

ACADEMIC REPORT

**PERMANENT
UNIVERSITY**

2010-2011 ACADEMIC YEAR

Universidad
p e r m a n e n t e



upva
universidad de alicante

Introduction

- 1. Academic programme for the 2010-2011 academic year**
- 2. Planning of the academic year and summary of the academic and administrative tasks performed**
- 3. Complementary activities specific to the Permanent University**
 - a. Permanent activities throughout the academic year
 - b. Activity planning
- 4. Initiatives and national and international projects in which UPUA participates and collaborates**
 - a. Throughout the academic year and in collaboration with AEPUM
 - b. Student exchange programme
 - c. UPUA participation in national activities
 - d. UPUA participation in international activities
 - e. UPUA participation in projects
- 5. Extracurricular activities and culture**
 - a. Collaboration with La Nucía and Villena university venues and the municipalities of Novelda and l'Alfàs del Pi
 - b. Complementary activities developed by UPUA in collaboration with the UPUA Students and Alumni Association
- 6. Prizes and awards received**

Appendices

- Appendix I: Financing of the 2010-2011 academic programme
- Appendix II: Statistics of students enrolled in the UPUA programme 2010-2011 by subjects
- Appendix III: Graphs and general statistics 2010-2011

Permanent University

Introduction

The Permanent University of the University of Alicante (UA) is a scientific, cultural and social development programme of the UA which has as its aim to promote Science and Culture, as well as intergenerational relationships, in order to improve the quality of life of seniors (older adults) and encourage their participation, within their life context, as social 'dynamisers', in accordance with Article 132.3) of the University of Alicante Statute, Art. 35 of the *Generalitat Valenciana* (Valencian Regional Government) Statute, Act 1/95 of the *Generalitat Valenciana* on training of older adults, the Preamble, the 2nd and 9th paragraphs of the Organic Law 4/2007 of April 12th on Universities, and the Agreement signed by the *Generalitat Valenciana* (*Conselleria* —Regional Department— of Business, University and Science) and the University of Alicante for the implementation of training actions addressed to the segment of Older Adults above 50 years of age.

The UPUA programme is placed within the framework of specific university teaching for seniors and responds to such needs as: further progress in the democratisation of knowledge, compensation of inequalities, social integration and participation of these people in society, and encouragement of intra- and intergenerational relationships which can contribute to maintain their quality of life, along with the opening and diversification of options to continue an active life in non-labour contexts.

Following the objectives fixed in previous years, a collaboration scheme has been established with various public and private institutions (the *Generalitat Valenciana* –Regional Department of Education, the Municipal Culture Board, the Alicante Town Council, and *Bancaja* savings bank).

The Permanent University programme is addressed to anyone above 50 years of age or to any person belonging to any of the University of Alicante professional groups who have aspirations to better themselves. No previous degrees or qualifications are required.

Under no circumstances can a person enrolled in any of the three cycles of study levels imparted at the University of Alicante take part in this programme.

The UPUA programme, designed by teaching staff belonging to the knowledge areas existing at the University of Alicante, as well as by collaborating centres and other specialists, is an open, optional programme which offers courses designed and structured around the following areas: Humanities; Experimental Sciences; Health and Social Action; Social Sciences; and Computing, Image and Sound.

Each student enrolls for the academic year comprised between October and June, in a maximum of 6 subjects (and an obligatory minimum of 2 subjects), with at least 40 teaching/learning (theoretical and practical) hours distributed among the general programme and the timetables of the 2010-2011 academic year.

In order to achieve the *Diploma Senior* [Senior Diploma], students will have to take 720 hours distributed in at least three academic years, taking 24 credits (240 hours) per year at the most, in 40-hour (4-credit) subjects. At the end of each year, every student receives a card with their academic report, which contains data about the attendance and performance levels during the corresponding year. Once the 72-credit programme has been completed, students receive the *Diploma Senior*, which accredits the completion of the *Permanent University* programme.

The complementary activities and the programme offered by the Secretariats for Culture and Extracurricular Activities are excluded when it comes to count credits within the UPUA programme or achieve the accrediting *Diploma Senior*. Nevertheless, being enrolled in the UPUA academic programme is a *sine qua non* condition to take part in the above-mentioned activities. The credits obtained with these activities will be incorporated into the student academic report (at each student's request) as Extra-Curricular Free-Choice Credits.

During the 2010-2011 academic year, the timetable of the offered subjects has been from 5 to 8pm. Every day from October to June, an average number of 15 subjects have been taught at the San Vicente del Raspeig Campus and at the Alicante Town University Venue.

A programme of 133 subjects has been imparted at the San Vicente del Raspeig Campus in the *Aularios* (Classroom Buildings) II and III and at the Alicante Town University Venue. The academic programme offered at Cocentaina, La Nucía, Xixona and Villena university venues, as well as in the municipalities of Novelda and L'Alfàs del Pi, has been a reduced, more specific demand-adapted one which seeks adequacy to the social and cultural environment and the best possible exploitation of the infrastructures available and the pedagogical characteristics and requirements of the courses.

Additionally, through a Specific Collaboration Agreement with the University of Alicante, the Municipal Culture Board offers a number of grant-aided subjects and activities which have complemented the UPUA programme ever since the 2002-03 academic year. The said agreement forms part of a close cooperation scheme that includes student and teacher exchanges, as well as the optimisation of resources and infrastructures in the area of continuous, permanent training and within the framework of the *Alicante Cultura* (Alicante Culture) programme.

1. Academic programme for the 2010-2011 academic year

| | | |
|------------------------------|---|--|
| Experimental Sciences | Basic astronomy and geographical sciences (I) | Enrique Aparicio Arias |
| | Astronomy. A vision of the Universe | José Ángel Berna Galiano José Miguel Torrejón Vázquez |
| | Applied cartography: How to find one's way in the city and in the countryside | Enrique Aparicio Arias |
| | The climate change caused by human beings: truths, lies and uncertainties | Enrique Moltó Mantero |
| | Artistic graphic expression. Drawing (Level I) | Francisco Javier Esclapés Jover |
| | Artistic graphic expression. Acrylic paint | Francisco Javier Esclapés Jover |
| | Physics in our environment: What is it? What is it like? Why? Physics answers | Julio Víctor Santos Benito |
| | Physical and chemical foundations of cooking I | Rosa Torregrosa Maciá Miguel Molina Sabio |
| | Geology for all | Concepción Bru Ronda Rafael Pedauye González |
| | The network of flora micro-reserves in the areas of la Marina Alta, la Marina Baixa and el Comtat | Manuel Vicedo Martínez |
| | The network of flora micro-reserves in the areas of L'Alacantí, L'Alcoià and L'Alt Vinalopó | Manuel Vicedo Martínez |
| | The network of flora micro-reserves in the areas of El Vinalopó Mitjà, El Baix Vinalopó and La Vega Baja del Segura | Manuel Vicedo Martínez |
| | Healthy dwellings. Housing and its effect on occupants | Juan Ignacio García Santos Vicente Viana Martínez |

| | | |
|---------------------------------|--|---|
| Social and Legal Science | Conflicts of the Middle East II | Francisco J. Torres Alfosea |
| | Social changes: analysis of the recent changes in society | Raúl Ruiz Callado |
| | Law for non-jurists | Manuel Atienza Rodríguez |
| | The difficult path towards Europe: Spanish history in the 20th century | José A. Miranda Encarnación Miguel Sáez García |
| | Geography and conflicts of the Middle East | Francisco J. Torres Alfosea |
| | The Spanish income tax (IRPF) and the tax on inheritance and donations (ISD) with examples and practical cases | Juan A. Martínez Azuar Javier Sarasa |
| | The mass media: information and manipulation I | Jorge Sánchez Navas |
| | The mass media: information and manipulation II. How to get informed in the 21st century | Jorge Sánchez Navas |
| | Rome: politics, society and law | M ^a Aránzazu Calzada González |

| | | |
|-------------------|--|---|
| Humanities | Creative writing (I): initiation literary workshop | Emilia Gómez García |
| | Creative writing (II): development literary workshop | Emilia Gómez García |
| | Creative writing (III): new advanced literary workshop | Emilia Gómez García |
| | 01. English for beginners I | Nereida Congost David Benjamín Bell |
| | 02. English for beginners II | David Benjamin Bell |
| | 03. English for beginners III | Clive Bellis |
| | 04. Elementary English I | Isabel Balteiro Miguel A. Campos Pardillos |
| | 05. Elementary English II | Isabel Balteiro Pablo Pérez Contreras |
| | 06. Elementary English III | Víctor M. Pina Medina Pablo Pérez Contreras |
| | 07. Intermediate English I | Catalina Iliescu Gheorghiu Víctor M. Pina Medina |
| | 08. Intermediate English II | Catalina Iliescu Gheorghiu Víctor M. Pina Medina |
| | 09. Intermediate English III | Catalina Iliescu Gheorghiu Víctor M. Pina Medina |
| | 10. Advanced English | Catalina Iliescu Gheorghiu Víctor M. Pina Medina |
| | 12 - Basic communicative French Course I | Juan M. Gauchí Sendra |

