira room on the Alicante Town University Venue, with a dissertation and round table of Carmen Alborch.

More information at: <https://web.ua.es/en/upua/activities/2014-15/round-table-and-presentation-of-the-book-los-placeres-de-la-edad-by-carmen-alborch.html>

**IV Professional Seminars of psychologic intervention on the aging: ``New proposals of intervention on the different ways of aging``.** Organized by the Official School of Psychologists of the Valencian community in collaboration with the Permanent University. It took place the 30<sup>th</sup> of January on the Rafael Altamira room of the Alicante Town University Venue from 9:00 to 19:00h.

More information at: <https://web.ua.es/en/upua/activities/2014-15/iv-professional-psychological-intervention-in-the-aging-days.html>

**March 2015**

**Lecture: ``The energetic transition of the 21<sup>st</sup> century``.** Given by Ramón Sans Rovira, Doctor in Industrial Engineer of the University of Barcelona. Organized by the Loyola Centre of Alicante in collaboration with the Permanent University and the Alicante Town University Venue. It took place the 5<sup>th</sup> of March at 20:00h on the Miguel Hernández room of the Alicante Town University Venue.

More information at: <https://web.ua.es/en/upua/activities/2014-15/conference-the-energy-transition-of-the-s-xxi-ts21-applied-to-spain.html>

## B – ACTIVITIES WITH THE PERMANENT UNIVERSITY STUDENTS AND ALUMNI ASSOCIATION

### “La Permanente” Magazine

With quarterly issues and a print run of five hundred copies, it informs about the Association's activities and events, offers interviews to relevant figures of university, of culture and of society, with articles that deal with a wide variety of topics, both cultural and informative ones, and make known works written by the students themselves.

### Maintenance exercises at the UA

This activity is coordinated by the Association and developed on a voluntary basis by the UPUA student Isabel Ripalda. It was carried out at the Culture Room of the Alicante Town University Venue on Tuesdays and Thursdays from 11am to 12pm and began on October 7<sup>th</sup>.

### Tai Chi Workshop

This activity began on October 7<sup>th</sup> by Didier Venacio on Tuesdays from 12:15 to 13:15 hours.

### Trips and visits

- Trip to Requena and Utiel – October 18<sup>th</sup> 2014
- Trip to Granada and Baza – November 12<sup>th</sup> 2014
- Visit to the MARQ to the exhibition “*Señores del Cielo y la Tierra. China en la dinastía Han (206 a.C. a 220 d.C.)*” – October 8<sup>th</sup> 2014
- Study trip – Baltic Cruise, from 11<sup>th</sup> to 18<sup>th</sup> July 2015

## 6 - ANNEXES

## ANNEX I

## FINANCING OF THE 2015/2016 ACADEMIC PROGRAMME

Accounting data  
2015/2016 Academic Year

Contribution from Chapters 2 and 6 (UA)	50.000€
Agreements with private entities	4.000€
Agreements with the <i>Generalitat Valenciana</i>	20.000€
International projects	36.702€
Fees	254.037,06€

**2014/154 GENERAL GRAPHS AND STATISTICS**









