

## ENROLMENT PROCEDURE

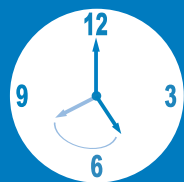


The enrolment process consists of the following stages:

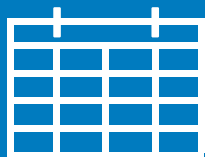
- **PRE-ENROLMENT**
  - Online (in June)
- **ENROLMENT**
  - Online (in September)
  - Face-to-face (from October)

Those who are interested must enrol in at least 2 subjects which have a duration of 40 teaching hours, equivalent to 4 credits, each.

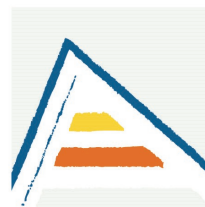
## CLASS SCHEDULE



Classes are mostly taught between 5 and 8pm, even though there are subjects and activities of a theoretical and practical nature which are developed in the mornings or on Saturdays.



Classes are distributed between 2 or 3 alternate days per week, according to the overall programme of the academic year and the subjects chosen by students.



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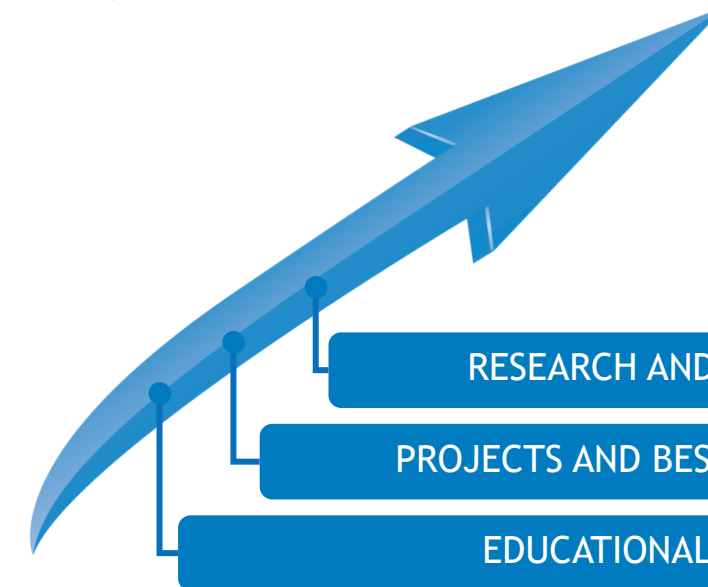


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**PERMANENT TRAINING**  
**ACTIVE CITIZENSHIP**

**IT'S NEVER TOO LATE TO LEARN**



**ENJOY KNOWLEDGE**



### PERMANENT UNIVERSITY UNIVERSITY OF ALICANTE

#### ALICANTE TOWN UNIVERSITY VENUE

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#### UNIVERSITY OF ALICANTE

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## PRESENTATION

The Permanent University of the University of Alicante is a scientific, cultural and social development programme aimed at promoting Science and Culture, at the same time as intergenerational relationships, with the aims of improving seniors' quality of life and encouraging their participation as social dynamisers.

UPUA' Senior Diploma Programme is placed within the framework of specific university teaching for older adults and tries to meet needs such as:

- deepening into knowledge democratisation
- offsetting inequalities
- seniors' integration and active participation in society
- promotion of intra- and inter-generational relationships which help to maintain quality of life, along with the creation and diversification of options to continue leading an active life in out-of-work contexts.

## PROGRAMME CHARACTERISTICS

Designed by teaching staff belonging to the knowledge areas of the University of Alicante, collaborating centres and specialists. It is an open programme with a wide offer of subjects structured around the following areas:

### Experimental Sciences

- Sciences
- Drawing
- Natural resources and environment

### Social and Legal Sciences

- Communication and media
- Law, economics, politics and religion
- Geography, territory and tourism

### Humanities

- History
- Art and heritage
- Language
- Literature, music and cinema

### Computing, Image and Sound

- Devices and applications
- Photography and image
- Software and the Internet

### Health and Social Action

- Diet
- Healthy ageing
- Psychology



## WHO IT IS ADDRESSED TO

The Senior Diploma Programme is oriented to all the over-50s who are residents in the Valencian Autonomous Region and have aspirations of socio-cultural improvement, without any previous qualification being required.

## OBJECTIVES

- Helping in the older adult's process of adaptation to the technological and socio-economic changes which characterise our times
- Giving an opportunity to access higher education for those seniors who have not had it
- Offering training alternatives to professionals who wish to broaden their knowledge
- Promoting, recognising and enriching the experiences acquired by older adults throughout their life
- Motivating people who have accumulated personal and/or professional experiences to reflect on their tasks within a theoretico-practical framework, which will allow them to acquire a more prominent role in the development of society
- Encouraging adult non-working individuals to reorient their life with a view to becoming more useful in family, community and national contexts, thus favouring their collective participation and social integration
- Giving a boost to permanent training and lifelong learning as an instrument for personal development and cultural integration into the knowledge society
- Promoting active ageing and helping in the management of demographic change in the 21st century
- Providing the opportunity to share knowledge and experiences in the context of collaborative and peer learning, as well as in mentoring programmes for young entrepreneurs

## SPECIALISATION AND RESEARCH PROGRAMME

Ever since the 2004/05 academic year, the Permanent University has implemented educational innovation, specialisation, research, cooperation and exchange programmes within the framework of the Permanent University's own initiatives and of national and international calls such as Socrates-Grundtvig, E-Learning and Erasmus+ in Europe and AEPUM in Spain.



These programmes are aimed at students who have obtained the Senior Diploma or who can prove to have a university degree. They have as their aim to delve into the study of themes and knowledge fields through specialisation itineraries that favour analytical skills, teamwork, students and teachers' international mobility, as well as the development of research programmes for the purpose of improving the training and academic programme.

The Permanent University belongs to national networks (AEPUM, Xarxa Vives, XPUM-CV, Asogeromed) and international ones (EFOS, AIUTA, RIPUAM) with which it reinforces cooperation in terms of research, best practices and quality improvement in the service that it delivers.

## PLACES WHERE IT IS DEVELOPED

Classes will mostly be taught at:

- San Vicente del Raspeig Campus - *Aulario* (Classroom Building) III.
- Alicante Town University Venue
- San Fernando 40 Building (C/ San Fernando, 40)