| | | |
|---|---|---|
| Humanities | 13 - Basic communicative French Course (II) | Juan M. Gauchí Sendra |
| | 14 - Communicative French Course (III) | Christine Verna Haize María Isabel Corbí Saez |
| | 17 – Italian Language: basic level | Brunella Cira Valeria Patanè |
| | 18 – Italian Language: pre-intermediate level | Brunella Cira Valeria Patanè |
| | Alicante in the 20th century | Francisco Moreno Sáez |
| | Art and literature in the era of cathedrals I | Xavier Carro Rosende Rafael Navarro Mallebrera |
| | Art and literature in the era of cathedrals II | Xavier Carro Rosende Rafael Navarro Mallebrera |
| | The Bourbons in Spain: history and image of a dynasty | Inmaculada Fernández Arrillaga |
| | The Road to Santiago. Religiousness, culture and literature | Xavier Carro Rosende Rafael Navarro Mallebrera |
| | Cinema: Introduction to the 7th art: Learning how to see and understand cinema I | Fernando Embid Fernández |
| | Cinema: Introduction to the 7th art: Learning how to see and understand cinema II | Fernando Embid Fernández |
| | Cinema: Analysis workshop. Learning how to see and understand cinema III | Fernando Embid Fernández |
| | How to learn about history, travelling through our heritage | Manuel Benitez Bolorinos |
| | Understand and enjoy classical music I | Óscar A. Santacreu Fernández |
| | Getting to know Spain | M ^a José Santos |
| | Culture, literature and education for living together | Antonio Mula Franco |
| | The figure of the rebel in the classical myth: the meaning of rebelliousness in Prometheus and Oedipus. Helena, Antigone and Medea: three aspects of rebelliousness facing masculine domination | José Vicente Beviá Pastor |
| | Photography. An art. Its history. | Santiago Linares Albert |
| | The great masters of Baroque and Renaissance | Rafael Navarro Mallebrera |
| | History of Spain and the Valencian Autonomous Region | José Miguel Santacreu Soler |
| | The history of Rome in the 7th art: Cleopatra's charms and the fight between Octavius and Mark Anthony | Jaime Molina Vidal |
| | History and evolution of Alicante and its districts | Tomás M. Mazón Martínez |
| English through cinema, television and literature | Víctor M. Pina Medina | |

| | | |
|-------------------|--|--------------------------------|
| Humanities | Introduction to art | Rafael Navarro Mallebrera |
| | Introduction to contemporary art | Rafael Navarro Mallebrera |
| | Introduction to present human geography: challenges in a globalised world | Carlos Cortés Samper |
| | Children and young adults' literature. Recovering memory through tales. Remembering, creating and telling | Ramón Francisco Llorens García |
| | Nationalism and Romanticism in the Italian musical culture of the 19th century: Verdi's opera | Salvador Forner Muñoz |
| | Napoleon and Spain. Myths and history of the War of Independence | Rafael V. Zurita Aldeguer |
| | Ancient Mediterranean religions: from the pyramids to Christianity | Jaime Molina Vidal |
| | The return of the hero: the survival of ancient myths and rituals in folklore, stories and popular festivities | Ignacio Grau Mira |
| | Communicative English workshop I | José Ramón Belda Medina |
| | Communicative English workshop II | José Ramón Belda Medina |
| | Communicative English workshop III | José Ramón Belda Medina |
| | Three gazes from ancient Greece: its reflection in modern culture | José V. Beviá Pastor |

| | | |
|---------------------------------|--|--|
| Health and Social Action | Physical activity for health and quality of life | Lilyan Vega Ramírez |
| | Physical activities and gender stereotypes. Today's women and health | Lilyan Vega Ramírez |
| | Actions and basic cares before emergencies and different health-disease processes: theory and practice (I) | Manuel Lillo Crespo |
| | Healthy diet and responsible consumption | Carlos Puerta Sanz |
| | Biology: cellular foundations of disease | Nicolás Cuenca Navarro |
| | Interpersonal conflicts in daily life | Jasone Mondragón Lasagabaster |
| | Gymnastics of the body for a healthy mind | Juan Tortosa Martínez Lilyan Vega Ramírez |
| | Social skills | Antonio Vallés Arándiga |
| | Emotional intelligence | Antonio Vallés Arándiga |

| | | |
|---------------------------------|--|-------------------------|
| Health and Social Action | Emotional intelligence and personality | Antonio Vallés Arándiga |
| | Longevity with health and quality of life I: personal strategies | Alfonso Soler Gomis |
| | Longevity with health and quality of life II: advanced knowledge | Alfonso Soler Gomis |
| | Basic medicine: changes in the human body | Antonia Angulo Jerez |
| | Basic medicine: fundamentals of human pathology | Antonia Angulo Jerez |
| | Intelligent optimism | Antonio Vallés Arándiga |
| | Resilience and regulation of emotions | Antonio Vallés Arándiga |
| | Emotional health and psychological well-being | Antonio Vallés Arándiga |
| | Health and quality of life: gymnastics for the mind | Alberto Plaza Salán |

| | | |
|-----------------------------------|---|---|
| Computing, Image and Sound | Good habits in the maintenance and security of your computer (Windows XP) | Serge J. Georges Ramón |
| | Communicating and chatting on the Internet | Estela Saquete Boró |
| | Creation of a personal website (Weblog) | Juan A. Montoyo Guijarro |
| | From Windows XP with Vista to Windows 7 | Serge J. Georges Ramón |
| | Design with Power Point | Irene Sentana Gadea Eduardo Gras Moreno |
| | Explore the world and create your routes on the Internet | José Manuel Mira Martínez |
| | Digital album management | Rafael Muñoz Terol |
| | Computer-assisted management of household accounting | Patricio Martínez Barco |
| | Software management | María Paloma Moreda Pozo |
| | Recreational computing (digital image) | Juan Antonio Puchol García |
| | Internet (I): introduction to Internet Navigation | Rafael Muñoz Guillena Juan Carlos Trujillo Mondéjar |
| | Internet (II): navigation, downloads and electronic mail | Juan Ramón Rico Juan |
| | Internet, much more than surfing | Paloma Moreda Pozo |
| | Introduction to computing | Francisco José Mora Lizán Lorenzo Carbonell Soto Francisco Pujol López Mar Pujol López |

| | | |
|-----------------------------------|---|---|
| Computing, Image and Sound | Office I: Introduction to Word | Carlos José Villagrà Arnedo Francisco Martínez Pérez Mireia Sempere Tortosa Pilar Arques Corrales Rosana Satorre Cuerda |
| | Office I: Word (advanced) | Francisco Martínez Pérez Francisco Mora Lizán Carlos J. Villagrà Arnedo |
| | Office II: Excel | Rafael Molina Carmona Rosana Satorre Cuerda |
| | Photoshop: Digital retouching techniques | Maximiliano Saiz Noeda |
| | Photoshop II: Digital retouching and management | Maximiliano Saiz Noeda |
| | Advanced Power Point | Irene Sentana Gadea |
| | Free software. Linux | Fidel Aznar Gregori |
| | Online resources and services at UPUA | Antonio López Blanes |

2. Planning of the academic year and summary of the academic and administrative tasks performed

Throughout the academic year

- Maintenance of the Permanent University portal in:
 - Spanish <http://web.ua.es/upua/>
 - Valencian <http://web.ua.es/va/upua/universitat-permanent-de-la-universitat-d-alacant.html>
 - English <http://web.ua.es/va/upua/universitat-permanent-de-la-universitat-d-alacant.html>
- Development of the Permanent University Programme Evaluation and Quality Plan

A continuous evaluation system of the general academic programme –for each one of the disciplines and for the different teachers who collaborate in the programme– has been carried out since the 2003-04 academic year as part of the process of normalisation and formal recognition of University Programmes for Older Adults and within the framework of the [Spanish] National Association of University Programmes for Older Adults (*AEPUM*).

These evaluations, which are implemented through a system of personal questionnaires and using a number of computer applications, help to check the levels of adequacy, quality and improvement of the objectives and contents established within the training programme, and make it possible to deal more efficiently with the analyses and results of the studies and reports on lifelong learning inside the European Higher Education Area which are being prepared to be sent to the Spanish Ministry of Education later.

September 2010

- Enrolment. The number of students registered through the UNIVERSITAS XXI software programme was 1,317.

October 2010

- Solemn Opening Ceremony of the 2010-2011 academic year, celebrated on October 8th with the title “Teaching, learning and research at the Permanent University of the University of Alicante”. Concepción Bru Ronda presented the research carried out by Daniel Company Seva, UPUA Senior Graduate, “Notes about the origins of our civilisation. Sumer, Akkad, Babylon”. Furthermore, the opening lecture of the course, “Territory control in Palestine” was held by Francisco José Torres Alfosea, Professor of Regional Geographic Analysis and Physical Geography at the University of Alicante, in the Rafael Altamira Hall of the Alicante Town University Venue.

- Start of the classes on October 13th. Infrastructures: two computer rooms, one middle-sized classroom (for 35 people) and three large-sized classrooms at the *Aulario* (Classroom Building) III of the San Vicente Campus, along with other campus spaces used from time to time; apart from two computer rooms, five middle-sized classrooms, one classroom for 50 people and an Assembly Hall (for 90 people), as well as other spaces used occasionally at the Alicante Town University Venue.

- The programme offered students the chance to pre-select a total of 147 subjects. 133 subjects offered by the different departments and collaborating centres of the University of Alicante were finally imparted, with a final figure of 1,317 students registered at the whole list of subjects (date: May 24, 2011). The 104 themes proposed were distributed among different knowledge areas: Experimental Sciences; Social Sciences; Humanities (the largest section); Computing (the most often requested courses); Image and Sound; and Social Action.

January 2011

- Official announcement of the granting of scholarships to Permanent University students enrolled in the 2010-2011 academic year. Application period: January 10th to February 11th, 2011. Total number of applications presented: 33.

March 2011

- Request for academic proposals to the different UA Departments, so that the UPUA programme for the 2011-2012 academic year can be arranged by thematic areas.

May 2011

- Preparation of the provisional offer for the 2011-2012 academic year after having considered all the courses proposed by the UA departments.

- Elaboration of information brochures for pre-enrolment.

- Information sent to the institutions and bodies concerned.

June 2011

-Solemn Closing Ceremony of the 2010-2011 academic year. The event took place within the framework of the 4th Latin American Congress of University Programmes for Older Adults. After the speeches held by Carmen Palmero Cámara, Secretary of the Spanish National Association of University Programmes for Older Adults, Josefina Bueno Alonso, Deputy Vice-Chancellor for Extracurricular Activities of the University of Alicante and Concepción Bru Ronda, Head of the UPUA, the 58 graduate students of the 2010-2011 academic year received their *Diploma Senior*.

- Pre-enrolment. Students specify the subjects from the final study plan that they are interested in taking. The final number of pre-enrolled students amounted to 1,444.

July 2011

Preparation of the final offer for the 2011-2012 academic year after having considered the pre-registration developed in June, and elaboration and sending of documentation for registration in the next academic year.

3. Complementary activities specific to the Permanent University

All-year-round

The **EUCONET CLUB** started functioning in 2004 and has as its origin a project called EuCoNet (European Computer Network), which was subsidised by the European Community within the framework of the Socrates-Grundtvig programme, created to facilitate older adults' access to the Internet. Its main objective was to alleviate the reservations which prevent the European older adult population from using the multiple applications of computers. Likewise, people with a limited mobility could avoid the growing isolation which they are likely to suffer in modern society.

EuCoNet sought to connect senior citizens both digitally and physically, so that they can acquire on their own the capacity to communicate with one another using the new technologies. In a broader and more international sense, the EuCoNet project was meant to serve as a bridge between the different generations and as a link between the members of the various European cultures. The participation in that project led to the creation of the EuCoNet Club in the 2003-2004 academic year thanks to a group of voluntary UPUA students who were members of the EuCoNet international work and research group.

The specific objectives of the said club are: a) the creation of a Group of Tutors —a number of students with advanced knowledge in New Technologies who can tutor and guide the learning process of other older adults interested in this field. In this way, the students/collaborators help other students to start working with computers and overcome the fear of computers and tell them how to solve specific problems; b) the consolidation of a learning project oriented to all students interested in becoming familiar with computing and new technologies and getting involved in university activities; c) the development of specific work by the students themselves; d) the organisation of forums, debates and encounters with other study and self-learning groups; and e) participation in and support to groups that research into ICTs and blended learning.

The timetable for the EuCoNet Club for the 2010-2011 academic year was: Tuesdays and Thursdays, between 10 and 12am, at the Alicante Town University Venue. The number of students who participated during the present academic year was 83.

For further information: <http://www.proyectosupua.es/clubEuconet/en/index.html>

Permanent Seminar: French Conversations at the Alicante Town University Venue. The seminar is coordinated by Prof. Juan M. Gauchí and 25 students have participated. This initiative is addressed to students enrolled during the current 2010-2011 academic year in the subjects Basic communicative French II or III, or to those who have already acquired the necessary mastery of the French language in previous years, at UPUA or throughout their lives, and are interested in developing and intensifying their knowledge of this language and/or in the processes of social and cultural integration of the citizens and territories that use this language as a means of communication and expression.

The timetable for this seminar was: Thursdays, between 11.30 and 13.30am, in the Emilio Varela classroom of the Alicante Town University Venue.

Permanent Seminar: English and German Conversations at the Alicante Town University Venue. This initiative is directed to students enrolled in the intermediate and advanced levels of the English and German language subjects in the current 2010-2011 academic year or to those who have already acquired the necessary level of English or German in previous years, at UPUA or throughout their life, and are interested in developing and intensifying their knowledge of these languages and/or in the processes of social and cultural integration of the citizens and territories that use these languages as a means of communication and expression.

This seminar was held on Mondays, Tuesdays, Wednesdays and Fridays for English and on Thursdays for German, always between 11 and 12am. Students are divided into several groups according to the number of participants and their different levels. The place is the institutional classroom at the Alicante Town University Venue (on the first floor). The seminar was formed by 55 students in English and 6 students in German.

For further information: http://www.proyectosupua.es/index_en.html

Permanent Seminar: Italian Conversations at the Alicante Town University Venue. This initiative is addressed to students enrolled during the current 2010-2011 academic year in the subjects Italian Language: intermediate or advanced, or to those who have already acquired the necessary mastery of the Italian language in previous years, at the UPUA or throughout their life. The seminar was formed by 20 students.

The seminar was held in November and December, coordinated by Prof. Brunella Patane and taught by Prof. Rossella Antón Peti, on Tuesdays, between 11.00 and 12.00am, in the Emilio Varela classroom of the Alicante Town University Venue.

Permanent Seminar: Seniors and the Mass Media. The seminar is coordinated by the collaborating teachers of the Permanent University, Fernando Embid, M^a Dolores Berenguer and Irene Ramos, and it is placed within the framework of research activities, autonomous learning, personal development and voluntary organisation of UPUA and in collaboration with the Alicante Town University Venue.

This initiative is addressed to students enrolled during the 2010-2011 academic year, or in previous years, in subjects related to the context and objectives of the Seminar, who are interested in developing and intensifying the knowledge that they have already acquired. The long-term purpose of this seminar is to become an Analysis and Research Observatory which can propose changes and solutions in the treatment and perception of seniors by some segments of society in general and more precisely by the mass media.

The seminar was held on Fridays, between 11 and 13am, at the San Vicente Campus, classroom 1, *Aulario* (Classroom Building) III.

With regard to the working methodology, this is an interactive project with a very participative approach, divided into classroom sessions with theoretical contents and conceptual development; and other sessions with autonomous work carried out by the students, who have developed research and analysis skills, guided and coordinated by the professional experts, researchers and professors in charge of the seminar.

For further information: <http://www.proyectosupua.es/mayoresymedios/en/index.html>

Free books at the Town University Venue: In Collaboration with the UPUA Students and Alumni Association and the Alicante Town University Venue. "Bookcrossing" is a universal movement which promotes the selfless release of books in a place that is accessible to the public, hoping that anyone picks them up, reads them and maintains the movement, liberating at the same time another book within a generous and active exchange.

For further information: <http://www.proyectosupua.es/bookcrossing/en/index.html>

Activity planning

October 2010

-Visits to the Campus and to UPUA

On October 5th a group of seniors (10 persons) visited the San Vicente Campus and UPUA within the programme of Campus visits, an initiative of UPUA in cooperation with the Culture Department and the Consumers' Department of the Alicante Town Council.

-Poetry Recital. Homage to Miguel Hernández coinciding with the centenary of his birth and within the commemorative events of the 10th anniversary of UPUA

At *Club Información* (local newspaper), Doctor Rico Av. 17, the closing of the poetry cycle in homage to the poet Miguel Hernández was performed as a commemoration of the centenary of his birth. The event took place on October 29th with two performances: the first one at 11.00am and the second at 8.00pm.

-Theatre at the Permanent University

The theatre play "*Amor no me montes una escena (de amor)*" was performed on October 27th at 8.00pm at the *Parainfo* of the University of Alicante

November 2010

-Visits to the Campus and to UPUA

On November 16th a group of seniors (13 persons) visited the San Vicente Campus and UPUA within the programme of Campus visits, an initiative of UPUA in cooperation with the Culture Department and the Consumers' Department of the Alicante Town Council.

-Presentation of the short film "*La flor de las nieves*" and round table discussion

On November 8th at 8.00pm at *Club Información*, Doctor Rico Av. 17 and with a duration of 90 minutes. Cinema treatment of an emotional, intergenerational dialogue. The Permanent University of the University of Alicante developed this complementary activity together with *Club Información*. The activity dealt with the following aspects: love within couples, intergenerational relationships, loneliness, stereotypes about seniors, communication between old and young people, which were later analysed in a round-table discussion by UPUA teachers and professionals from diverse areas.

January 2011

-Tribute to Rafael Altamira

Within the centenary of Rafael Altamira's designation as favourite son of Alicante, and coinciding with the 60th anniversary of his death, which occurred in 1951, this series of lectures tried to cover the most important aspects of the work carried out by Rafael Altamira, who excelled in numerous fields of knowledge: History, Law, Teaching, Politics and Americanism, among others. Held from January 10th to 13th at the Alicante Town University Venue, Rafael Altamira hall.

-Celebration of “Saint Martino”, patron saint of UPUA.

The saint's day of Saint Martino (1120-1203) -declared patron saint of students in university programmes for older adults more than ten years ago- was celebrated on January 12th 2011. In the 2010-2011 academic year, the Permanent University of the University of Alicante joined this celebration, in which the commitment and the dedication of all students, teachers and staff of the *Diploma Senior* programme of the University of Alicante were celebrated. The event was officially inaugurated, on behalf of the Deputy Vice-Chancellor for Extracurricular Activities of the University of Alicante, by Jaime Ferrer Llorente, Professor of International Law of the University of Alicante, who presented the paper “Altamira, a jurist and a pacifist” and a commemorative lyrical concert was given by Dolores Delgado, soprano, at 11.00am at the *Parainfo* (assembly hall) of the University of Alicante.

March 2011

-Presentation of the Senior Portal

On March 28th at 11.00am, the *Universidad Politécnica* of Valencia presented the Senior Portal at the Rafael Altamira hall of the Alicante Town University Venue. This portal was created with the aim of training seniors in ICT and is equipped with online resources and tutorials that can be used for free by everyone interested in it. The activity duration was 1,5 hours and it also took place in the municipalities of Novelda and Alfàs del Pi.

April 2011

-Poetry meeting with Francisco Caro, winner of the “José Hierro” National Poetry Award in 2010

The poetry meeting with Francisco Caro took place on April 11th at 8.15pm at the Rafael Altamira hall of the Alicante Town University Venue. This activity was developed in collaboration with the Culture Secretariat of the University of Alicante and the Alicante Town University Venue.

June 2011

-Exhibition “Breaking stereotypes about the Elderly”

From June 1st to 30th at the hall of *Aulario II* of the San Vicente del Raspeig Campus. This action is situated within the activities of the Observatory Seniors and the Mass Media of the Permanent University and its aim is to contribute to the elimination of stereotypes and favour intergenerational dialogue.

-Exhibition “Brushstrokes of water and colour at UPUA”

The watercolour exhibition elaborated by students of the course “Artistic graphic expression” was shown from June 13th to July 15th at the Aifos hall of the University of Alicante. Directors: Javier Esclapés and Eduardo Berenguer. Organised by the Culture Secretariat of the UA.

-4th Latin American Congress of University Programmes for Older Adults – CIUUMM 2011. “Lifelong Learning, Active Ageing and International Cooperation”

The 4th Latin American Congress of University Programmes for Older Adults was celebrated from June 27th to 30th 2011 at the San Vicente del Raspeig Campus of the University of Alicante.

The congress was organised within the framework of national and international cooperation among research groups, universities and educational and social institutions related to training for older adults. The congress incorporated diverse perspectives and research works in the fields of Education, Gerontology, Sociology of Ageing and other subjects within Social Science,

Humanities, Health and New Technologies. Other aspects to highlight about the event include its interdisciplinarity and transnationality with the multilateral component that goes along with it.

The conference was structured in five lectures and three plenary sessions. Moreover, within the frame of three of the plenary lectures and one of the panels of experts, there were invited lectures, which were presented simultaneously and led to diverse and also simultaneous working sessions and paper presentations.

The theme areas in which the 4th Latin American Congress of University Programmes for Older Adults was structured, were the following:

-Institutionalisation and management

-Mobility, exchange, national and international cooperation: exchange and mobility programmes. Networks and national and international cooperation projects. University training for older adults in Europe. Innovation, research and cooperation.

-Teaching and academic organisation: Objectives and curricular design.

-Extension and participation: University extension. Senior students' participation.

-Teaching-learning methods. New technologies. Educational innovation: What type of teaching? What type of learning? Learning through research. ICT and seniors at university. Collaborative learning and creativity with older adults of the university programmes for older adults.

-Teaching innovation and good practices in older adults' training.

-Quality of university training for older adults: Decisive factors in programme and teaching quality

-Integration and intergenerationality: Intergenerational and integrated programmes. Evaluation of seniors' experience. Impact on university and society.

The congress was organised by the International Menéndez Pelayo University and the Spanish National Association of University Programmes for Older Adults - AEPUM. The sponsors were: the International Menéndez Pelayo University; the Spanish National Association of University Programmes for Older Adults – AEPUM; the Vice-Chancellorship for Extracurricular Activities of the University of Alicante; the Ministry of Health, Social Affairs and Equality – IMSERSO; the Latin American Studies Centre Mario Benedetti and the Municipal Tourism Board of Alicante.

4. Initiatives and national and international projects in which UPUA participates and collaborates

A. Throughout the academic year and in collaboration with AEPUM

- Maintenance of the AEPUM (Spanish National Association of University Programmes for Older Adults) portal

The Spanish National Association of University Programmes for Older Adults (Spanish initials *AEPUM*) appears as a university-oriented association which has as its essential aims to structure and enhance the educational university programmes that contribute to the formative and cultural development of seniors.

In order to achieve the above-mentioned aims, the Association seeks to encourage and develop dialogue and communication between Universities, Public Administrations and private institutions, and has consequently thought it appropriate to consolidate an institutional web page that can help to bring closer the different groups interested in lifelong learning and permit the transmission of transparent information and an effective collaboration between the members and honorary partners of AEPUM.

Availability and access to information about social development and educational policies in the different member states are increasingly evident and their reflection through the Internet is undeniable. The new Information and Communication Technologies (ICTs) are becoming more and more important in the European Union, which is why we want this website to encourage seniors to use ICTs, removing barriers and inequalities and incorporating them into this technological development.

For further information: <http://www.aepumayores.org/>

B. Student exchange programme

International

Erasmus Senior Exchange: This international exchange and mobility programme took place in June with a group of 10 students from the University of Alicante who travelled to the University of Bath to participate in the **Programme of Exchange and International Courses Abroad** within the agreements signed with English Universities.

A two-week intensive course with 40 teaching hours in the classroom and complementary activities focused on national and local English culture was developed between June 12th and June 25th, 2011. The stay and exchange were promoted within the framework of the agreement established between the Universities of Alicante and Bath.

C. UPUA participation in national activities

- Executive Meeting of SENDA

Participation in the executive meeting of the magazine: *SENDA para gente activa* that was held in Madrid on November 4th 2010.

- Conference on Associationism of University Programmes for Older Adults

Attendance at the Conference on Associationism of University Programmes for Older Adults that was celebrated in Murcia between November 3rd and 6th, 2010 with the motto: Results of quality of life and social importance of older adults at the universities.

- Technical Seminar “ICTs and University Programmes for Older Adults: update, challenges and proposals for the future”

Participation in the seminar organised by the University Programme for Older Adults of the Faculty of Education and Social Work *Pere Tarrés* of the Ramón Llull University of Barcelona on November 11th and 12th 2010.

- 2nd National Lifelong Learning Congress

Participation in the congress organised by the Sub-department of Lifelong Learning of the Ministry of Education in Madrid between November 24th and 26th 2010.



For further information: <http://www.educa-alv.es/elCongreso.php>

- Meeting of Valencian Public Universities to coordinate joint actions regarding University Programmes for Older Adults

On February 22nd 2011, Valencian Public Universities met to “unite efforts, optimise resources and management, and work in joint committees in order to respond to the challenges for older adults' training in the 21st century”. This meeting was organised by the University of Valencia and as a result of it, various conclusions were jointly presented seeking to steadily coordinate and bind the relations between Valencian programmes dedicated to persons over 55 years of age. The following actions were established as imminent goals: distribution of working commissions to promote the analysis of the present situation in the Valencian Region, finding ways of financing, communication and cooperation between programmes in terms of educational and research projects and possibilities for exchanges between the different programmes for older adults.

D. UPUA participation in international activities

- Lifelong Learning 2011 Infoday

Attendance at the information day on European Commission programmes concerning Lifelong Learning, organised in Brussels by the Directorate General for Education and Culture, Lifelong Learning Programme and Education, Audiovisual and Culture Executive Agency on November 15th.



For further information:

http://eacea.ec.europa.eu/llp/events/infodays_2011/infoday_llp_2011_en.php#programme

- Conference “New Trends in Adult Education”

Attendance at the information day organised on November 16th in Brussels by the Organisation Association VIDA (Intergenerational Valuation and Active Development) and jointly financed by the European Union – Grundtvig Programme.

For further information: <http://projectpaladin.eu/events/conference/>

- Preparatory visit for a Grundtvig project

The preparatory visit was organised in Bratislava from January 27th to 30th 2011 with the main objective of preparing the Grundtvig project proposal “*Seniors back in Game*” that was presented to the 2011 subsidy call. The visit also served as a meeting point for project partners, where they could present their institutions. The application for a learning partnership was elaborated during three days of intensive work.

- Final Conference on the Adult Learning Action Plan

“It’s always a good time to learn”

Coinciding with the first Hungarian Presidency of the European Union, the European Commission organised in Budapest, from March 7th to 9th, the final conference “It’s always a good time to learn” on the Adult Learning Action Plan.

The aim of this European conference was to evaluate the progress undertaken during three years of intensive European cooperation within the frame of adult learning policies and to revise the results obtained during the development of the Adult Learning Action Plan.

The European Commission invited the Permanent University of the University of Alicante to participate in the workshops with the paper “Spain’s University Programmes for Older Adults: Lifelong learning and active ageing”. The presentation contained an introduction on university programmes for older adults in Spain, the presentation of AEPUM for Europe and examples of

best practices in this type of programmes. The paper had great success among those present, as it offered the possibility of getting to know the activities and initiatives carried out in Spain within the framework of lifelong training, and more specifically in university programmes for older adults, unknown to most of the participants, who were mostly Ministers of Education and representatives of autonomous institutions of European educational programmes of Member States.

On the congress webpage <http://adultlearning-budapest2011.teamwork.fr/> you can find all the documentation, along with the presentations shown during the conference.

- First meeting of the CODEPAM project – Latin American workshops of university management in Guatemala

The meeting of this preparatory action was held at the Del Valle University of Guatemala from March 7th to 10th 2011 with representatives of the following universities:

- Del Valle University - Guatemala
- Permanent University of the University of Alicante - Spain
- National University of Catamarca - Argentina
- University of Costa Rica
- Pontificia Catholic University of Peru

During this first meeting of the cooperation project, the partner institutions presented their programmes with the aim of finding differences and common aspects. After these presentations, the partners developed proposals for a future research project.

In addition, the project website was shown as an initial result and as a communication and dissemination tool, and a work plan with task distribution for each university was prepared.

For further information: <http://www.proyectosupua.es/codepam/>

- EFOS meeting in Dresden

EFOS is a European federation of senior university students that includes as its members both universities and students. The EFOS meeting was held from April 6th to 9th 2011 in Dresden, Germany, offering a workshop with the title "The role of training for democracy in an ageing society". Furthermore, new financing possibilities, including the option of presenting a project within the Grundtvig programme of the European Union, were discussed.

For further information: <http://www.efos-europa.eu/>

- Second meeting of the CODEPAM project – Latin American workshops of university management in Alicante

The second meeting of the CODEPAM project took place at the University of Alicante and within the framework of the 4th Latin American Congress of University Programmes for Older Adults from June 26th to July 3rd 2011. Representatives of the following partner universities took part at this event:

- Permanent University of the University of Alicante – Spain
- Del Valle University – Guatemala
- National University of Catamarca - Argentina
- University of Costa Rica
- Pontificia Catholic University of Peru

The study visit included three parts:

1) Preparatory meeting for the Constitution of the Latin American Network of Universities for Older Adults

Taking advantage of the presence of 50 representatives of universities from 15 Latin American countries, the Constitution of a Latin American Network of Universities for Older Adults was prepared, in order to facilitate and increase transnational cooperation in this field.

2) Attendance and participation in the 4th Latin American Congress of University Programmes for Older Adults

The members of the CODEPAM project participated actively as experts in the congress, through the presentation of conferences, main papers and posters.

3) Study visit and working seminar of the CODEPAM group

The final version of the questionnaire on university programmes for older adults was presented within the working seminar. This survey, which will be carried out at different universities of every partner country, will serve to analyse and compare the educational situation in the field of older adults in Spain, Guatemala, Argentina, Costa Rica and Peru.

Moreover, the proposals regarding the pilot experience 'training trainers' made by the Del Valle University of Guatemala, and regarding the evaluation of impact of university programmes and educational experiences with older adults, presented by the University of Costa Rica, were analysed.

For further information: <http://www.proyectosupua.es/codepam/>

E. UPUA participation in projects

Participation in international projects 2010-2011

“Latin American workshops on university management. Actions for an experience exchange and cooperation for development within older adult education as mechanisms to achieve social inclusion and fight against poverty ”

Coordinating institution: Permanent University of the University of Alicante

Partner institutions: Del Valle University of Guatemala, University of Costa Rica, National University of Catamarca – Argentina, Pontificia Catholic University of Peru.

Project description:

The increase of university programmes for persons over 55 years of age is a great advance in this field, but it also implies numerous challenges. The dispersion, variety, approach, structure, financing, organisation and the evolution of all these programmes guarantee this preparatory action, which directs its efforts toward the promotion of an integrated action for institutional strengthening with an Academic Network for International Cooperation, Development, Research and Training for older adults.

The network of universities and researchers in the field of continuous training and cooperation will create an alliance of research groups in Spain and Latin America that will be both multidisciplinary and transdisciplinary. It is set out as an academic-scientific reference that can coordinate not only the university community, but also the social and institutional agents interested in this field. A dissemination and information platform will be established, in order to create knowledge about cooperation in research and training for older adults, and share and transfer the results to the national and international cooperation agencies and to the institutions responsible for the continuous training policies and programmes in every country.

The preparatory action has therefore a long term mission that is now specified in the Latin American workshops of university management and actions focused on the exchange of best practices and cooperation for development within older adult education as mechanisms to achieve social inclusion and fight against poverty. Essentially, it is structured in training activities, study visits and meetings and dissemination of the results.

Subsidy call: Programme of inter-university cooperation and scientific research (PCI-AECID). Spanish Ministry of Foreign Affairs.

Length: February 2011 – January 2012 (12 months)

Participation in 2010-2011 national subsidy calls. Project proposals

- Promotion of physical activity for sedentary older adults as a factor of biological and social health

Coordinating institution: Permanent University of the University of Alicante - Spain

Subsidy call: Sports Council. Projects on sports, creativity and social inclusion. Modality: Projects laboratory.

Length: 12 months (2011-2012). Resolution: Rejected

- Healthy ageing. Programme for promoting integral health in older adults. Personal autonomy in health.

Coordinating institution: Permanent University of the University of Alicante - Spain

Subsidy call: Subsidy call for scientific research, development and technological innovation projects – Ministry of Health, Social Affairs and Equality.

Length: January 2012-December 2012. Resolution: End of 2011.

- Actions for training older adults' trainers

Coordinating institution: Permanent University of the University of Alicante - Spain

Subsidy call: Subsidy call for financing university cooperation projects at the University of Alicante

Length: September 2011 - July 2012. Resolution: September 2011.

Participation in 2010-2011 international subsidy calls. Project proposals

- TEAM4ALL – Training professionals to exploit, enhance and manage dyslexic-friendly ICTS

Coordinating institution: Romanian society for lifelong learning - Romania

Subsidy call: Leonardo da Vinci – Multilateral Innovation Transfer Projects – Lifelong Learning Programme of the European Union.

Length: 2 years, 2011- 2013. Resolution: Rejected.

- Lifestyles revisited: Educational experiments in intergenerational environments

Coordinating institution: Zebra formations ASBL – Belgium

Subsidy call: Grundtvig Learning Partnerships – Lifelong Learning Programme of the European Union.

Length: August 2011 – July 2013. Resolution: Accepted.

- Seniors back in game

Coordinating institution: North Karelia municipal education and training consortium, North Karelia summer university - Finland

Subsidy call: Grundtvig Learning Partnerships – Lifelong Learning Programme of the European Union.

Length: September 2011 – August 2013. Resolution: Rejected.

- CRENELL – Creating a Russian University network for lifelong learning

Coordinating institution: Czech Technical University in Prague – Czech Republic

Subsidy call: Tempus IV - 4th Call for proposals.

Length: 3 years. 2011-2014. Resolution: Rejected.

- Volunteering blooming in Europe!

Coordinating institution: C.E.S.I.E. - Italy

Subsidy call: 'Europe for the citizens' programme. Action 2: Active civil society in Europe. Measure 3: Support to projects initiated by civil society organisations

Length: 18 months (2011-2012). Resolution: Accepted.

- LICO – Learning Coach in Adult Education

Coordinating institution: *lir associazione idee in rete* - Italy

Subsidy call: Grundtvig Multilateral Projects – Lifelong Learning Programme of the European Union.

Length: January 2012 – June 2014. Resolution: Accepted.

- SenVolEx – Seniors’ volunteering for learning, interaction and intercultural exchange

Coordinating institution: *Institutul de educatie a adultilor* - Romania

Subsidy call: Grundtvig Senior Volunteering Projects – Lifelong Learning Programme of the European Union.

Length: August 2011 – July 2013. Resolution: Rejected.

- NICC - Toward a Common Policy for the Certification of Non-formal and Informal Competences

Coordinating institution: Euro Union Consult ASBL – Belgium

Subsidy call: Transversal Programme KA1 – Support for European cooperation in Education and Training – Lifelong Learning Programme of the European Union.

Length: January 2012 - July 2013. Resolution: November 2011.

5. Extracurricular activities and culture

The Permanent University offers a wide range of complementary activities addressed to the whole university community (where UPUA students belong) in cooperation with the Culture Secretariat of the Deputy Vice-Chancellor's Office for Extracurricular Activities. These complementary activities represent an enlargement of the academic programme and favour the personal development of students as well as intergenerational relationships.

They include lectures, seminars, exhibitions, theatre, cinema, recitals, concerts, workshops and a great variety of cultural activities which are offered within the annual programme to students enrolled in university subjects during both semesters. Information about the programme, enrolment conditions and time periods can be found at: <http://www.ua.es/en/upua/>.

A broad complementary and extracurricular activity scheme is developed within the UPUA programme in collaboration with:

- the UA Culture Secretariat,
- Cocentaina, La Nucía and Villena University Venues,
- the Municipalities of Novelda and L'Alfàs del Pi,
- the Students and Alumni Association of the Permanent University,
- *Teatro Principal* (Main Theatre) of Alicante, and
- *Club Información* (local newspaper).

A – Collaboration at Cocentaina, La Nucía and Villena University Venues and at the Municipalities of Novelda and l'Alfàs del Pi.

Due to the evolution of social reality in the last ten years, teaching programmes for older adults have made a lot of progress, to such an extent that they are already functioning satisfactorily in forty-seven Spanish universities. The *LOU* (Organic Law of Universities) in its Preliminary Title, as well as in Title VI, refers to the existence and development of these studies at universities within the framework of their competences. In accordance with that, the universities have bet on boosting and reinforcing these academic programmes under the protection of the so-called 'State of the Autonomous Communities [Regions]'. This has meant an impulse for these programmes from Town Councils and from the Education, Culture and Social Welfare (Regional) Departments that are interested in developing these programmes, which are also being extended to geographical areas without university centres.

Along the same lines, Permanent University courses will be extended and reach rural areas as well as regions inhabited by foreign residents in the Alicante province as often as possible. Subjects addressed to national and foreign residents in rural areas and in tourist areas with a

considerable volume of population from non-EU countries are taught with the collaboration of Cocentaina, La Nucía and Villena University Venues.

In addition to generic themes, the programmes offered in these municipalities include specific subjects for foreigners and residents in the area, thus following the agreements reached in each geographical area. The massive arrival of foreign residents in this Autonomous Region shows the recognition earned by this initiative undertaken by the University of Alicante, which will undoubtedly help to strengthen the cultural links between all European Union citizens.

La Nucía University Venue

Academic programme imparted during the 2010-2011 academic year

| COURSE | TEACHER |
|---------------------------------|---------------------|
| Oral communication techniques I | Antonio Mula Franco |

Villena University Venue

Academic programme imparted during the 2010-2011 academic year

| COURSE | TEACHER |
|--|--|
| An Introduction to Computer Science | Fco. Mora Lizán and Javier Gallego Sánchez |
| Communicating and Chatting on the Internet | Estela Saquete and Irene Garrigós |

Municipality of Novelda

Academic programme imparted during the 2010-2011 academic year

| COURSE | TEACHER |
|--|----------------------|
| Literary Creation Workshop: Writing and Reading II | Ramón Llorens García |
| Understand and enjoy classical music I | Óscar Santacreu |
| Oral communication techniques II | Antonio Mula Franco |

Municipality of L'alfàs del Pi

Academic programme imparted during the 2010-2011 academic year

| COURSE | TEACHER |
|-------------------------------|----------------------|
| Literary Creation Workshop II | Ramón Llorens García |

B – Complementary activities developed by UPUA in collaboration with the UPUA Students and Alumni Association

“La Permanente” magazine

- With three-monthly issues and a print run of 500 copies, this magazine informs about activities and events organised by the Association of Students and Alumni, and includes interviews with people linked to the University, the world of culture, and society, It contains articles on various issues, both cultural and informative. Documents written by the students themselves are also made known.

EuCoNet Club

Active participation in this Club - which arose from the European project of the same name and has as its aim to bring New Technologies closer to seniors, with a special focus on Internet navigation learning. It functions through the help that advanced students voluntarily give to other students who wish to become familiar with computers or broaden their knowledge in this field.

Courses

- **9th Summer courses** taught at the Alicante Town University Venue from 6.00pm to 8.00pm:

- “Origami”: from September 13th to 16th 2010.
- “Digital Photography: Portrait”: from September 20th to 23rd 2010 imparted by José Deltell.
- “Hominids' Origin and Evolution”: from September 27th to 30th 2010 taught by Ana Isabel Martínez.

- **“Islam” Seminar.** Taught by Rafael Pla Penalva, collaborating teacher at the Permanent University, on April 15th, 18th, 19th and 20th at the Rafael Altamira hall of the Alicante Town University Venue, from 5.00pm to 8.00pm. The seminar concluded with a cultural visit to the Holy Land that was carried out from April 25th to May 2nd, visiting Nazareth, Petra, Jericho, the Dead Sea and Bethlehem, amongst other places.

Competitions

- **3rd “Otoños” [Autumns] competition of tales, poems, photography in colour and in black and white.** The aim of this competition was to provide students at university programmes for older adults in Spain with an opportunity to present their creations, both in literature and in photography, and obtain an award that should motivate them to continue with their work.

Visits and cultural itineraries

Trip to Tarragona with José Luis Simón, teacher at the Permanent University, from October 14th to 17th 2010, visiting not only Roman and Modern Tarragona but also the Monastery of Poblet, the Ebro delta and Tortosa.

Trip to Barcelona during the weekend from December 10th to 12th 2010. The group visited the Picasso Museum, the Sagrada Familia, medieval Barcelona, Park Güell and Montjuic.

Excursion to Elche, on Saturday, January 15th 2011, with the teacher Rafael Martínez, visiting the museums in this city.

Trip to the Spa Hotel Sicilia in Jaraba (Zaragoza) from May 29th to June 3rd 2011, visiting Daroca, Sigüenza, Ateca and the Stone Monastery.

End-of-term trip from June 21st to 15th 2011 to Krakow, a city declared as 'World Heritage Site' by UNESCO.

6. Prizes and awards received

- Honour Plaque of the Scientific, Literary and Artistic Association of Alicante

The Permanent University of the University of Alicante received the Honours Plaque of the Scientific, Literary and Artistic Association of Alicante within the frame of the 12th Culture Gala celebrated in the Felipe II hall of Santa Barbara Castle on May 13th. The event counted with the presence of the Deputy Vice-chancellor for Extracurricular Activities, Josefina Bueno, the head of UPUA, Concha Bru, and the president of the Students and Alumni Association of the Permanent University, María Luisa Mataix.

The decision to give the Honour Plaque – the highest award given by this cultural institution – to UPUA was made unanimously, both at the Directors' meeting and in the subsequent Ordinary General Assembly of the Association, chaired by María Isabel Berna, for: “the work that is done to support older adults' training”.

- SENDA Award for the University Area

The Spanish National Association of University Programmes for Older Adults, AEPUM, which is currently presided by the Permanent University of the University of Alicante, UPUA, received the SENDA Award for the University Area.

The jury considered “the work carried out by the AEPUM for lifelong learning and its contribution to older adults' personal development through knowledge acquisition”.

Organised by the Senda Communication group, these awards that are celebrating their 2nd edition recognise the work of institutions, companies and professionals who make an effort to improve older and dependent adults' quality of life and favour their personal autonomy and active ageing.

The official award giving took place at the Hotel Intercontinental, Madrid, on June 8th at 8.00pm. Concha Bru, the head of the Permanent University, attended on behalf of the Vice-Chancellor and the University of Alicante.

- 14th Denia Honour Award

The Permanent University of the University of Alicante (UPUA) obtained the 14th Denia Honour Award for older adult training on June 10th. This event took place at the plenary hall of the town hall at 8.00pm with the chairwoman Ana Kringe, mayoress of the town. Concepción Bru Ronda, head of the UPUA, received the award on behalf of the University of Alicante. After the award giving, Rafael Castelló Cogollos, teacher at the University of Valencia, gave a lecture on «*Educació Permanent i plans locals*» (*Continuous Education and local plans*).

The Denia Honour Award acknowledges the work done by the Permanent University, especially for “its defence and promotion of a critical, active, popular and Valencian continuous education and training, where the improvement, activity and consolidation of lifelong learning from a socio-political option and educational, scientific and sociocultural dimension, are boosted and developed.”

Appendix I

Financing of the 2010-2011 Academic Programme

Financial data 2010/2011

| | |
|-------------------------------|--------------|
| University of Alicante | 152,678.24 € |
| University Venues | 6,709.74 € |
| Projects | 43,400.00 € |
| Fees | 201,976.19 € |

Grants given by UPUA in 2010/2011

| ID Number | Student | Subjects | Pass | Grant |
|------------------|---|-----------------|-------------|--------------|
| 21357838-S | Aguilella Salvador, Vicente | 4 | 4 | 192.00 € |
| 21356004-K | Alcaraz Company, Rafaela | 4 | 4 | 192.00 € |
| 74143586-G | Andreu Vaillo, Carmen | 5 | 5 | 240.00 € |
| 03061305-M | Azagra Pérez, M ^a Pilar Asunción | 5 | 5 | 240.00 € |
| 05051211-C | Bautista Ortega, Miguel | 5 | 5 | 240.00 € |
| 21335520-F | Berenguer Ripoll, Luisa | 5 | 5 | 240.00 € |
| 21619883-K | Blanes Colomina, M ^a Carmen | 5 | 5 | 240.00 € |
| 21303059-E | Blasco Izquierdo, Francisco | 5 | 5 | 240.00 € |
| 22316740-R | Calpena Hernández, Antonio | 4 | 4 | 192.00 € |
| 00253664-C | Cutillas Aznarez, Aurora | 4 | 4 | 192.00 € |
| 21360685-X | Cremades Peral, M ^a Luisa | 5 | 5 | 240.00 € |
| 21622921-T | De Miguel Lucendo, Angelina | 4 | 4 | 192.00 € |
| 21493475-K | Eisenberg Kostinkisky, Alicia | 5 | 5 | 240.00 € |
| 21913282-D | Funes González, Justo | 5 | 4 | 192.00 € |
| 50137566-G | García Hernández, Ramos | 5 | 5 | 240.00 € |
| 00557463-W | García Martín, Josefina | 4 | 4 | 192.00 € |
| 21355782-Y | García Torres, M ^a Iluminada | 5 | 5 | 240.00 € |
| 21172328-T | Gimeno Peris, Juan | 5 | 5 | 240.00 € |
| X0282764-W | Lee Park, Chun Sim | 4 | 4 | 192.00 € |
| 74146399-B | Marin Martínez, Arminda | 5 | 5 | 240.00 € |
| 21624947-W | Miralles Ferri, Iris | 4 | 4 | 192.00 € |
| 74203780-F | Navarro Yagües, M ^a Carmen | 4 | 4 | 192.00 € |
| 21394226-V | Nieto Bobadilla, Jesús Manuel | 4 | 4 | 192.00 € |
| 00022051-V | Reguera González, Marcelina | 4 | 4 | 240.00 € |
| 73094820-S | Sacramento Aznar, Fernando | 5 | 5 | 240.00 € |
| 14227387-R | Sáez De Magarola Del Campo, Inmaculada | 4 | 4 | 192.00 € |
| 21342720-P | Villalta Pérez, M ^a Consuelo | 5 | 5 | 240.00 € |
| | | | | 5,856.00 € |

Appendix II

Students enrolled in the 2010-2011 UPUA programme by subjects

| CODE | SUBJECT | STUDENTS |
|-------------|--|-----------------|
| 90548 | THE NETWORK OF FLORA MICRORESERVES IN VINALOPÓ MITJÀ, BAIX VINALOPÓ, VEGA BAJA DEL SEGURA | 24 |
| 90568 | INTRODUCTION TO PRESENT HUMAN GEOGRAPHY: CHALLENGES OF A GLOBALISED WORLD | 17 |
| 90601 | EMOTIONAL HEALTH AND PSYCHOLOGICAL WELL-BEING | 76 |
| 90633 | GETTING TO KNOW SPAIN | 49 |
| 90641 | ADVANCED POWER POINT | 24 |
| 90643 | COMMUNICATIVE ENGLISH WORKSHOP I | 23 |
| 90239 | HISTORY OF SPAIN AND THE VALENCIAN REGION | 13 |
| 90275 | OFFICE II: EXCEL | 19 |
| 90353 | 12 – BASIC COMMUNICATIVE FRENCH (I) | 27 |
| 90356 | DESIGN WITH POWER POINT | 47 |
| 90398 | RELIGIONS IN ANTIQUITY: FROM THE PYRAMIDS TO CHRISTIANITY | 30 |
| 90414 | PHOTOSHOP: DIGITAL RETOUCHING TECHNIQUES | 48 |
| 90415 | HISTORY AND EVOLUTION OF ALICANTE AND ITS QUARTERS | 10 |
| 90431 | SOCIAL CHANGES: ANALYSIS OF RECENT TRANSFORMATIONS IN THE SPANISH SOCIETY | 25 |
| 90449 | 18 – ITALIAN LANGUAGE: BASIC LEVEL | 11 |
| 90543 | THE RETURN OF THE HERO: THE SURVIVAL OF ANCIENT MYTHS AND RITUALS IN FOLKLORE | 19 |
| 90550 | PHOTOGRAPHY. AN ART, ITS HISTORY | 28 |
| 90574 | BIOLOGY: CELLULAR ORIGINS OF DISEASE | 10 |
| 90610 | HEALTH AND QUALITY OF LIFE: GYMNASTICS FOR THE MIND | 22 |
| 90636 | GEOLOGY FOR ALL | 49 |
| 90638 | INTERNET, MUCH MORE THAN SURFING | 67 |
| 90639 | THE FIGURE OF THE REBEL IN THE CLASSICAL MYTH: THE MEANING OF REBELLIOUSNESS IN PROMETHEUS | 70 |
| 90646 | HEALTHY DWELLINGS. HOUSING AND ITS EFFECT ON OCCUPANTS | 26 |
| 90247 | HEALTHY DIET AND RESPONSIBLE CONSUMPTION | 27 |
| 90250 | LAW FOR NON-JURISTS I | 24 |
| 90266 | CREATIVE WRITING (I): INITIAL LITERARY WORKSHOP | 30 |
| 90302 | 06-BASIC ENGLISH III | 38 |
| 90306 | THE MASS MEDIA: INFORMATION AND MANIPULATION I | 30 |
| 90432 | THE GREAT MASTERS OF BAROQUE AND RENAISSANCE | 50 |
| 90438 | INTENSIFICATION HUMANITIES I. | 25 |
| 90448 | 17 – ITALIAN LANGUAGE: BASIC LEVEL | 15 |

| CODE | SUBJECT | STUDENTS |
|-------|---|----------|
| 90520 | INTELLIGENT OPTIMISM | 50 |
| 90521 | ART AND LITERATURE IN THE ERA OF CATHEDRALS I | 50 |
| 90540 | INTENSIFICATION ENGLISH | 50 |
| 90575 | GOOD HABITS IN THE MAINTENANCE AND SECURITY OF YOUR COMPUTER (WINDOWS XP) | 38 |
| 90615 | NAPOLEON AND SPAIN. MYTHS AND HISTORY OF THE WAR OF INDEPENDENCE | 20 |
| 90304 | LONGEVITY WITH HEALTH AND QUALITY OF LIFE (I): PERSONAL STRATEGIES | 30 |
| 90375 | 02-ENGLISH FOR BEGINNERS II | 67 |
| 90378 | 07-INTERMEDIATE ENGLISH I | 27 |
| 90392 | 03-ENGLISH FOR BEGINNERS III | 64 |
| 90404 | CINEMA: INTRODUCTION TO THE 7TH ART: LEARNING TO SEE AND UNDERSTAND CINEMA II | 20 |
| 90408 | THE DIFFICULT WAY TOWARDS EUROPE: HISTORY OF SPAIN IN THE 20TH CENTURY | 31 |
| 90467 | EMOTIONAL INTELLIGENCE AND PERSONALITY | 54 |
| 90478 | PHOTOSHOP II: RETOUCHING AND DIGITAL MANAGEMENT | 24 |
| 90523 | DIGITAL ALBUM MANAGEMENT | 22 |
| 90541 | INTENSIFICATION FRENCH | 25 |
| 90573 | ART AND LITERATURE IN THE ERA OF CATHEDRALS II | 43 |
| 90627 | CULTURE, LITERATURE AND EDUCATION FOR LIVING TOGETHER | 48 |
| 90634 | ARTISTIC GRAPHIC EXPRESSION: PAINTING WITH WATERCOLOURS | 20 |
| 90241 | INTERNET (II): BROWSING, DOWNLOADS AND ELECTRONIC MAIL | 22 |
| 90256 | BASIC ASTRONOMY AND GEOGRAPHICAL SCIENCES (I) | 18 |
| 90277 | INTERNET (I): INTRODUCTION TO BROWSING AND ELECTRONIC MAIL | 70 |
| 90296 | RECREATIONAL COMPUTING (DIGITAL IMAGE) | 22 |
| 90297 | OFFICE I: INTRODUCTION TO WORD | 33 |
| 90335 | COMPUTER-ASSISTED MANAGEMENT OF HOUSEHOLD ACCOUNTING | 19 |
| 90451 | HOW TO LEARN ABOUT HISTORY, TRAVELLING THROUGH OUR HERITAGE | 12 |
| 90454 | CREATION OF A PERSONAL WEBSITE (WEBLOG) | 22 |
| 90564 | PHYSICAL ACTIVITY FOR HEALTH AND QUALITY OF LIFE | 25 |
| 90565 | THE NETWORK OF FLORA MICRORESERVES IN THE AREAS OF L'ALACANTÍ, L'ALCOIÀ, L'ALT VINALOPÓ | 21 |
| 90566 | CREATIVE WRITING (III): NEW CONSOLIDATION LITERARY WORKSHOP. THE TALE AND ITS GENRES | 28 |
| 90596 | LITERARY CREATION WORKSHOP: WRITING AND READING (II) | 26 |
| 90612 | EXPLORE THE WORLD AND CREATE ROUTES THROUGH THE INTERNET | 14 |
| 90616 | THREE GAZES FROM ANCIENT GREECE; ITS REFLECTION IN MODERN CULTURE | 53 |

| CODE | SUBJECT | STUDENTS |
|-------|--|----------|
| 90628 | ENGLISH THROUGH CINEMA, TELEVISION AND LITERATURE | 30 |
| 90642 | RESILIENCE AND REGULATION OF EMOTIONS | 58 |
| 90237 | APPLIED CARTOGRAPHY: HOW TO FIND ONE'S WAY IN THE CITY AND IN THE COUNTRYSIDE | 12 |
| 90254 | CINEMA: INTRODUCTION TO THE 7TH ART: LEARN TO SEE AND UNDERSTAND CINEMA I | 38 |
| 90310 | ASTRONOMY. A VISION OF THE UNIVERSE | 25 |
| 90360 | EMOTIONAL INTELLIGENCE | 92 |
| 90439 | INTENSIFICATION HUMANITIES II. | 23 |
| 90446 | COMMUNICATING AND CHATTING ON THE INTERNET | 20 |
| 90555 | BASIC MEDICINE: CHANGES IN THE HUMAN BODY | 14 |
| 90589 | UPUA ONLINE RESOURCES AND SERVICES | 176 |
| 90608 | FROM XP WITH VISTA TO WINDOWS 7 | 43 |
| 90613 | THE MASS MEDIA: INFORMATION AND MANIPULATION II. HOW TO GET INFORMED IN THE 21ST CENTURY | 21 |
| 90640 | NATIONALISM AND ROMANTICISM IN THE ITALIAN MUSICAL CULTURE OF THE 19TH CENTURY: VERDI'S OPERA | 54 |
| 90644 | COMMUNICATIVE ENGLISH WORKSHOP II | 19 |
| 90212 | LONGEVITY WITH HEALTH AND QUALITY OF LIFE (II): ADVANCED KNOWLEDGE | 24 |
| 90271 | COMMUNICATION TECHNIQUES I. ORAL EXPRESSION | 13 |
| 90294 | 14 – COMMUNICATIVE FRENCH (III) | 20 |
| 90374 | 01-ENGLISH FOR BEGINNERS I | 67 |
| 90382 | ALICANTE IN THE 20TH CENTURY | 28 |
| 90384 | 13 – BASIC COMMUNICATIVE FRENCH (II) | 30 |
| 90421 | PHYSICS IN OUR ENVIRONMENT: WHAT IS IT? HOW...? WHY...? PHYSICS ANSWERS | 10 |
| 90440 | INTENSIFICATION IN SOCIAL AND LEGAL SCIENCE I. | 6 |
| 90461 | ARTISTIC GRAPHIC EXPRESSION: DRAWING (LEVEL 1) | 19 |
| 90462 | FREE SOFTWARE. LINUX | 11 |
| 90527 | SOFTWARE MANAGEMENT | 18 |
| 90528 | ROME: POLITICS, SOCIETY AND LAW | 21 |
| 90609 | CONFLICTS OF THE MIDDLE EAST II | 30 |
| 90620 | BASIC MEDICINE: BASES OF HUMAN PATHOLOGY | 15 |
| 90649 | THE SPANISH INCOME TAX (IRPF) AND THE TAX ON INHERITANCE AND DONATIONS (ISD) WITH EXAMPLES AND PRACTICAL CASES | 12 |
| 90635 | PHYSICAL AND CHEMICAL FOUNDATIONS OF COOKING | 25 |
| 90201 | INTRODUCTION TO CONTEMPORARY ART | 45 |

| CODE | SUBJECT | STUDENTS |
|-------------|--|-----------------|
| 90234 | CREATIVE WRITING (II): DEVELOPMENT LITERARY WORKSHOP | 20 |
| 90263 | THE ROAD TO SANTIAGO: RELIGIOUSNESS, CULTURE AND LITERATURE | 67 |
| 90281 | INTRODUCTION TO COMPUTING | 87 |
| 90340 | INTRODUCTION TO ART | 49 |
| 90361 | SOCIAL SKILLS | 19 |
| 90377 | 05-BASIC ENGLISH II | 45 |
| 90379 | 08-INTERMEDIATE ENGLISH II | 25 |
| 90407 | OFFICE I: WORD (ADVANCED) | 15 |
| 90427 | CHILDREN AND YOUNG ADULTS' LITERATURE. RECOVERING MEMORY THROUGH TALES. REMEMBERING, CREATING AND TELLING | 25 |
| 90430 | THE BOURBONS IN SPAIN: HISTORY AND IMAGE OF A DYNASTY | 29 |
| 90442 | INTENSIFICATION IN COMPUTING, IMAGE AND SOUND I. | 83 |
| 90447 | 10-ADVANCED ENGLISH | 18 |
| 90526 | CINEMA: ANALYSIS WORKSHOP. LEARNING TO SEE AND UNDERSTAND CINEMA III | 23 |
| 90549 | THE NETWORK OF FLORA MICRORESERVES IN THE AREAS OF M.ALTA, MARINA, COMTAT | 21 |
| 90554 | GEOGRAPHY AND CONFLICTS OF THE MIDDLE EAST | 70 |
| 90602 | THE CLIMATE CHANGE CAUSED BY HUMAN BEINGS: TRUTHS, LIES AND UNCERTAINTIES | 16 |
| 90614 | ACTIONS AND BASIC CARES BEFORE EMERGENCIES AND DIFFERENT HEALTH-DISEASE PROCESSES: THEORY AND PRACTICE (I) | 12 |
| 90630 | PHYSICAL ACTIVITY AND GENDER STEREOTYPES. TODAY'S WOMEN AND HEALTH | 13 |
| 90637 | GYMNASTICS OF THE BODY FOR A HEALTHY MIND | 64 |
| 90645 | COMMUNICATIVE ENGLISH WORKSHOP III | 19 |
| 90252 | UNDERSTAND AND ENJOY CLASSICAL MUSIC I | 45 |
| 90290 | INTERPERSONAL CONFLICTS IN DAILY LIFE | 26 |
| 90292 | ORAL COMMUNICATION TECHNIQUES II: FROM SPEAKING TO WRITING | 18 |
| 90342 | THE HISTORY OF ROME IN THE 7TH ART: CLEOPATRA'S CHARM AND THE FIGHT BETWEEN OCTAVIUS AND MARC ANTHONY | 21 |
| 90376 | 04-BASIC ENGLISH I | 46 |
| 90420 | 09- INTERMEDIATE ENGLISH III | 13 |

Appendix III

**General graphs and statistics
2010-2011**





